

Thursday 5th November 2009

9:00 AM	Boys Hammer Throw 14 years	Finals
9:00 AM	Girls Hammer Throw 14 years	Finals
9:00 AM	Boys & Girls Long Jump AWD	Finals
9:00 AM	Boys Triple Jump 13 years	Finals
9:00 AM	Boys High Jump 12 years	Finals
10:30 AM	Boys Javelin Throw 14 years	Finals
10:30 AM	Girls Discus Throw 14 years	Finals
10:50 AM	Girls Triple Jump 13 years	Finals
11:00 AM	Boys 100 metre Hurdles 14 years	Heats
11:00 AM	Girls High Jump 12 years	Finals
11:12 AM	Boys 90 metre Hurdles 13 years	Heats
11:22 AM	Girls 90 metre Hurdles 14 years	Heats
11:34 AM	Girls 80 metre Hurdles 13 years	Heats
11:45 AM	Boys 80 metre Hurdles 12 years	Heats
11:53 AM	Girls 80 metre Hurdles 12 years	Heats
12:10 PM	Boys 3000 metre Race Walk 14 years	Finals
12:10 PM	Boys 3000 metre Race Walk 15 years	Finals
12:15 PM	Boys Discus Throw 13 years	Finals
12:30 PM	Girls Javelin Throw 13 years	Finals
12:40 PM	Boys & Girls 800 metre AWD	Finals
12:50 PM	Girls 3000 metre Race Walk 14 years	Finals
12:50 PM	Girls 3000 metre Race Walk 15 years	Finals
1:00 PM	Boys High Jump 14 years	Finals
1:15 PM	Girls Triple Jump 14 years	Finals
1:20 PM	Boys 80 metre Hurdles 12 years	Finals
1:25 PM	Girls 80 metre Hurdles 12 years	Finals
1:30 PM	Girls 80 metre Hurdles 13 years	Finals
1:40 PM	Boys 90 metre Hurdles 13 years	Finals
1:45 PM	Girls 90 metre Hurdles 14 years	Finals
1:45 PM	Boys Discus Throw 12 years	Finals
1:55 PM	Boys 100 metre Hurdles 14 years	Finals
2:10 PM	Boys & Girls 100 metre AWD	Finals
2:25 PM	Boys 1500 metre Race Walk 13 years	Finals
2:25 PM	Girls 1500 metre Race Walk 13 years	Finals
2:40 PM	Boys & Girls Shot Put AWD	Finals
2:45 PM	Boys 2000 metre Steeplechase 16 years	Finals
2:45 PM	Boys 2000 metre Steeplechase 17 years	Finals
2:45 PM	Boys 2000 metre Steeplechase 19 years	Finals
3:00 PM	Girls 2000 metre Steeplechase 19 years	Finals
3:00 PM	Girls 2000 metre Steeplechase 17 years	Finals
3:00 PM	Girls 2000 metre Steeplechase 16 years	Finals
3:00 PM	Girls 2000 metre Steeplechase 15 years	Finals
3:00 PM	Boys Triple Jump 14 years	Finals
3:10 PM	Boys High Jump 13 years	Finals
3:15 PM	Boys 2000 metre Steeplechase 15 years	Finals
3:15 PM	Boys Shot Put 13 years	Finals
3:30 PM	Boys & Girls 200 AWD	Finals

