

## Event Calendar

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### April 2024

#### 01 — Monday

00:00 — 23:45 Sutherland's Club Winter Program

#### 02 — Tuesday

00:00 — 23:45 Sutherland's Club Winter Program

#### 03 — Wednesday

00:00 — 23:45 Sutherland's Club Winter Program

#### 04 — Thursday

00:00 — 23:45 Blacktown High Velocity - Cancelled

#### 05 — Friday

00:00 — 23:45 Sutherland's Club Winter Program

#### 06 — Saturday

00:00 — 16:00 Narrabeen Pole Vault Meet

14:00 — 16:00 West Metropolitan Cross Country

#### 07 — Sunday

00:00 — 23:45 Sutherland's Club Winter Program

#### 08 — Monday

00:00 — 23:45 Sutherland's Club Winter Program

#### 09 — Tuesday

00:00 — 23:45 Sutherland's Club Winter Program

#### 10 — Wednesday

00:00 — 23:45 Sutherland's Club Winter Program

#### 11 — Thursday

00:00 — 23:45 2024 Australian Open Championships

#### 12 — Friday

00:00 — 23:45 2024 Australian Open Championships

### **13 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

14:00 — 16:00 West Metropolitan Cross Country

### **14 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

16:00 — 17:30 Level 1 Recreational Running Coach Course Online

### **15 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

### **16 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

### **17 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

### **18 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

### **19 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

### **20 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

14:00 — 16:00 West Metropolitan Cross Country

### **21 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

16:00 — 17:30 Level 1 Recreational Running Coach Course Online

### **22 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

09:00 — 13:00 School Holiday Camp

### **23 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

09:00 — 13:00 School Holiday Camp

### **24 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

09:00 — 13:00 School Holiday Camp

### **25 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

## **26 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

## **27 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

13:00 — 15:00 St George Classic Featuring Dual Relay Championships

18:00 — 22:30 Athletics New South Wales Awards Night

## **28 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

16:00 — 17:30 Level 1 Recreational Running Coach Course Online

17:30 — 19:00 Level 1 Youth Coach Online Coach Course

## **29 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

## **30 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

# **May 2024**

## **01 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

## **02 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

## **03 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

## **04 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

14:00 — 16:00 West Metropolitan Cross Country

## **05 — Sunday**

00:00 — 00:15 2024 NSW Short Walks Championships

16:00 — 17:30 Level 1 Recreational Running Coach Course Online

17:30 — 19:00 Level 1 Youth Coach Online Coach Course

## **06 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

## **07 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

## **08 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

## **09 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

## **10 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

## **11 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

14:00 — 16:00 West Metropolitan Cross Country

## **12 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

17:30 — 19:00 Level 1 Youth Coach Online Coach Course

## **13 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

## **14 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

18:45 — 20:15 Level 2 Recreational Running Online Course

## **15 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

## **16 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

## **17 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

## **18 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

14:00 — 16:00 West Metropolitan Cross Country

## **19 — Sunday**

00:00 — 23:45 Sydney 10 (featuring NSW Road Championships)

05:00 — 12:00 2024 Sydney 10 - Register as a Volunteer

10:30 — 15:30 Illawarra Blue Stars Cross Country

17:30 — 19:00 Level 1 Youth Coach Online Coach Course

19:00 — 20:30 Level 2 Development Coach (Online and Face to Face)

## **20 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:30 Illawarra Blue Stars Cross Country

## **21 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:30 Illawarra Blue Stars Cross Country

18:45 — 20:15 Level 2 Recreational Running Online Course

## **22 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:30 Illawarra Blue Stars Cross Country

## **23 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:30 Illawarra Blue Stars Cross Country

## **24 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:30 Illawarra Blue Stars Cross Country

## **25 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:30 Illawarra Blue Stars Cross Country

14:00 — 16:00 West Metropolitan Cross Country

## **26 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

17:30 — 19:00 Level 1 Youth Coach Online Coach Course

19:00 — 20:30 Level 2 Development Coach (Online and Face to Face)

## **27 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **28 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

18:45 — 20:15 Level 2 Recreational Running Online Course

## **29 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **30 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### **31 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **June 2024**

### **01 — Saturday**

00:00 — 00:15 NSW Team Walk Championships

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### **02 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 2 Development Coach (Online and Face to Face)

### **03 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### **04 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

18:45 — 20:15 Level 2 Recreational Running Online Course

### **05 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### **06 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### **07 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### **08 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

15:00 — 20:00 Willandra Allcomers

## **09 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 2 Development Coach (Online and Face to Face)

## **10 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **11 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

18:45 — 20:15 Level 2 Recreational Running Online Course

## **12 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **13 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **14 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **15 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **16 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 2 Development Coach (Online and Face to Face)

## **17 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **18 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **19 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **20 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **21 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **22 — Saturday**

00:00 — 00:15 NSW Cross Country Championships

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **23 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 2 Development Coach (Online and Face to Face)

## **24 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **25 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **26 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **27 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **28 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **29 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

12:00 — 16:00 Newcastle Cross Country



**30 — Sunday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 08:45 — 17:00 Level 2 Recreational Running Coach Course (Face to Face)
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**July 2024**

