

IBS WINTER CROSS COUNTRY 2017

Date	Event	Location	Distance
02 Apr	Fitness 5	Wollongong	5km, 10km
22 Apr	St George Classic (Old Novice Cross Country)	Scarborough Park, Ramsgate	2km, 4km, 7km(W), 10km (M)
06 May	Sydney 10	Homebush	2.5km, 5km, 10km
14 May	IBS CROSS COUNTRY – Round 1	Wisemans Park	2km, 4km, 6km
21 May	IBS CROSS COUNTRY – Round 2	Bulli	2km, 4km
27 May	Cross Country Relays	Miranda	2km, 3km, 4km
28 May	IBS CROSS COUNTRY – Round 3	Fairy Meadow	3km, 6km
03 June	XCC Festival	Sydney Equestrian Centre, Horsley Park	TBA
11 June	QUEENS BIRTHDAY	Public Holiday – no events	
17 June	ANSW Cross Country Challenge	Nowra	2km, 4km, 8km, 10km
25 June	IBS CLUB MEET	Beaton Park	Track
02 July	ANSW XCC Short Course	Upjohn Park, Kirby Street, Rydalmere	2.5km, 5km, 7.5km
09 July	IBS CROSS COUNTRY – Round 4	Mt Kembla	2km, 5km
15 July	ANSW Street Relays	Uni of Newcastle	2km, 4km
16 Jul	IBS CROSS COUNTRY – Round 5	Minnamurra	2km, 4km
23 Jul	IBS CLUB MEET	Beaton Park	Track
30 Jul	IBS CROSS COUNTRY – Round 6	Blackbutt	3km, 6km
05 Aug	Sutho Half Marathon (run by Sutherland Athletics Club)	Audley Weir, Royal National Park	1km, 2km, 3km, 5km
13 Aug	IBS CROSS COUNTRY – Round 7	Fairy Meadow	3km, 6km
20 Aug	IBS CROSS COUNTRY – Round 8	Bulli	2km, 4km
27 Aug	Shoalhaven King of the Mountain	Nowra	2km, 5km, 10km, 25km
27 Aug	IBS CLUB MEET	Beaton Park	Track
03 Sep	Sydney Half	Homebush	4km, 7km, 21km
01 Oct	Run NSW Goulburn	Goulburn	2km, 5km, 11km

	<i>IBS Cross Country events – 10.00 am starts – gold coin donation per person</i>
	<i>ANSW (Waratah Series) – these events may incur an additional fee</i>
	<i>Run NSW events – free entry for all ANSW members & dual members. Shoalhaven King of the Mountain is the only event that is NOT free</i>