

**2019 NSW Open, U23 & Para Championships - 8/03/2019 to 10/03/2019**  
**Sydney Olympic Park Athletic Centre**  
**Entry List**

**Event 1 Women High Jump Open (13)**

**Friday 8/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Mark
1	922 Jennifer Bishop	49	Cherrybrook	
2	25 Alysha Burnett	22	Cherrybrook	
3	671 Nicole Freestone	18	Sydney Pacif	
4	1299 Caitlyn Hicks	19	Hills Distri	
5	420 Sydney Kania	18	Sydney Pacif	
6	6 Nicola McDermott	23	Sydney Unive	
7	44129 Charlotte O'Brien	17	Illawong Rev	
8	Amy Pejkoivic	26	Sydney Unive	
9	301 Laura Perich	20	Camden Athle	
10	1403 Isabella Rudolph	18	Sydney Pacif	
11	2124 Bella Stewart	18	Independant	
12	41657 Rosie Tozer	17	Athletics Wo	
13	617 Emily Whelan	19	Adamstown Ne	

**Event 2 Men Discus Throw Open (12)**

**Friday 8/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Mark
1	1020 Joshua Baker	21	Campbelltown	
2	5824 Nick Chatters	20	Sydney Unive	
3	1996 Kyle Cranston	27	Hills Distri	
4	20 Alec Diamond	22	U.T.S. North	
5	Dylan Jones	28	Unattached	
6	60 Lachlan McEntyre	25	Sydney Pacif	
7	1537 Jamie Muscat	43	Wyong Athlet	
8	1832 Max Perry	17	Sydney Pacif	
9	5806 Michael Pratomo	19	Sydney Unive	
10	Vincent Reilly	18	Unattached	
11	904 Simon Stewart	20	Asics Wests	
12	2042 Michael Taylor	24	Westfields A	

**Event 3 Women Discus Throw PARA-amb (7)**

**Friday 8/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Mark
1	70 Rae Anderson T/F	22	Mingara Athl	
2	373 Jessica Filocamo T/F20	20	Hills Distri	
3	1214 Kirra Lockett T/F37	18	Athletics Wo	
4	527 Nicole Robertson T/F38	17	Asics Wests	
5	46309 Annabelle Rodgers T/F20	16	Cherrybrook	
6	7 Holly Saunders T/F35	16	Cherrybrook	
7	46330 Katelyn Smith T/F	23	Woy Woy Peni	

**Event 4 Men Discus Throw PARA-amb (3)**

**Friday 8/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Mark
1	1203 Blake Carr T/F20	25	Macquarie Hu	
2	2129 Jack Connors T/F20	20	Independent	
3	1616 Joshua Feneley T/F20	15	Hills Distri	

**Event 5 Women Discus Throw Open (13)**

**Friday 8/03/2019 - 7:20 PM**

Comp#	Name	Age	Team	Seed Mark
1	5869 Maddy Bergfield	23	Sydney Unive	
2	922 Jennifer Bishop	49	Cherrybrook	
3	47947 Ashlyn Blackstock	15	Eastlakes At	
4	1657 Karen Clarke	29	Athletics Wo	

5	1898	Renee Fassolis	20	Campbelltown
6	337	Kelly Hunter	42	Gosford Litt
7	43937	Georgie Latanis	13	St. George D
8		Kim Mulhall	28	Victoria
9	45215	Alysha Pearson	17	Sutherland D
10	1007	Brydee Price	27	Independent
11	1302	Erin Prince	24	University o
12	42308	Sally Shokry	17	Sutherland D
13	1074	Sina Wildraut	20	Bankstown Sp

**Event 6 Men High Jump Open (16)**

**Friday 8/03/2019 - 7:20 PM**

Comp#	Name	Age	Team	Seed Mark
1	Youssef Benzamia	26	France	
2	486 Harrison Brierley	20	Illawong Rev	
3	5870 Alex Cerroti	21	Sydney Unive	
4	1102 Angus Clark	18	Trinity Athl	
5	1996 Kyle Cranston	27	Hills Distri	
6	46366 Riley Grant	17	Mingara Athl	
7	5815 Sebastian Gray	22	Sydney Unive	
8	924 Zachary Hayward	19	Cherrybrook	
9	285 Ben James	18	Cessnock Ath	
10	40107 Campbell Johnson	17	Cherrybrook	
11	2045 Nicholas Kollias	18	Randwick Bot	
12	1501 Nick Moroney	47	Macquarie Hu	
13	9006 Mitchell O'Neill	21	Athletics Wo	
14	Jackson Robinson	20	Unattached	
15	1475 Matthew Tilley	23	Sydney Pacif	
16	78 William Vince-Moin T/F20	21	Armidale Ath	

**Event 7 Women Discus Throw seated PARA-wc (4)**

**Friday 8/03/2019 - 7:30 PM**

Comp#	Name	Age	Team	Seed Mark
1	56 Julie Charlton T54/F57	20	Cherrybrook	
2	18 Sarah Jane Trevenar Clifton-Bligh'	15	Sydney Unive	
3	2203 Rosemary Little T34/F32	37	Hills Distri	
4	1653 Kim Neuenkirchen T/F34	52	Cherrybrook	

**Event 8 Women 100 Metre Sprint Open (42) Prelims**

**Friday 8/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Time
1	1740 Charlotte Banks	18	Cherrybrook	
2	289 Jade Beaven	15	Mingara Athl	
3	2226 Nicole Berridge	31	Athletics East	
4	922 Jennifer Bishop	49	Cherrybrook	
5	827 Daisy Bryant	22	Cherrybrook	
6	281 Bronte Carroll	20	Mingara Athl	
7	1673 Tomasin Clark	23	Illawong Rev	
8	3 Erin Cleaver T/F38	19	Macquarie Hu	
9	5886 Catherine D'Souza	20	Sydney Unive	
10	1101 Elena Delaveris	17	Illawong Rev	
11	Nicolette Donofrio	17	Unattached	
12	43598 Tierney Dunne	17	Athletics Wo	
13	653 Mia Economou	18	Sutherland D	
14	636 Kristie Edwards	19	U.T.S. North	
15	663 Kiara Fioravanti	26	Asics Wests	
16	457 Melissa Fitzsimmons	21	Sydney Pacif	
17	41880 Mia Friesendorff	14	Campbelltown	
18	1463 Eliza Fulham	27	Mosman Athle	
19	640 Samantha Geddes	22	U.T.S. North	
20	5836 Luisa Healey	21	Sydney Unive	

21	4583	Elizabeth Hedding	23	Victoria
22	376	Sarah James	26	Sutherland D
23	8	Michelle Jenneke	26	Sydney Unive
24	72	Sachi Kayama	23	Trinity Athl
25	1113	Emma Kennedy	20	Armidale Ath
26	1534	Alison Laws	38	Bankstown Sp
27	5878	Christine Keiko Lucantonio	21	Sydney Unive
28	1779	Carlie Mciver	20	Illawong Rev
29	2076	Dolly Mustapha	20	Campbelltown
30	14	Larissa Pasternatsky	28	Sydney Unive
31	1500	Monique Perry	45	U.T.S. North
32	346	Brianna Phillips	22	Cherrybrook
33	349	Bronte Pickering	18	Campbelltown
34	1144	Stephanie Power	26	U.T.S. North
35	1028	Monique Quirk	18	Campbelltown
36	1104	Liz Scott	20	Sydney Pacif
37	1877	Kelly Spencer	25	Mingara Athl
38	1787	Abbie Taddeo	25	Illawong Rev
39	628	Carla Takchi	22	U.T.S. North
40	604	Deyana Trikaliotis	20	Campbelltown
41	202	Christine Wearne	32	Mounties Ath
42	2104	Lisa Wolski	31	Randwick Bot