**01 — Monday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**02 — Tuesday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**03 — Wednesday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**04 — Thursday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**05 — Friday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**06 — Saturday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**07 — Sunday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**08 — Monday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 09:00 — 13:00 School Holiday Camp
- 10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

**09 — Tuesday**

- 00:00 — 00:15 St. George Winter Cross Country Program
- 09:00 — 13:00 School Holiday Camp

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **10 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

09:00 — 13:00 School Holiday Camp

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **11 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **12 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **13 — Saturday**

00:00 — 00:15 2024 NSW Short Course Cross Country Championships

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **14 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **15 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **16 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **17 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 1 Youth Coach Online Coach Course

## **18 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **19 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **20 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **21 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **22 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **23 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **24 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 1 Youth Coach Online Coach Course

## **25 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **26 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **27 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **28 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **29 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **30 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **31 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 1 Youth Coach Online Coach Course

## August 2024

### 01 — Thursday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 02 — Friday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 03 — Saturday

00:00 — 00:15 2024 NSW Road Relay Championships

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 04 — Sunday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 05 — Monday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 06 — Tuesday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 07 — Wednesday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 1 Youth Coach Online Coach Course

### 08 — Thursday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 09 — Friday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

### 10 — Saturday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **11 — Sunday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **12 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **13 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **14 — Wednesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

19:00 — 20:30 Level 1 Youth Coach Online Coach Course

## **15 — Thursday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **16 — Friday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **17 — Saturday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **18 — Sunday**

00:00 — 00:15 2024 NSW Long Walks Championships

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **19 — Monday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## **20 — Tuesday**

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

18:45 — 20:15 Level 2 Recreational Running Online Course

## 21 — Wednesday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## 22 — Thursday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## 23 — Friday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## 24 — Saturday

00:00 — 00:15 St. George Winter Cross Country Program

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## 25 — Sunday

00:00 — 00:15 2024 Sydney Half Featuring NSW Half Marathon Championships

10:30 — 15:00 Illawarra Blue Stars Winter Track and Field Series

## 26 — Monday

00:00 — 00:15 St. George Winter Cross Country Program

## 27 — Tuesday

00:00 — 00:15 St. George Winter Cross Country Program

18:45 — 20:15 Level 2 Recreational Running Online Course

## 28 — Wednesday

00:00 — 00:15 St. George Winter Cross Country Program

## 29 — Thursday

00:00 — 00:15 St. George Winter Cross Country Program

## 30 — Friday

00:00 — 00:15 St. George Winter Cross Country Program

## 31 — Saturday

00:00 — 00:15 St. George Winter Cross Country Program

# September 2024

## 01 — Sunday

No events

## 02 — Monday

No events

### **03 — Tuesday**

18:45 — 20:15 Level 2 Recreational Running Online Course

### **04 — Wednesday**

No events

### **05 — Thursday**

No events

### **06 — Friday**

No events

### **07 — Saturday**

No events

### **08 — Sunday**

No events

### **09 — Monday**

No events

### **10 — Tuesday**

18:45 — 20:15 Level 2 Recreational Running Online Course

### **11 — Wednesday**

No events

### **12 — Thursday**

No events

### **13 — Friday**

No events

### **14 — Saturday**

No events

### **15 — Sunday**

00:00 — 00:15 2024 Australian and NSW Marathon Championships

16:00 — 17:30 Level 1 Recreational Running Coach Course (Online)

### **16 — Monday**

No events

### **17 — Tuesday**

18:45 — 20:15 Level 2 Recreational Running Online Course

### **18 — Wednesday**

No events

**19 — Thursday**

No events

**20 — Friday**

No events

**21 — Saturday**

No events

**22 — Sunday**

16:00 — 17:30 Level 1 Recreational Running Coach Course (Online)

**23 — Monday**

No events

**24 — Tuesday**

No events

**25 — Wednesday**

No events

**26 — Thursday**

No events

**27 — Friday**

No events

**28 — Saturday**

No events

**29 — Sunday**

16:00 — 17:30 Level 1 Recreational Running Coach Course (Online)

**30 — Monday**

No events

**October 2024**

**01 — Tuesday**

No events

**02 — Wednesday**

No events

**03 — Thursday**

No events



**04 — Friday**

No events

**05 — Saturday**

No events

**06 — Sunday**

16:00 — 17:30 Level 1 Recreational Running Coach Course (Online)

**07 — Monday**

No events

**08 — Tuesday**

No events

**09 — Wednesday**

No events

**10 — Thursday**

No events

**11 — Friday**

No events

**12 — Saturday**

No events

**13 — Sunday**

No events

**14 — Monday**

No events

**15 — Tuesday**

No events

**16 — Wednesday**

No events

**17 — Thursday**

No events

**18 — Friday**

No events

**19 — Saturday**

No events

**20 — Sunday**

No events

**21 — Monday**

No events

**22 — Tuesday**

No events

**23 — Wednesday**

No events

**24 — Thursday**

No events

**25 — Friday**

No events

**26 — Saturday**

No events

**27 — Sunday**

No events

**28 — Monday**

No events

**29 — Tuesday**

No events

**30 — Wednesday**

No events

**31 — Thursday**

No events