Friday 6th November 2009

9:00 AM	Boys 110 metre Hurdles 19 years	Finals
9:00 AM	Boys Shot Put 12 years	Finals
9:00 AM	Girls Long Jump 13 years	Finals
9:00 AM	Boys Hammer Throw 19 years	Finals
9:00 AM	Boys Hammer Throw 17 years	Finals
9:00 AM	Boys Hammer Throw 16 years	Finals
9:00 AM	Boys Hammer Throw 15 years	Finals
9:00 AM	Girls Long Jump 12 years	Finals
9:08 AM	Boys 110 metre Hurdles 17 years	Finals
9:12 AM	Boys 110 metre Hurdles 16 years	Finals
9:22 AM	Girls 100 metre Hurdles 19 years	Finals
9:26 AM	Boys 100 metre Hurdles 15 years	Finals
9:44 AM	Girls 100 metre Hurdles 17 years	Heats
9:50 AM	Girls 100 metre Hurdles 16 years	Heats
10:03 AM	Girls 90 metre Hurdles 15 years	Heats
10:25 AM	Boys 400 metre 14 years	Heats
10:35 AM	Girls 400 metre 14 years	Heats
10:45 AM	Boys 400 metre 13 years	Heats
10:45 AM	Boys Shot Put 14 years	Finals
10:50 AM	Girls Shot Put 12 years	Finals
10:55 AM	Girls 400 metre 13 years	Heats
11:00 AM	Girls Hammer Throw 19 years	Finals
11:00 AM	Girls Hammer Throw 17 years	Finals
11:00 AM	Girls Hammer Throw 15 years	Finals
11:00 AM	Girls Hammer Throw 16 years	Finals
11:10 AM	Boys 1500 metre 14 years	Finals
11:15 AM	Girls Long Jump 14 years	Finals
11:17 AM	Girls 1500 metre 14 years	Finals
11:25 AM	Boys 1500 metre 13 years	Finals
11:32 AM	Girls 1500 metre 13 years	Finals
11:50 AM	Boys 100 metre 14 years	Heats
12:00 PM	Girls 100 metre 14 years	Heats
12:10 PM	Boys 100 metre 13 years	Heats
12:15 PM	Girls High Jump 13 years	Finals
12:20 PM	Girls 100 metre 13 years	Heats
12:30 PM	Boys 100 metre 12 years	Heats
12:40 PM	Girls 100 metre 12 years	Heats
12:40 PM	Girls Shot Put 14 years	Finals
12:55 PM	Girls 90 metre Hurdles 15 years	Finals
1:02 PM	Girls 100 metre Hurdles 16 years	Finals
1:06 PM	Girls 100 metre Hurdles 17 years	Finals
1:15 PM	Boys 1500 metre 12 years	Finals
1:22 PM	Girls 1500 metre 12 years	Finals
1:30 PM	Boys Long Jump 12 years	Finals
1:35 PM	Boys 100 metre 14 years	Finals
1:39 PM	Girls 100 metre 14 years	Finals
1:40 PM	Boys Long Jump 14 years	Finals
1:43 PM	Boys 100 metre 13 years	Finals
1:47 PM	Girls 100 metre 13 years	Finals
1:51 PM	Boys 100 metre 12 years	Finals
1:55 PM	Girls 100 metre 12 years	Finals
2:15 PM	Boys Javelin Throw 13 years	Finals

2:15 PM	Girls Shot Put 13 years	Finals
2:20 PM	Boys 400 metre 14 years	Finals
2:25 PM	Girls 400 metre 14 years	Finals
2:30 PM	Boys 400 metre 13 years	Finals
2:35 PM	Girls 400 metre 13 years	Finals
2:45 PM	Girls 3000 metre 19 years	Finals
2:45 PM	Girls 3000 metre 17 years	Finals
3:00 PM	Girls 3000 metre 16 years	Finals
3:15 PM	Girls 3000 metre 15 years	Finals
3:15 PM	Girls Discus Throw 12 years	Finals
3:20 PM	Boys Long Jump 13 years	Finals
3:40 PM	Girls Javelin Throw 14 years	Finals
3:45 PM	Girls High Jump 14 years	Finals
3:50 PM	Boys 4x100 metre Relay 14 years	Finals
4:00 PM	Girls 4x100 metre Relay 14 years	Finals
4:12 PM	Boys 3000 metre 15 years	Finals
4:25 PM	Boys 3000 metre 16 years	Finals
4:40 PM	Boys 3000 metre 17 years	Finals

Saturday, 7th November 2009

9:00 AM	Boys 800 metre 12 years	Heats
9:00 AM	Girls Discus Throw 13 years	Finals
9:00 AM	Boys Triple Jump 16 years	Finals
9:00 AM	Boys Long Jump 19 years	Finals
9:10 AM	Girls 800 metre 12 years	Heats
9:20 AM	Boys 800 metre 13 years	Heats
9:30 AM	Girls Pole Vault 14 years	Finals
9:30 AM	Girls Pole Vault 15 years	Finals
9:30 AM	Girls Pole Vault 16 years	Finals
9:30 AM	Girls Pole Vault 17 years	Finals
9:30 AM	Girls Pole Vault 19 years	Finals
9:33 AM	Girls 800 metre 13 years	Heats
9:45 AM	Boys 800 metre 14 years	Heats
9:57 AM	Girls 800 metre 14 years	Heats
10:15 AM	Boys 100 metre 17 years	Heats
10:20 AM	Boys Long Jump 15 years	Finals
10:20 AM	Girls Shot Put 15 years	Finals
10:25 AM	Girls 100 metre 17 years	Heats
10:30 AM	Boys Triple Jump 17 years	Finals
10:35 AM	Boys 100 metre 16 years	Heats
10:45 AM	Girls 100 metre 16 years	Heats
10:55 AM	Boys 100 metre 15 years	Heats
11:00 AM	Boys Discus Throw 14 years	Finals
11:05 AM	Girls 100 metre 15 years	Heats

**All athletes must check
www.nswathletics.org.au
prior to the competition
to confirm their entry and
event times.**

The attached timetable is only a draft.