**Event 9 Men 100 Metre Sprint Open (65) Prelims**  
**Friday 8/03/2019 - 6:15 PM**

	Comp#	Name	Age	Team	Seed Time
1	27	Anas Abu-Ganaba	23	Campbelltown	
2	1375	Larry Adeniran	18	Westfields A	
3	1646	Harrison Andrews	24	Cherrybrook	
4		Abdoulie Assim	27	Unattached	
5	499	Joshua Azzopardi	20	Camden Athle	
6	1318	Nicholas Bate	24	Knox Grammar	
7	1402	David Chen	20	University o	
8	2105	Lewis Clabburn	19	Knox Grammar	
9		Carl Coorey-Ewings	21	Trinity Athl	
10	315	Spencer Cox	42	Australia Ca	
11	1704	Dominic Darko	19	Campbelltown	
12	1462	Riley de Courcey Reginato	16	Mingara Athl	
13	1659	Christopher Devery	23	Illawarra Bl	
14	230	Connor Dymond	22	Illawarra Bl	
15	1276	Harry Fullerton	21	Sydney Pacif	
16	1687	Kyle Grubnic	26	Illawarra Bl	
17	1130	Sean Hayashi	21	Sydney Pacif	
18	1879	Zach Holdsworth	22	Illawong Rev	
19	342	Neil Holmes	57	Nsw Masters	
20	1848	Beau Ingram	20	Cherrybrook	
21	939	Christopher Ius	19	U.T.S. North	
22	1060	Yianni Kalantzis	19	Illawong Rev	
23	1636	Ismail Dudu Kamara	22	Campbelltown	
24	2220	Jamie Karabesinis	18	University o	
25	1615	Vinay Karamil	25	Mounties Ath	
26	2266	Hayden Kovacic	26	Illawong Rev	
27		Vasanth Krishnan	23	Sydney Unive	
28	607	Trent Low	19	Armidale Ath	
29	455	David Luck	60	Illawong Rev	
30	683	Jackie Luu	32	Asics Wests	
31	2033	Dominic Mah	23	University o	
32	760	Leonard Mah	22	University o	
33	2130	Andrew Malpass	31	Barker Colle	

34	1900	Max Mandera	16	Knox Grammar
35	1541	Adrian Mawhoub	29	Mosman Athle
36	1451	Jacob McCorry	22	Cherrybrook
37	365	Lachlan McLean	31	Hills Distri
38	1495	Ashley McMahon	44	U.T.S. North
39	522	Maan Muhana	28	Illawong Rev
40	1220	William Myant	22	Asics Wests
41	1808	Ashlyn Ndlovu	21	U.T.S. North
42	908	Santino Nyor	21	Asics Wests
43	577	Sean Oikawa	16	Sydney Pacif
44	1817	Lachlan Parry	28	Illawarra Bl
45	1692	John Prokopis	19	Sutherland D
46	52094	Noah Ramsay	15	Blue Mountai
47	5476	Shakti Rathore	26	Sydney Unive
48		Matthew Rizzo	21	Unattached
49	1961	James Roach	18	Newington Co
50		Nakamura Ryoma	24	Japan
51	5852	Neil Yuhao Song	22	Sydney Unive
52	1328	Josh Swan	23	Mosman Athle
53	248	Nicholas Thomson	20	Cherrybrook
54	32	Ben Treeby	23	Sydney Pacif
55		Matt Treston	21	Unattached
56	652	Himanshu (sam) vaid	34	Sydney Pacif
57	576	Jack Vane-Tempest	21	Mingara Athl
58	906	Kenneth Vuong	29	Asics Wests
59		Inuzuka Wataru	24	Japan
60	1888	Duncan Watt	24	Illawong Rev
61	1936	Walther Wegmann	20	Hills Distri
62	940	Hugo Whitehead	20	U.T.S. North
63	45175	Charlie Wilkinson	15	Blue Mountai
64	2029	Timothy Willatt	30	Barker Colle
65	1892	Jack Wrightson	18	Sydney Pacif

**Event 10 Women 800 Metre Run Open (20) Prelims**

**Friday 8/03/2019 - 6:50 PM**

Comp#	Name	Age	Team	Seed Time
1	5891	Elise Abood	27	Sydney Unive
2	897	Amy Bennett	20	Sutherland D
3	52308	Jessica Bird	15	Asics Wests
4	5843	Erin Blundell	23	Sydney Unive
5	1221	Tia Brady	27	Macquarie Hu
6	720	Samantha Brown	18	Ryde Athleti
7	42503	Sidney Burrell	16	Hills Distri
8	5867	Abbey Connor	25	Sydney Unive
9	5888	Joanna Cubis	31	Sydney Unive
10	1154	Bethany Halmy	24	Sydney Pacif
11	1525	Jaylah Hancock - Cameron	17	Bankstown Sp
12	47034	Baylee Holland	16	Bankstown Sp
13	1736	Emily Hsu	20	Randwick Bot
14	1142	Annelise Isaacs	20	Westfields A
15	48052	Montana Monk	15	Macquarie Hu
16	754	Briony Norton	20	Bankstown Sp
17	47490	Georgie Purcell	16	Blue Mountai
18	792	Imogen Russell	20	Sutherland D
19	1115	Lora Storey	30	Randwick Bot
20	853	Carley Thomas	19	U.T.S. North

**Event 11 Men 800 Metre Run Open (44) Prelims**

**Friday 8/03/2019 - 7:00 PM**

Comp#	Name	Age	Team	Seed Time
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1	47013	Shayan Adhikari	14	Campbelltown
2	40444	Angus Beer	17	Newington Co
3	1414	James Bottrill	20	Bankstown Sp
4	905	Luke Boyes	16	Run Crew
5	637	Mason Cohen	23	U.T.S. North
6	2187	William Constable	15	Knox Grammar
7	302	James Constantine	26	Unattached
8	954	Luke Cunningham	18	Trinity Athl
9	1650	Fraser Garland-Barnes	22	Illawong Rev
10	950	Seth Healey	36	Sutherland D
11	1087	Benjamin Jagger	21	Sydney Strid
12	206	Charlie Jeffreson	15	The King's S
13	821	Taylor John	22	Bankstown Sp
14	504	Matthew Joyce	30	Cherrybrook
15	44862	Michael King	14	Mounties Ath
16	831	Robert Lister	26	Illawong Rev
17	1591	Stephen Lott	21	Newcastle Fl
18	2158	Jesse Maxwell	20	Newcastle Fl
19		Harry May	27	South Australia
20	1512	Cameron Mee	24	Randwick Bot
21	2061	Javier Mendez Navia Fernand	19	Asics Wests
22	2050	Terry Mihellis	19	Mingara Athl
23	2270	Jack Mills	20	U.T.S. North
24	1014	Marcus Miraglia	21	Campbelltown
25	5830	Benjamin Moss	22	Sydney Unive
26	1976	Benjamin Muston	20	Sydney Pacif
27	2168	Richard Newell	26	Randwick Bot
28	2044	Finn O'Keefe	21	Armidale Ath
29	635	Jye Perrott	21	U.T.S. North
30	810	Leo Peterson	28	U.T.S. North
31	5814	Alex Pettigrew	27	Sydney Unive
32	1219	Darren Purcell	49	Athletics East
33	1628	Ben Quinn	22	University o
34	13	Joshua Ralph	28	Sydney Unive
35	854	Paul Raptis	21	Bankstown Sp
36	811	Julio Ruiz Davila	23	Campbelltown
37	2192	Stephen Sanday	26	Randwick Bot
38	40371	Kane Shields	15	Balmain Athl
39	52490	Nathan Stanmore	14	Balmain Athl
40	5873	Zak Stevens	23	Sydney Unive
41	378	Byron Van Dyk	17	Bankstown Sp
42	5847	Nicholas Woolley	22	Sydney Unive
43	1549	Luke Young	18	Newcastle Fl
44	5800	Obssa Youssouf	20	Sydney Unive

