

2019 EVENT CALENDAR

RUN, WALK OR JOG



Fitness 5 / Kerryn McCann 10

WOLLONGONG - Sunday 24th March

5km & 10km Courses

Join in the Run! Wollongong's premier Funrun event!



Volcanic Challenge

ORANGE - Sunday 31st March

5km & 11km Courses

Run or walk to the top of Mount Canobolas



St George Classic

RAMSGATE - Saturday 13th April

4km, 7km, 10km (2km / 4km Kids Fun Run)



Bottlebutt Bash Trail Run

PORT MACQUARIE - Saturday 27th April

5km, 10km, 21km

Join the bush bash around Port Macquarie!



Sydney:10

SOPAC - Saturday 4th May

2km, 5km & 10km Courses

Sydney's premier 10km event finishing on the iconic blue track at Sydney Olympic Park



XC Relays

MIRANDA PARK - Saturday 25th May

4x2km, 4x3km, 4x4km

Put a team together!



Western Sydney 10

PENRITH - Saturday 1st June

2km, 5km, 10km, 21.1km, 42.2km

Bring your family & friends - an event for all!



XC Challenge

NOWRA - Saturday 22nd June

2km, 3km, 4km, 6km, 8km, 10km

Now you can join in the Cross Country Fun!



Street Relays + Greater Bank 4

OURIMBAH - Saturday 13th July

4x2km, 4x4km, 4km Fun Run

Fun Run open to anyone who can run, jog or walk!



NSW Ultra Championships

PORT MACQUARIE - Saturday 20th July

50km & 100km

Take part in the inaugural NSW Ultra Champs!



NSW Trail Championships

PORT MACQUARIE - Sunday 21st July

25km

Take part in the inaugural NSW Trail Champs!



Short Course

RYDALMERE - Saturday 3rd August

800m, 1500m, 2km, 3km, 4km, 5km, 7.5km

Now you can join in the Cross Country Fun!



Sydney Half

SOPAC - Sunday 25th August

4km, 7km & 21.1km

Enjoy a fast & flat run around the iconic Sydney Olympic Park



NSW Marathon Championships

SYDNEY - Sunday 15th September

42.195km

View Sydney's iconic landmarks during this fantastic event!



Casino Fun Run

CASINO - Sunday 15th September

2km, 5km & 10km Courses

Anyone can enter! Run, jog or walk!



Tulip Time Mile

BOWRAL - Saturday 21st September

1 Mile (1609m)

A springtime mile in the heart of the Southern Highlands



Fernleigh 15

LAKE MACQUARIE - Sunday 20th October

15km & 5 Runner Relay

Complete the iconic Fernleigh Track without traffic or bicycles



Armidale Fun Run

ARMIDALE - Sunday 3rd November

2km, 5km & 10km Courses

Run in Australia's highest altitude city

ENTER TODAY!

ONLINE www.runnsw.com.au

CALL (02) 9746 1122

Email info@nswathletics.org.au