11:20 AM	Boys 200 metre 12 years	Heats
11:20 AM	Girls Triple Jump 16 years	Finals
11:30 AM	Girls 200 metre 12 years	Heats
11:40 AM	Boys 200 metre 13 years	Heats
11:50 AM	Girls 200 metre 13 years	Heats
12:00 PM	Boys 200 metre 14 years	Heats
12:00 PM	Boys Javelin Throw 16 years	Finals
12:00 PM	Girls Discus Throw 16 years	Finals
12:10 PM	Girls 200 metre 14 years	Heats
12:15 PM	Girls Shot Put 17 years	Finals
12:15 PM	Girls Shot Put 19 years	Finals
12:25 PM	Boys 100 metre 19 years	Finals
12:29 PM	Girls 100 metre 19 years	Finals
12:30 PM	Boys Pole Vault 19 years	Finals
12:30 PM	Boys Pole Vault 17 years	Finals
12:30 PM	Boys Pole Vault 16 years	Finals
12:30 PM	Boys Pole Vault 15 years	Finals
12:30 PM	Boys Pole Vault 14 years	Finals
12:33 PM	Boys 100 metre 17 years	Finals
12:37 PM	Girls 100 metre 17 years	Finals
12:41 PM	Boys 100 metre 16 years	Finals
12:45 PM	Girls 100 metre 16 years	Finals
12:49 PM	Boys 100 metre 15 years	Finals
12:53 PM	Girls 100 metre 15 years	Finals
1:00 PM	Girls High Jump 16 years	Finals
1:10 PM	Boys 400 metre 17 years	Heats
1:20 PM	Girls 400 metre 17 years	Heats
1:20 PM	Girls Triple Jump 15 years	Finals
1:30 PM	Boys 400 metre 16 years	Heats
1:40 PM	Girls 400 metre 16 years	Heats
1:50 PM	Boys 400 metre 15 years	Heats
2:00 PM	Girls 400 metre 15 years	Heats
2:00 PM	Boys Shot Put 19 years	Finals
2:00 PM	Boys Shot Put 17 years	Finals
2:00 PM	Girls Javelin Throw 17 years	Finals
2:18 PM	Boys 1500 metre 19 years	Finals
2:25 PM	Boys 1500 metre 17 years	Finals
2:33 PM	Boys 1500 metre 16 years	Finals
2:40 PM	Boys 1500 metre 15 years	Finals
2:45 PM	Girls High Jump 19 years	Finals
2:45 PM	Girls High Jump 17 years	Finals
2:54 PM	Boys 200 metre 12 years	Finals
2:58 PM	Girls 200 metre 12 years	Finals
3:02 PM	Boys 200 metre 13 years	Finals
3:06 PM	Girls 200 metre 13 years	Finals
3:10 PM	Boys 200 metre 14 years	Finals
3:14 PM	Girls 200 metre 14 years	Finals
3:20 PM	Boys Shot Put 15 years	Finals
3:25 PM	Girls 1500 metre 19 years	Finals
3:25 PM	Girls 1500 metre 17 years	Finals
3:30 PM	Girls Discus Throw 19 years	Finals
3:33 PM	Girls 1500 metre 16 years	Finals
3:40 PM	Girls 1500 metre 15 years	Finals
3:55 PM	Boys 800 metre 12 years	Heats

4:00 PM	Girls 800 metre 12 years	Heats
4:00 PM	Boys Triple Jump 19 years	Finals
4:05 PM	Boys 800 metre 13 years	Heats
4:10 PM	Girls 800 metre 13 years	Heats
4:15 PM	Boys 800 metre 14 years	Heats
4:15 PM	Girls Triple Jump 19 years	Finals
4:15 PM	Girls Triple Jump 17 years	Finals
4:20 PM	Girls 800 metre 14 years	Heats
4:20 PM	Girls Discus Throw 15 years	Finals
4:30 PM	Boys 400 metre 19 years	Finals
4:35 PM	Girls 400 metre 19 years	Finals
4:40 PM	Boys 400 metre 15 years	Finals
4:45 PM	Girls 400 metre 15 years	Finals
4:50 PM	Boys 400 metre 16 years	Finals
4:55 PM	Girls 400 metre 16 years	Finals
5:00 PM	Boys 400 metre 17 years	Finals
5:05 PM	Girls 400 metre 17 years	Finals
5:15 PM	Boys 5000 metre 19 years	Finals