**Event 12 Women 400 Metre Sprint Open (32) Prelims**

**Friday 8/03/2019 - 7:25 PM**

	Comp#	Name	Age	Team	Seed Time
1	5822	Rebecca Bennett	20	Sydney Unive	
2	52308	Jessica Bird	15	Asics Wests	
3		Angelina Blackburn	30	Australian C	
4	639	Nicola Bowtell	20	U.T.S. North	
5	1798	Renee Briffa	44	Athletics East	
6	834	Elizabeth Chippendale	19	Mingara Athl	
7	2035	Mariama Khadija Conteh	22	Campbelltown	
8	43194	Evita Dickson	16	Sydney Strid	
9	47366	Caitlyn Ferrier	17	Asics Wests	
10	1017	Jasmin Guthrie	16	Bankstown Sp	
11	40317	Sally Guthrie	17	U.T.S. North	

12	1154	Bethany Halmy	24	Sydney Pacif
13	2177	Isoken Igbinosun	26	Bankstown Sp
14	1247	Dominica Jenkins	30	U.T.S. North
15	1487	Lenore Lambert	50	Nsw Masters
16	972	Brodee Mate	21	Kembla Jogge
17	5803	Sophie McGovern	20	Sydney Unive
18	2126	Emma Merlino	27	U.T.S. North
19	631	Gabriella O'Grady	22	U.T.S. North
20	1937	Jacqueline O'Neill	26	Mingara Athl
21	555	Bendere Oboya	19	Campbelltown
22	1471	Nicole Ogle	21	Macquarie Hu
23	1304	Yael Reed	36	U.T.S. North
24	10	Anneliese Rubie	27	Sydney Unive
25	1029	Matilda Ryan	17	Campbelltown
26	5851	Danica Sardelich	27	Sydney Unive
27	75	Stephanie Schweitzer T/F20	27	Hills Distri
28	1877	Kelly Spencer	25	Mingara Athl
29	5887	Jess Stafford	24	Sydney Unive
30	853	Carley Thomas	19	U.T.S. North
31	1182	Jessica Thornton	21	Illawong Rev
32	2082	Sophie Wickham	18	Sydney Pacif

**Event 13 Men 400 Metre Sprint Open (50) Prelims**

**Friday 8/03/2019 - 7:40 PM**

	Comp#	Name	Age	Team	Seed Time
1	440	Lachlan Ash	18	Campbelltown	
2	40755	Jack Baker	15	Ryde Athleti	
3	2198	Joshua Batten	19	Knox Grammar	
4	5883	Lachlan Bird	25	Sydney Unive	
5	559	Ewan Burns	16	Knox Grammar	
6	627	Ben Carter	19	U.T.S. North	
7	2151	Mitchell Clarke	18	Armidale Ath	
8	637	Mason Cohen	23	U.T.S. North	
9	374	Matthew Crowe	22	U.T.S. North	
10	1666	Paul Cummings	32	Mingara Athl	
11	1345	Lachlan Dalton	17	U.T.S. North	
12	930	Jordan Doris	19	Bankstown Sp	
13	641	Sean Fitzsimmons	24	U.T.S. North	
14	1756	Corey Furminger	23	U.T.S. North	
15	644	Thomas Glascott	19	U.T.S. North	
16	644	Thomas Glascott	19	U.T.S. North	
17	1675	Antony Guest	54	U.T.S. North	
18	76	Tyler Gunn	20	Gosford Litt	
19	458	Ian Halpin	26	Blue Mountai	
20	1986	Jake Hammond	28	Illawong Rev	
21	1105	Max Holmes	16	U.T.S. North	
22	5840	Aaron Jeffery	21	Sydney Unive	
23		Inoue Kakeru	24	Japan	
24	889	Gregory Kavadas	20	Westfields A	
25	1693	James Kermond	23	Campbelltown	
26	5900	Gregory Klugman	19	Sydney Unive	
27	291	Maxwell Kollie	18	Sutherland D	
28		Muratomi Kotaro	24	Japan	
29	1204	Rohan Laurendet	23	Illawong Rev	
30	1280	Ernie Leseberg	48	Mingara Athl	
31	528	Chris Livirizzi	22	Illawong Rev	
32	5854	Christian Lozada	25	Sydney Unive	
33		Nemoto Mahiro	24	Japan	
34		Sasaki Manato	24	Japan	

35		Riley McGown	23	Australia Ca
36	1283	Luke McKay	16	Sutherland D
37	2270	Jack Mills	20	U.T.S. North
38	5813	Damien Mizzi	19	Sydney Unive
39	908	Santino Nyor	21	Asics Wests
40	1719	Isaac O'Brien	18	Athletics Wo
41	753	George Ockert	26	Bankstown Sp
42	635	Jye Perrott	21	U.T.S. North
43	5907	Oscar Pintaric	18	Sydney Unive
44	13	Joshua Ralph	28	Sydney Unive
45	5820	Brodie Rushby	20	Sydney Unive
46		Someya Sho	24	Japan
47		Onodera Shota	24	Japan
48		Kitagawa Takamasa	24	Japan
49	1883	Taboka Tshuma	19	Campbelltown
50		Kinoshita Yuki	24	Japan

**Event 14 Women 1500 Metre Run PARA-amb (3)**

**Friday 8/03/2019 - 8:15 PM**

Comp#	Name	Age	Team	Seed Time
1	29	Belinda Scott T/F20	18	Asics Wests
2	45387	Layla Sharp T/F13	12	Hills Distri
3	44182	Courtney Webeck T/F12	16	Independant

**Event 15 Men 1500 Metre Run PARA-amb (4)**

**Friday 8/03/2019 - 8:15 PM**

Comp#	Name	Age	Team	Seed Time
1	2261	Jerome Etteridge T/F20	18	Illawong Rev
2	59	Kyle McIntosh T/F20	25	Sutherland D
3		Benjamin Said T/F13	17	Trt Running
4	1112	James Tirado T/F13	17	Randwick Bot

**Event 16 Women 1500 Metre Run Open (24) Prelims**

**Friday 8/03/2019 - 8:25 PM**

Comp#	Name	Age	Team	Seed Time
1	1330	Beth Arentz	18	Sutherland D
2	5834	Emily Augustine	22	Sydney Unive
3	1918	Kristy Beattie	17	Randwick Bot
4	1221	Tia Brady	27	Macquarie Hu
5	43976	Lauren Carey	16	St. George D
6	555	Rose Davies	20	Adamstown Ne
7	1985	Elizabeth French	30	Randwick Bot
8	40246	Imogen Gardiner	17	U.T.S. North
9	513	Shayne Hargraves	16	Bankstown Sp
10	1622	Nicola Hogg	16	Sydney Strid
11	1142	Annelise Isaacs	20	Westfields A
12	696	Renee Lewis	17	Asics Wests
13	883	Belinda Martin	45	Illawong Rev
14	625	Annabel Mcdermott	20	U.T.S. North
15	850	Sarah McDermott	19	U.T.S. North
16	41385	Eleanor Miller	16	Randwick Bot
17	1167	Abigail Nordberg	29	Run Crew
18	1127	Davina Smith	28	Randwick Bot
19	1339	Kate Spencer	24	U.T.S. North
20	40344	Imogen Steele	16	U.T.S. North
21	40791	Amelie Sun	15	Ryde Athleti
22	2141	Shayla Szakacs	19	Kembla Jogge
23	632	Isabella Thornton-Bott	21	U.T.S. North
24	1584	Claudia White	23	Run Crew

