

2016 Male Distance Runner of the Year (updated 03.08.2016)

| Comp-by-comp breakdown | | | | | | | |
|------------------------|--------|------------------------|--------|------------------------------|--------|------------------------|--------|
| Novice 10km | Points | Sydney 10 | Points | XC Relays | Points | XC Champs | Points |
| Kyle Macdonald BAN | 10 | Matthew Hudson RBH | 15 | Adrian Plummer UTN | 5 | Harry Summer RBH | 15 |
| Ed Goddard UTN | 9 | Matthew Cox UTN | 14 | Jye Edwards NOW | 4 | Brad Milosevic GIR | 14 |
| Mark de Luca RBH | 8 | Jack Colreavy SYU | 13 | Joe Burgess SYU | 3 | Courtney Carter RBH | 13 |
| Nathan Breen SGD | 7 | Scott Westcott MHA | 12 | Daniel Balassone SGD | 2 | Ruairidh MacDonald UTN | 12 |
| Gary Mullins SYP | 6 | Courtney Carter RBH | 11 | Oli Hoare SUT | 1 | Adrian Plummer UTN | 11 |
| | | Ed Goddard UTN | 10 | Hugh Williams SYU | 5 | Mark De Luca RBH | 10 |
| All Comers 10km | | Kevin O'Brien | 9 | Harry Summer RBH | 4 | Martin Cooper KEJ | 9 |
| Matthew Cox UTN | 10 | Joe Burgess SYU | 8 | Ruairidh MacDonald UTN | 3 | Alexander Seal KEJ | 8 |
| Craig Alexander SUT | 9 | Brady Goodyear ILL | 7 | Vincent Donnadieu SYU | 2 | Nicholas Cope RBH | 7 |
| Brady Goodyear ILL | 8 | Kyle Macdonald BAN | 6 | Arron Spiessberger Parke NOW | 1 | Ben Cross SYU | 6 |
| Kevin O'Brien AEA | 7 | Mark de Luca RBH | 5 | Matthew Cox UTN | 5 | Robin Whiteley ASW | 5 |
| Joe Burgess SYU | 6 | Ruairidh MacDonald UTN | 4 | Courtney Carter | 4 | Kevin Robertson SUT | 4 |
| | | Nicholas Cope RBH | 3 | Jack Colreavy SYU | 3 | Kyle MacDonald BAN | 3 |
| | | Chadi Elashkar SGD | 2 | Jake Shaw SUT | 2 | Andrew Land MIN | 2 |
| | | Patrick Moore MHA | 1 | Troy Whittington NOW | 1 | Lloyd Kempson RBH | 1 |
| | | | | Matt Hudson RBH | 5 | | |
| | | | | Brady Goodyear ILL | 4 | | |
| | | | | Ed Goddard UTN | 3 | | |
| | | | | Harrison McGill NOW | 2 | | |
| | | | | Kevin O'Brien AEA | 1 | | |

| Road Relays | Points | Short Course | Points | Half Marathon | Points | Marathon | Points |
|------------------------|--------|------------------------------|--------|----------------------|--------|------------------------|--------|
| Harry Summers RBH | 5 | Harry Summer RBH | 15 | Matthew Cox UTN | 15 | Gary Mullins SYP | 15 |
| Brad Milosevic GIR | 4 | Jordan Gusman ACT | 14 | Russell Dessaix-Chin | 14 | Robin Whiteley ASW | 14 |
| Jeff Hunt RBH | 3 | Hugh Williams SYU | 14 | Jack Colreavy | 13 | Timothy Molesworth BAN | 13 |
| Joe Burgess SYU | 2 | Brad Milosevic GIR | 13 | Ben Cross | 12 | Karl Safi BAN | 12 |
| Ruairidh MacDonald UTN | 1 | Jack Colreavy SYU | 12 | Brendan Davis SSR | 11 | Kevin Branley HIL | 11 |
| Courtney Carter RBH | 5 | Courtney Carter RBH | 11 | James Costello AEA | 10 | Steven Newman SSR | 10 |
| Ed Goddard UTN | 4 | Ruairidh MacDonald UTN | 10 | John Binfield SSR | 9 | Darren Alchin BAN | 9 |
| Patrick Moore MHA | 3 | Bryce Anderson ACT | 9 | Tim Molesworth BAN | 8 | Chris Jackson SSR | 8 |
| Ben Cross SYU | 2 | Jeffrey Hunt RBH | 9 | Wayne Bulloch SSR | 7 | Thien Vuong SSR | 7 |
| Jake Ring UTN | 1 | Russell Dessaix-Chin SYU | 8 | David Riches BAN | 6 | Liam O'Halloran NRI | 6 |
| Matt Cox UTN | 5 | Guy Walters MHA | 7 | Qiu Sheng Huang AEA | 5 | Phillip Balnave AEA | 5 |
| Ben Moreau RBH | 4 | Matthew Dempsey SYU | 6 | Andrew Gill HIL | 4 | Wayne Thurlow GIR | 4 |
| Scott Westcott MHA | 3 | Nicholas Cope RBH | 5 | Karl Safi BAN | 3 | Simon Wolnizer SSR | 3 |
| Russell Dessaix-Chin | 2 | Martin Cooper KEJ | 4 | Earl O'Brien BMA | 2 | Joshua Lear SSR | 2 |
| Sam Byrne RBH | 1 | Arron Spiessberger-Parke NOW | 3 | Ryan Fisher SYU | 1 | Dave Robertson NRI | 1 |
| Adrian Plummer UTN | 5 | Brady Goodyear ILL | 2 | | | | |
| Zac Facioni RBH | 4 | Chadi Elashkat SGD | 1 | | | | |
| Elliot Metcalf UTN | 3 | | | | | | |
| Connor Stevenson MHA | 2 | | | | | | |
| Kevin O'Brien AEA | 1 | | | | | | |