Sunday, 8th November 2009

9:00 AM	Boys 200 metre Hurdles 15 years	Heats
9:00 AM	Boys Discus Throw 16 years	Finals
9:00 AM	Boys High Jump 19 years	Finals
9:00 AM	Boys High Jump 17 years	Finals
9:00 AM	Girls Long Jump 19 years	Finals
9:00 AM	Girls Long Jump 16 years	Finals
9:00 AM	Girls Javelin Throw 16 years	Finals
9:05 AM	Girls Long Jump 15 years	Finals
9:07 AM	Girls 200 metre Hurdles 15 years	Heats
9:15 AM	Boys 200 metre Hurdles 14 years	Heats
9:22 AM	Girls 200 metre Hurdles 14 years	Heats
9:35 AM	Boys 800 metre 19 years	Finals
9:40 AM	Girls 800 metre 19 years	Finals
9:45 AM	Boys 800 metre 17 years	Heats
9:55 AM	Girls 800 metre 17 years	Heats
10:05 AM	Boys 800 metre 16 years	Heats
10:15 AM	Girls 800 metre 16 years	Heats
10:25 AM	Boys 800 metre 15 years	Heats
10:30 AM	Girls Discus Throw 17 years	Finals
10:30 AM	Girls Javelin Throw 19 years	Finals
10:35 AM	Girls 800 metre 15 years	Heats
10:45 AM	Boys High Jump 15 years	Finals
10:50 AM	Boys 5000 metre Race Walk 19 years	Finals
10:50 AM	Boys 5000 metre Race Walk 17 years	Finals
10:50 AM	Boys 5000 metre Race Walk 16 years	Finals
10:50 AM	Girls 5000 metre Race Walk 19 years	Finals
10:50 AM	Girls 5000 metre Race Walk 17 years	Finals
10:50 AM	Girls 5000 metre Race Walk 16 years	Finals
11:00 AM	Boys Long Jump 16 years	Finals
11:00 AM	Boys Shot Put 5kg 16 years	Finals
11:30 AM	Girls Javelin Throw 15 years	Finals
11:35 AM	Boys 200 metre Hurdles 15 years	Finals
11:39 AM	Girls 200 metre Hurdles 15 years	Finals

11:43 AM	Boys 200 metre Hurdles 14 years	Finals
11:47 AM	Girls 200 metre Hurdles 14 years	Finals
12:00 PM	Boys 200 metre 19 years	Heats
12:00 PM	Boys Discus Throw 19 years	Finals
12:07 PM	Girls 200 metre 19 years	Finals
12:13 PM	Boys 200 metre 17 years	Heats
12:20 PM	Girls 200 metre 17 years	Heats
12:27 PM	Boys 200 metre 16 years	Heats
12:37 PM	Girls 200 metre 16 years	Heats
12:40 PM	Girls Long Jump 17 years	Finals
12:40 PM	Girls Shot Put 16 years	Finals
12:45 PM	Boys Javelin Throw 17 years	Finals
12:47 PM	Boys 200 metre 15 years	Heats
12:57 PM	Girls 200 metre 15 years	Heats
1:15 PM	Boys 400 metre Hurdles 19 years	Finals
1:20 PM	Boys Discus Throw 15 years	Finals
1:22 PM	Boys 400 metre Hurdles 17 years	Finals
1:27 PM	Boys 400 metre Hurdles 16 years	Finals
1:36 PM	Girls 400 metre Hurdles 19 years	Finals
1:41 PM	Girls 400 metre Hurdles 17 years	Finals
1:46 PM	Girls 400 metre Hurdles 16 years	Finals
2:00 PM	Boys High Jump 16 years	Finals
2:00 PM	Boys Javelin Throw 19 years	Finals
2:02 PM	Boys 200 metre 19 years	Finals
2:06 PM	Boys 200 metre 17 years	Finals
2:10 PM	Girls 200 metre 17 years	Finals
2:14 PM	Boys 200 metre 16 years	Finals
2:17 PM	Girls 200 metre 16 years	Finals
2:20 PM	Boys 200 metre 15 years	Finals
2:24 PM	Girls 200 metre 15 years	Finals
2:30 PM	Boys Long Jump 17 years	Finals
2:35 PM	Boys 800 metre 16 years	Finals
2:40 PM	Girls 800 metre 16 years	Finals
2:45 PM	Boys 800 metre 15 years	Finals
2:50 PM	Girls 800 metre 15 years	Finals
3:00 PM	Boys Discus Throw 17 years	Finals
3:05 PM	Boys 800 metre 17 years	Finals
3:10 PM	Girls 800 metre 17 years	Finals
3:10 PM	Boys Triple Jump 15 years	Finals
3:15 PM	Boys Javelin Throw 15 years	Finals
3:25 PM	Boys 4x100 metre Relay 19 years	Finals
3:30 PM	Girls High Jump 15 years	Finals
3:35 PM	Girls 4x100 metre Relay 19 years	Finals
3:45 PM	Boys 3000 metre 14 years	Finals
4:00 PM	Girls 3000 metre 14 years	Finals

Official travel partner of Athletics NSW



GRANDSTAND
TRAVEL • SPORTS & EVENTS TOURS

Call 1 300 549 923