**Event 17 Men 1500 Metre Run Open (48) Prelims**

**Friday 8/03/2019 - 8:40 PM**

	Comp#	Name	Age	Team	Seed Time
1	1926	Will Austin-Cray	26	U.T.S. North	
2	5866	Guillaume Boglioni Beaulieu	28	Sydney Unive	
3	1414	James Bottrill	20	Bankstown Sp	
4	40525	Ethan Brouw	17	Trinity Athl	
5	5835	Joe Burgess	23	Sydney Unive	
6	1991	Sam Byrne	23	Randwick Bot	
7	1893	Craig Cameron	26	Mingara Athl	
8	5090	Holly Campbell	23	Sydney Unive	
9	43692	Theo Christian	15	Trinity Athl	
10	302	James Constantine	26	Unattached	
11	5827	Martin Cooper	23	Sydney Unive	
12	462	Jacob Crews	19	Hills Distri	
13	724	EJ Davie	48	Sydney Strid	
14	2201	thomas Davies	18	U.T.S. North	
15	1613	Chamkaur Dhaliwal	46	Athletics East	
16	43669	Brendan Felice	14	Illawong Rev	
17		Sam Harding	28	Australia Ca	
18	797	James Healey	16	Kembla Jogge	
19	5826	James Healy	24	Sydney Unive	
20	1086	Darcy Hennessy	17	Kembla Jogge	
21	47138	Aaron Houston	15	Bathurst Ath	
22	821	Taylor John	22	Bankstown Sp	
23	1309	Charlie Kaparakis	19	Mingara Athl	
24		Deon Kenzie	23	Tasmania	
25	1340	Otto Khoo	19	Run Crew	
26	44862	Michael King	14	Mounties Ath	
27	1358	Andrew Land	26	Mingara Athl	
28	1668	Callam Lang	19	Newcastle Ru	
29		Tim Logan	23	Unattached	
30	477	Jakob Madden	18	Mingara Athl	
31	1533	Max Mahon	19	U.T.S. North	
32	1438	Zac Martin	18	Mingara Athl	
33	2009	Steven Mayers	34	Run Crew	
34	5831	Frank Meier	31	Sydney Unive	
35	74	Stefan Music	21	Randwick Bot	
36	810	Leo Peterson	28	U.T.S. North	
37	1088	Oli Raimond	18	Sutherland D	
38	530	Max Russell	14	Randwick Bot	
39	2192	Stephen Sanday	26	Randwick Bot	
40	240	Philo Saunders	43	Australia Ca	
41	844	James Seal	19	Kembla Jogge	
42	1702	Jackson Sharp	19	Run Crew	
43	799	Mark Simpson	22	Illawong Rev	
44	1635	Connor Stevenson	29	Newcastle Ru	
45	2191	Josh Thompson	36	Athletics East	
46	5821	Harrison Wade	20	Sydney Unive	
47	1686	Guy Walters	25	Newcastle Ru	
48	1169	Kenneth Wilson	53	Athletics East	

**Event 18 Men Triple Jump Open (12)**

**Saturday 9/03/2019 - 5:30 PM**

	Comp#	Name	Age	Team	Seed Mark
1		Benjamin Cox	25	Trinity Athl	
2	1999	Joel Davidson	20	Cherrybrook	
3	45	Emmanuel Fakiye	22	U.T.S. North	
4		Denis Finnegan	33	Victoria	
5	2077	Shaun Fletcher	37	Macquarie Hu	
6	1675	Antony Guest	54	U.T.S. North	

7	285	Ben James	18	Cessnock Ath
8	970	Ryan Jones	18	Cherrybrook
9	1572	Tully Murphy	18	Asics Wests
10	1321	Cameron Pappas	23	Trinity Athl
11	1927	Bailey Woodward	22	Westfields A
12	1892	Jack Wrightson	18	Sydney Pacif

**Event 19 Women Javelin Throw Open (9)**

**Saturday 9/03/2019 - 5:30 PM**

Comp#	Name	Age	Team	Seed Mark
1	57	Katrina Blackett	24	Sydney Unive
2	25	Alysha Burnett	22	Cherrybrook
3	1657	Karen Clarke	29	Athletics Wo
4	49905	Lianna Davidson	17	Asics Wests
5	712	Chloe Davis	19	U.T.S. North
6	5832	Brianna Gibson	20	Sydney Unive
7	43781	Olivia Hayes	17	St. George D
8	1299	Caitlyn Hicks	19	Hills Distri
9	359	Brittany McNair	19	Bankstown Sp

**Event 20 Men Shot Put Open (6)**

**Saturday 9/03/2019 - 5:30 PM**

Comp#	Name	Age	Team	Seed Mark
1	1996	Kyle Cranston	27	Hills Distri
2	20	Alec Diamond	22	U.T.S. North
3	46365	Corey-Jay Eyndhoven	18	Gosford Litt
4	5885	Matthew Mountfort	26	Sydney Unive
5	1537	Jamie Muscat	43	Wyong Athlet
6	2042	Michael Taylor	24	Westfields A

**Event 21 Women Long Jump PARA-amb (7)**

**Saturday 9/03/2019 - 5:30 PM**

Comp#	Name	Age	Team	Seed Mark
1	3	Erin Cleaver T/F38	19	Macquarie Hu
2	40690	Summer Giddings T/F35	17	Hills Distri
3	48065	Lainee Harrison T/F37	15	Macquarie Hu
4	849	Alissa Jordaan T47/F46	16	U.T.S. North
5	40016	Kailyn Joseph T/F37	17	Cherrybrook
6	46309	Annabelle Rodgers T/F20	16	Cherrybrook
7	7	Holly Saunders T/F35	16	Cherrybrook

**Event 22 Men Long Jump PARA-amb (4)**

**Saturday 9/03/2019 - 5:30 PM**

Comp#	Name	Age	Team	Seed Mark
1	1203	Blake Carr T/F20	25	Macquarie Hu
2	43099	Jackson Love T/F37	13	U.T.S. North
3	40566	Cameron Murray T/F37	17	Parramatta C
4	78	William Vince-Moin T/F20	21	Armidale Ath

**Event 23 Women Triple Jump Open (18)**

**Saturday 9/03/2019 - 6:55 PM**

Comp#	Name	Age	Team	Seed Mark
1	922	Jennifer Bishop	49	Cherrybrook
2	2034	Tay-Leiha Clark	21	Illawong Rev
3	1723	Tomysha Clark	17	Illawong Rev
4	5805	Stevie Donougher	21	Sydney Unive
5	49224	Lauren Goodacre	17	Cherrybrook
6	1992	Erin Guy	26	Trinity Athl
7	420	Sydney Kania	18	Sydney Pacif
8	1664	Tamara Kowcz Rosinke	18	Cherrybrook
9	2014	Alana Macrow-Cain	23	Sydney Pacif
10	911	Charlotte McGill	17	Randwick Bot
11	46564	Jezebel Navusolo	17	Mingara Athl

12	40	Desleigh Owusu	18	Campbelltown
13	5841	Alexandra Petersen	20	Sydney Unive
14	800	Alyssa Philip	20	Campbelltown
15	534	Tahla Pont	19	Macquarie Hu
16	2269	Bronwyn Poole	25	Trinity Athl
17	463	Melissa Smith	32	Asics Wests
18	40085	Francesca Sugiaman	17	Cherrybrook

**Event 24 Women Javelin Throw seated PARA-wc (4)**

**Saturday 9/03/2019 - 6:40 PM**

Comp#	Name	Age	Team	Seed Mark
1	56	Julie Charlton T54/F57	20	Cherrybrook
2	18	Sarah Jane Trevenar Clifton-Bligh	15	Sydney Unive
3	2203	Rosemary Little T34/F32	37	Hills Distri
4	1653	Kim Neuenkirchen T/F34	52	Cherrybrook

**Event 25 Men Javelin Throw Open (11)**

**Saturday 9/03/2019 - 6:55 PM**

Comp#	Name	Age	Team	Seed Mark
1	1705	Benjamin Baker	36	Asics Wests
2	571	John Crandell	28	Asics Wests
3	1996	Kyle Cranston	27	Hills Distri
4	1056	Robert Jessep	27	Asics Wests
5		Joseph Kremer	20	Australia Ca
6	802	Cameron McEntyre	20	Sydney Pacif
7	1527	Elliot Metcalf	19	U.T.S. North
8	1425	David Parsons	20	Adamstown Ne
9	1233	Matthew Rees	22	Independent
10	5817	Andries Van Woerkom	23	Sydney Unive
11	687	Saxon Ward	24	Asics Wests

**Event 26 Women Shot Put Open (11)**

**Saturday 9/03/2019 - 7:00 PM**

Comp#	Name	Age	Team	Seed Mark
1	1655	Jessica Aldridge	20	Bankstown Sp
2	922	Jennifer Bishop	49	Cherrybrook
3	47947	Ashlyn Blackstock	15	Eastlakes At
4	1131	Laura Bonzo	25	Macquarie Hu
5	25	Alysha Burnett	22	Cherrybrook
6	44390	Kaitlyn Coulter	15	Bankstown Sp
7	79	Yasenaca Denicaucau	23	Sutherland D
8	1299	Caitlyn Hicks	19	Hills Distri
9	1026	Venita Mailei	18	Campbelltown
10	45215	Alysha Pearson	17	Sutherland D
11	1460	Laura Stokes	24	Forster Athl

**Event 27 Women Javelin Throw PARA-amb (4)**

**Saturday 9/03/2019 - 8:05 PM**

Comp#	Name	Age	Team	Seed Mark
1	3	Erin Cleaver T/F38	19	Macquarie Hu
2	527	Nicole Robertson T/F38	17	Asics Wests
3	46309	Annabelle Rodgers T/F20	16	Cherrybrook
4	46330	Katelyn Smith T/F	23	Woy Woy Peni

**Event 28 Men Javelin Throw PARA-amb (3)**

**Saturday 9/03/2019 - 8:05 PM**

Comp#	Name	Age	Team	Seed Mark
1		Cam Crombie T/F38	33	Australia Ca
2	40566	Cameron Murray T/F37	17	Parramatta C
3	388	Matthew Thompson T47/F46	33	Australia Ca

**Event 29 Men 400 Metre Hurdles Open (18) Prelims**

**Saturday 9/03/2019 - 5:30 PM**

Comp#	Name	Age	Team	Seed Time
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1	5819	Ryan Boot	22	Sydney Unive
2	1002	Justin Brown	23	Sydney Pacif
3	36	Bryce Collins	23	University o
4	47400	Caleb Fairweather	18	Asics Wests
5	5850	Matthew Fisher	22	Sydney Unive
6	1397	Mark Fokas	18	Trinity Athl
7	40270	Thomas Hunt	18	U.T.S. North
8		Inoue Kakeru	24	Japan
9	1962	Timothy Kendrick-Little	19	Sydney Pacif
10		Riki Kosugi	24	Japan
11	1719	Isaac O'Brien	18	Athletics Wo
12		James Roff	33	Randwick Bot
13	1152	Isaac Sharwood	18	Trinity Athl
14	1179	Sam Shore	34	South Australia
15	10612	Jasper Spiller	19	Knox Grammar
16		Iwasaki Takafumi	24	Japan
17	1001	Alexander Thompson	20	Hills Distri
18		Shirao Yusuke	24	Japan

**Event 30 Women 400 Metre Hurdles Open (13) Prelims**  
**Saturday 9/03/2019 - 5:45 PM**

	Comp#	Name	Age	Team	Seed Time
1	425	Sarah Carli	25	Kembla Jogge	
2	5837	Genevieve Cowie	24	Sydney Unive	
3	957	Susie Douglas	18	U.T.S. North	
4	1377	Marsha Dunkel	24	Illawong Rev	
5	343	Isabella Guthrie	16	Bankstown Sp	
6	73	Sara Klein	25	Asics Wests	
7	1493	Madeleine Powell	28	U.T.S. North	
8	684	Scarlett Pye	19	Asics Wests	
9	40281	Gabriella Richmond	18	U.T.S. North	
10	424	Susie Seitaridis	22	Athletics Wo	
11	1877	Kelly Spencer	25	Mingara Athl	
12	852	Abigail Stevanovic	17	U.T.S. North	
13	44118	Hayley Waters	18	Sutherland D	

**Event 31 Men 5000 Metre Race Walk Open (9)**  
**Saturday 9/03/2019 - 6:05 PM**

	Comp#	Name	Age	Team	Seed Time
1	41575	Jake Attwell	17	Illawarra Bl	
2	591	Travis Barendregt	19	Nepean Distr	
3	43148	Hayden Blaskett	17	Sydney Strid	
4	1165	Carl Gibbons	23	Westlakes At	
5	46515	Joel Kemp	16	Mingara Athl	
6	47990	Jack McGinniskin	17	Mingara Athl	
7	1059	Dylan Richardson	19	Mingara Athl	
8	1229	Oscar Tebbutt	18	Gosford Litt	
9	706	Ryan Thomson	19	Nepean Distr	

**Event 32 Women 5000 Metre Race Walk Open (15)**  
**Saturday 9/03/2019 - 6:05 PM**

	Comp#	Name	Age	Team	Seed Time
1	26	Amanda Barendregt	23	Nepean Distr	
2	47374	Bridget Bell	17	Asics Wests	
3	43791	Emma Blanch	16	Sutherland D	
4	46481	Hannah Bolton	16	Mingara Athl	
5	48842	Milly Boughton	13	Randwick Bot	
6	40381	Elise Brennan	17	U.T.S. North	
7	2251	Chloe McLoughlin	15	Mingara Athl	
8	205	Molly O'Neill	19	Adamstown Ne	
9	43309	Hannah Parker	17	Randwick Bot	

10	1315	Teegan Pengilly	18	Bankstown Sp
11	24	Allanah Pitcher	16	Mingara Athl
12	40395	Jayda Stanley	13	Randwick Bot
13	1256	Amy Walker	18	Mingara Athl
14	1158	Elaine Wang	19	Adamstown Ne
15	288	Anne Weekes	57	Illawong Rev

**Event 35 Women 100 Metre Sprint PARA-amb (14) Prelims**

**Saturday 9/03/2019 - 7:05 PM**

Comp#	Name	Age	Team	Seed Time
1	494	Brittney Beilby T/F20	19	Hills Distri
2	40474	Lucia Bruce-Gilchrist Tf41	15	Balmain Athl
3	3	Erin Cleaver T/F38	19	Macquarie Hu
4	41372	Tamsin Colley T/F36	17	Hills Distri
5	678	Alexandria Eves T/F36	30	Dubbo Athlet
6	373	Jessica Filocamo T/F20	20	Hills Distri
7	40690	Summer Giddings T/F35	17	Hills Distri
8	48065	Lainee Harrison T/F37	15	Macquarie Hu
9	849	Alissa Jordaan T47/F46	16	U.T.S. North
10	40016	Kailyn Joseph T/F37	17	Cherrybrook
11	43037	Mali Lovell T/F36	15	U.T.S. North
12	323	Carly Salmon T/F35	20	Koorringal-Wa
13	7	Holly Saunders T/F35	16	Cherrybrook
14	564	Karlee Symonds T/F11	17	Athletics Wo

**Event 38 Men 400 Metre Sprint PARA-wc (1)**

**Saturday 9/03/2019 - 7:35 PM**

Comp#	Name	Age	Team	Seed Time
1	22	Gregory Luff T/F	19	Sutherland D

**Event 39 Women 400 Metre Sprint PARA-wc (2)**

**Saturday 9/03/2019 - 7:35 PM**

Comp#	Name	Age	Team	Seed Time
1	18	Sarah Jane Trevenar Clifton-Bligh'	15	Sydney Unive
2	672	Emily Preketes T/F34	24	St. George D

**Event 40 Men 400 Metre Sprint PARA-amb (7)**

**Saturday 9/03/2019 - 7:40 PM**

Comp#	Name	Age	Team	Seed Time
1	40648	Ryan Conroy T/F37	16	Parramatta C
2	1303	Christian Georgallis T/F36	18	Hills Distri
3	872	Zane Newton T/F20	14	Hills Distri
4	42	Edward Parker T/F20	17	Hills Distri
5	1112	James Tirado T/F13	17	Randwick Bot
6	78	William Vince-Moin T/F20	21	Armidale Ath
7	743	Nana Wirekoh T/F	23	Campbelltown

**Event 41 Women 400 Metre Sprint PARA-amb (7)**

**Saturday 9/03/2019 - 7:45 PM**

Comp#	Name	Age	Team	Seed Time
1	494	Brittney Beilby T/F20	19	Hills Distri
2	40690	Summer Giddings T/F35	17	Hills Distri
3	75	Stephanie Schweitzer T/F20	27	Hills Distri
4	29	Belinda Scott T/F20	18	Asics Wests
5	45387	Layla Sharp T/F13	12	Hills Distri
6	564	Karlee Symonds T/F11	17	Athletics Wo
7	44182	Courtney Webeck T/F12	16	Independant

**Event 43 Men 100 Metre Sprint PARA-wc (1)**

**Saturday 9/03/2019 - 8:15 PM**

Comp#	Name	Age	Team	Seed Time
1	22	Gregory Luff T/F	19	Sutherland D

**Event 44 Women 100 Metre Sprint PARA-wc (3)**

**Saturday 9/03/2019 - 8:15 PM**

	Comp#	Name	Age	Team	Seed Time
1	18	Sarah Jane Trevenar Clifton-Bligh '	15	Sydney Unive	
2	2203	Rosemary Little T34/F32	37	Hills Distri	
3	672	Emily Preketes T/F34	24	St. George D	

**Event 45 Men 100 Metre Sprint PARA-amb (9)**

**Saturday 9/03/2019 - 8:20 PM**

	Comp#	Name	Age	Team	Seed Time
1	1203	Blake Carr T/F20	25	Macquarie Hu	
2	2129	Jack Connors T/F20	20	Independent	
3	40648	Ryan Conroy T/F37	16	Parramatta C	
4	1303	Christian Georgallis T/F36	18	Hills Distri	
5	43099	Jackson Love T/F37	13	U.T.S. North	
6	40566	Cameron Murray T/F37	17	Parramatta C	
7	872	Zane Newton T/F20	14	Hills Distri	
8	42	Edward Parker T/F20	17	Hills Distri	
9	743	Nana Wirekoh T/F	23	Campbelltown	

**Event 52 Women Pole Vault Open (11)**

**Sunday 10/03/2019 - 3:30 PM**

	Comp#	Name	Age	Team	Seed Mark
1	680	Elizabeth Baral	21	Asics Wests	
2		Lea Ficheoil	22	Unattached	
3	1534	Alison Laws	38	Bankstown Sp	
4	881	Laura Martino	24	Westfields A	
5	1258	Scarlett Nalpas	31	Bankstown Sp	
6	1164	Clare Roser	15	Bankstown Sp	
7	1420	Olivia Rotunno	19	Hills Distri	
8	2027	Megan Seve	23	Bankstown Sp	
9	49592	Lauren Tisdale	16	Girraween At	
10	2091	Genevieve Vickers	26	Athletics Wo	
11	1945	Anastasia Williams	18	Nepean Distr	

**Event 53 Men Long Jump Open (19)**

**Sunday 10/03/2019 - 4:20 PM**

	Comp#	Name	Age	Team	Seed Mark
1	45348	Phillip Baker	17	Campbelltown	
2	486	Harrison Brierley	20	Illawong Rev	
3	2083	Taiga Cantor	21	Cessnock Ath	
4	5870	Alex Cerroti	21	Sydney Unive	
5	1402	David Chen	20	University o	
6	2129	Jack Connors T/F20	20	Independent	
7		Benjamin Cox	25	Trinity Athl	
8	1996	Kyle Cranston	27	Hills Distri	
9	1999	Joel Davidson	20	Cherrybrook	
10	20	Alec Diamond	22	U.T.S. North	
11	2077	Shaun Fletcher	37	Macquarie Hu	
12	1859	William Freyer	20	U.T.S. North	
13	285	Ben James	18	Cessnock Ath	
14	1025	Kieran Kirk	21	Campbelltown	
15	935	Joey Ryu	21	U.T.S. North	
16	1489	Sam Taylor	18	Cessnock Ath	
17	5789	Nick Van Gelder	24	Sydney Unive	
18		Matthew Wecker	22	Australia Ca	
19	1927	Bailey Woodward	22	Westfields A	

**Event 54 Men Hammer Throw Open (8)**

**Sunday 10/03/2019 - 4:30 PM**

	Comp#	Name	Age	Team	Seed Mark
1	1440	William Brown	23	U.T.S. North	
2	1595	Warren Button	31	Illawong Rev	
3	642	Timothy Heyes	22	U.T.S. North	

4	1884	Will Higgins	33	Campbelltown
5	870	Warren Jones	39	U.T.S. North
6	39	Costa Kousparis	23	Sutherland D
7	1537	Jamie Muscat	43	Wyong Athlet
8	347	Brendon Neich	18	Sutherland D

**Event 55 Women Shot Put seated PARA-wc (4)**

**Sunday 10/03/2019 - 5:20 PM**

Comp#	Name	Age	Team	Seed Mark
1	56	Julie Charlton T54/F57	20	Cherrybrook
2	18	Sarah Jane Trevenar Clifton-Bligh'	15	Sydney Unive
3	2203	Rosemary Little T34/F32	37	Hills Distri
4	1653	Kim Neuenkirchen T/F34	52	Cherrybrook

**Event 56 Women Long Jump Open (28)**

**Sunday 10/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Mark
1	1740	Charlotte Banks	18	Cherrybrook
2	922	Jennifer Bishop	49	Cherrybrook
3		Grace Brennan	20	Australian C
4	25	Alysha Burnett	22	Cherrybrook
5	2034	Tay-Leiha Clark	21	Illawong Rev
6	1723	Tomysha Clark	17	Illawong Rev
7	3	Erin Cleaver T/F38	19	Macquarie Hu
8	5886	Catherine D'Souza	20	Sydney Unive
9	332	Samantha Dale	18	Cherrybrook
10	457	Melissa Fitzsimmons	21	Sydney Pacif
11	41880	Mia Friesendorff	14	Campbelltown
12	49224	Lauren Goodacre	17	Cherrybrook
13	46317	Katie Gunn	16	Gosford Litt
14	4583	Elizabeth Hedding	23	Victoria
15	1299	Caitlyn Hicks	19	Hills Distri
16	420	Sydney Kania	18	Sydney Pacif
17	72	Sachi Kayama	23	Trinity Athl
18	1664	Tamara Kowcz Rosinke	18	Cherrybrook
19	433	Bethany Kranendonk	19	Wyong Athlet
20	911	Charlotte McGill	17	Randwick Bot
21	414	Jessica Penney	32	Australia Ca
22	800	Alyssa Philip	20	Campbelltown
23	534	Tahla Pont	19	Macquarie Hu
24	2110	Rachel Shaw	25	Athletics Wo
25	463	Melissa Smith	32	Asics Wests
26	40085	Francesca Sugiaman	17	Cherrybrook
27	937	Joanne Waring	30	Hills Distri
28	42958	Zoe Warland	17	Ryde Athleti

**Event 57 Men Pole Vault Open (9)**

**Sunday 10/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Mark
1	1996	Kyle Cranston	27	Hills Distri
2	20	Alec Diamond	22	U.T.S. North
3	1369	James Gorham	17	Athletics Wo
4		Maxwell Jones	18	Unattached
5	2255	Alexander Murrell	23	The Scots Co
6	1268	Thomas Phillips	20	Wallsend Rsl
7	562	Nickolai Simmons	18	Bankstown Sp
8	417	Gabriel Wahl	20	University o
9	2006	Elias Williamson	19	Hills Distri

**Event 58 Women Hammer Throw Open (12)**

**Sunday 10/03/2019 - 6:00 PM**

Comp#	Name	Age	Team	Seed Mark
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1	201	Maria Cimino	48	U.T.S. North
2	79	Yasenaca Denicaucou	23	Sutherland D
3	1678	Tania Fassolis	22	Campbelltown
4	41890	Renee Hardy	16	Sutherland D
5	1598	Ebony Hay	18	Independent
6	4	Alexandra Hulley	22	Sutherland D
7	1929	Ashleigh McInerney	22	Independant
8	44610	Teagan Neich	16	Sutherland D
9	45215	Alysha Pearson	17	Sutherland D
10	1171	Sarah Ringrose	20	Westfields A
11	1826	Emma Stokes	24	Forster Athl
12	1460	Laura Stokes	24	Forster Athl

**Event 59 Women Shot Put PARA-amb (9)**

**Sunday 10/03/2019 - 6:30 PM**

Comp#	Name	Age	Team	Seed Mark
1	70	Rae Anderson T/F	22	Mingara Athl
2	40474	Lucia Bruce-Gilchrist Tf41	15	Balmain Athl
3	823	Samira Cox T/F13	18	Campbelltown
4	373	Jessica Filocamo T/F20	20	Hills Distri
5	69	Nicole Harris T/F20	27	St. George D
6	1214	Kirra Lockett T/F37	18	Athletics Wo
7	527	Nicole Robertson T/F38	17	Asics Wests
8	46309	Annabelle Rodgers T/F20	16	Cherrybrook
9	46330	Katelyn Smith T/F	23	Woy Woy Peni

**Event 60 Men Shot Put PARA-amb (3)**

**Sunday 10/03/2019 - 6:30 PM**

Comp#	Name	Age	Team	Seed Mark
1	2129	Jack Connors T/F20	20	Independent
2		Cam Crombie T/F38	33	Australia Ca
3	1126	Daniel Jennings T/F35	22	Randwick Bot

**Event 61 Men 110 Metre Hurdles Open (16) Prelims**

**Sunday 10/03/2019 - 4:00 PM**

Comp#	Name	Age	Team	Seed Time
1		David Ancrum	36	Victoria
2	1521	Nicholas Andrews	22	Cherrybrook
3	1996	Kyle Cranston	27	Hills Distri
4	230	Connor Dymond	22	Illawarra Bl
5	5812	James Ellis	22	Sydney Unive
6		Nakata Hidetoshi	24	Japan
7	5	Nicholas Hough	26	Sydney Unive
8	1451	Jacob McCorry	22	Cherrybrook
9	2267	Ivor Metcalf	24	University o
10	753	George Ockert	26	Bankstown Sp
11		Fuji Ryota	24	Japan
12	1179	Sam Shore	34	South Australia
13	1001	Alexander Thompson	20	Hills Distri
14	248	Nicholas Thomson	20	Cherrybrook
15		Matt Treston	21	Unattached
16		Matthew Wecker	22	Australia Ca

**Event 62 Women 100 Metre Hurdles Open (12) Prelims**

**Sunday 10/03/2019 - 4:15 PM**

Comp#	Name	Age	Team	Seed Time
1	2125	Inge Bellemans	24	Sydney Pacif
2	557	Emily Britton	18	Cherrybrook
3	25	Alysha Burnett	22	Cherrybrook
4	1299	Caitlyn Hicks	19	Hills Distri
5	8	Michelle Jenneke	26	Sydney Unive
6	2137	Hannah Jones	24	University o

7	648	Ashleigh Parr	25	Illawong Rev
8	1104	Liz Scott	20	Sydney Pacif
9	2488	Danielle Shaw	21	Victoria
10	1787	Abbie Taddeo	25	Illawong Rev
11	628	Carla Takchi	22	U.T.S. North
12	937	Joanne Waring	30	Hills Distri

**Event 63 Men 200 Metre Sprint Open (54) Prelims**

**Sunday 10/03/2019 - 4:30 PM**

	Comp#	Name	Age	Team	Seed Time
1	27	Anas Abu-Ganaba	23	Campbelltown	
2		Abdoulie Assim	27	Unattached	
3	499	Joshua Azzopardi	20	Camden Athle	
4	1318	Nicholas Bate	24	Knox Grammar	
5	5883	Lachlan Bird	25	Sydney Unive	
6	627	Ben Carter	19	U.T.S. North	
7	2105	Lewis Clabburn	19	Knox Grammar	
8	724	EJ Davie	48	Sydney Strid	
9	1659	Christopher Devery	23	Illawarra Bl	
10	641	Sean Fitzsimmons	24	U.T.S. North	
11	644	Thomas Glascott	19	U.T.S. North	
12	644	Thomas Glascott	19	U.T.S. North	
13	1986	Jake Hammond	28	Illawong Rev	
14	1879	Zach Holdsworth	22	Illawong Rev	
15	1848	Beau Ingram	20	Cherrybrook	
16	5840	Aaron Jeffery	21	Sydney Unive	
17	1060	Yianni Kalantzis	19	Illawong Rev	
18	1636	Ismail Dudu Kamara	22	Campbelltown	
19	2220	Jamie Karabesinis	18	University o	
20	1615	Vinay Karamil	25	Mounties Ath	
21	1693	James Kermond	23	Campbelltown	
22	5900	Gregory Klugman	19	Sydney Unive	
23	2266	Hayden Kovacic	26	Illawong Rev	
24	1204	Rohan Laurendet	23	Illawong Rev	
25	1280	Ernie Leseberg	48	Mingara Athl	
26	607	Trent Low	19	Armidale Ath	
27	5854	Christian Lozada	25	Sydney Unive	
28	455	David Luck	60	Illawong Rev	
29	2033	Dominic Mah	23	University o	
30	760	Leonard Mah	22	University o	
31		Nemoto Mahiro	24	Japan	
32	1900	Max Mander	16	Knox Grammar	
33	1541	Adrian Mawhoub	29	Mosman Athle	
34	1495	Ashley McMahon	44	U.T.S. North	
35	1220	William Myant	22	Asics Wests	
36	1808	Ashlyn Ndlovu	21	U.T.S. North	
37	908	Santino Nyor	21	Asics Wests	
38	1817	Lachlan Parry	28	Illawarra Bl	
39	52094	Noah Ramsay	15	Blue Mountai	
40	5476	Shakti Rathore	26	Sydney Unive	
41	43724	Mitchell Reading	18	Illawong Rev	
42	473	Angus Richardson	21	Bankstown Sp	
43	1961	James Roach	18	Newington Co	
44		Nakamura Ryoma	24	Japan	
45		Kitagawa Sho	24	Japan	
46	1328	Josh Swan	23	Mosman Athle	
47	967	Arran Thatcher	21	Sydney Pacif	
48	32	Ben Treeby	23	Sydney Pacif	
49	576	Jack Vane-Tempest	21	Mingara Athl	

50	906	Kenneth Vuong	29	Asics Wests
51	1888	Duncan Watt	24	Illawong Rev
52	940	Hugo Whitehead	20	U.T.S. North
53	45175	Charlie Wilkinson	15	Blue Mountai
54		Kinoshita Yuki	24	Japan

**Event 64 Women 200 Metre Sprint Open (42) Prelims**

**Sunday 10/03/2019 - 4:45 PM**

	Comp#	Name	Age	Team	Seed Time
1	289	Jade Beaven	15	Mingara Athl	
2	2125	Inge Bellemans	24	Sydney Pacif	
3	281	Bronte Carroll	20	Mingara Athl	
4	1673	Tomasin Clark	23	Illawong Rev	
5	583	Rowena Craker	19	Sydney Pacif	
6	1126	Elysha Cramer	16	Sydney Pacif	
7	5886	Catherine D'Souza	20	Sydney Unive	
8	40247	Alice Dixon	16	U.T.S. North	
9		Nicolette Donofrio	17	Unattached	
10	1377	Marsha Dunkel	24	Illawong Rev	
11	43598	Tierney Dunne	17	Athletics Wo	
12	653	Mia Economou	18	Sutherland D	
13	636	Kristie Edwards	19	U.T.S. North	
14	47366	Caitlyn Ferrier	17	Asics Wests	
15	663	Kiara Fioravanti	26	Asics Wests	
16	41880	Mia Friesendorff	14	Campbelltown	
17	1299	Caitlyn Hicks	19	Hills Distri	
18	2177	Isoken Igbinosun	26	Bankstown Sp	
19	376	Sarah James	26	Sutherland D	
20	1113	Emma Kennedy	20	Armidale Ath	
21	1779	Carlie Mciver	20	Illawong Rev	
22	2126	Emma Merlino	27	U.T.S. North	
23	2076	Dolly Mustapha	20	Campbelltown	
24	1937	Jacqueline O'Neill	26	Mingara Athl	
25	42324	Emily Page	16	Hills Distri	
26	14	Larissa Pasternatsky	28	Sydney Unive	
27	1500	Monique Perry	45	U.T.S. North	
28	1144	Stephanie Power	26	U.T.S. North	
29	1028	Monique Quirk	18	Campbelltown	
30	1304	Yael Reed	36	U.T.S. North	
31	10	Anneliese Rubie	27	Sydney Unive	
32	5851	Danica Sardelich	27	Sydney Unive	
33	1104	Liz Scott	20	Sydney Pacif	
34	2089	Katie Smee	22	Westlakes At	
35	463	Melissa Smith	32	Asics Wests	
36	1877	Kelly Spencer	25	Mingara Athl	
37	5887	Jess Stafford	24	Sydney Unive	
38	1182	Jessica Thornton	21	Illawong Rev	
39	604	Deyana Trikaliotis	20	Campbelltown	
40	937	Joanne Waring	30	Hills Distri	
41	42958	Zoe Warland	17	Ryde Athleti	
42	1081	Hayley Wright	15	Campbelltown	

**Event 65 Women 200 Metre Sprint PARA-amb (14) Prelims**

**Sunday 10/03/2019 - 5:00 PM**

	Comp#	Name	Age	Team	Seed Time
1	494	Brittney Beilby T/F20	19	Hills Distri	
2	40474	Lucia Bruce-Gilchrist Tf41	15	Balmain Athl	
3	41372	Tamsin Colley T/F36	17	Hills Distri	
4	678	Alexandria Eves T/F36	30	Dubbo Athlet	
5	373	Jessica Filocamo T/F20	20	Hills Distri	

6	40690	Summer Giddings T/F35	17	Hills Distri
7	48065	Lainee Harrison T/F37	15	Macquarie Hu
8	849	Alissa Jordaan T47/F46	16	U.T.S. North
9	40016	Kailyn Joseph T/F37	17	Cherrybrook
10	43037	Mali Lovell T/F36	15	U.T.S. North
11	323	Carly Salmon T/F35	20	Koorringal-Wa
12	7	Holly Saunders T/F35	16	Cherrybrook
13	75	Stephanie Schweitzer T/F20	27	Hills Distri
14	564	Karlee Symonds T/F11	17	Athletics Wo

**Event 66 Men 200 Metre Sprint PARA-amb (9)**  
**Sunday 10/03/2019 - 5:05 PM**

Comp#	Name	Age	Team	Seed Time
1	1203	Blake Carr T/F20	25	Macquarie Hu
2	2129	Jack Connors T/F20	20	Independent
3	40648	Ryan Conroy T/F37	16	Parramatta C
4	1303	Christian Georgallis T/F36	18	Hills Distri
5	43099	Jackson Love T/F37	13	U.T.S. North
6	872	Zane Newton T/F20	14	Hills Distri
7	42	Edward Parker T/F20	17	Hills Distri
8	78	William Vince-Moin T/F20	21	Armidale Ath
9	743	Nana Wirekoh T/F	23	Campbelltown

**Event 67 Men 200 Metre Sprint PARA-wc (1)**  
**Sunday 10/03/2019 - 5:10 PM**

Comp#	Name	Age	Team	Seed Time
1	22	Gregory Luff T/F	19	Sutherland D

**Event 68 Women 200 Metre Sprint PARA-wc (2)**  
**Sunday 10/03/2019 - 5:10 PM**

Comp#	Name	Age	Team	Seed Time
1	18	Sarah Jane Trevenar Clifton-Bligh'	15	Sydney Unive
2	672	Emily Preketes T/F34	24	St. George D

**Event 69 Men 3000 Metre Steeplechase Open (13)**  
**Sunday 10/03/2019 - 5:20 PM**

Comp#	Name	Age	Team	Seed Time
1	1682	Benjamin Bishop	18	Trinity Athl
2	2968	Jack Brown	21	Asics Wests
3		Benjamin Buckingham	28	Unattached
4	5835	Joe Burgess	23	Sydney Unive
5	302	James Constantine	26	Unattached
6	1087	Benjamin Jagger	21	Sydney Strid
7	1340	Otto Khoo	19	Run Crew
8		Tim Logan	23	Unattached
9	238	Callan MacLeod	20	Australia Ca
10	477	Jakob Madden	18	Mingara Athl
11	59	Kyle McIntosh T/F20	25	Sutherland D
12	5831	Frank Meier	31	Sydney Unive
13	12	James Nipperess	29	Sydney Unive

**Event 70 Women 3000 Metre Steeplechase Open (8)**  
**Sunday 10/03/2019 - 5:35 PM**

Comp#	Name	Age	Team	Seed Time
1	5853	Paige Campbell	23	Sydney Unive
2	1561	Hannah Cerezo	16	U.T.S. North
3	5863	Cheryl Chan	24	Sydney Unive
4	33	Beth Croft	22	Sydney Unive
5	49669	Ava Honore	15	Westfields A
6	1298	Elena Koudasheva	17	Hills Distri
7	2891	Stella Radford	24	Victoria
8	716	Georgia Winkcup	22	University o

**Event 72 Men 110 Metre Hurdles 91.4cm PARA-amb (2)**

**Sunday 10/03/2019 - 6:10 PM**

	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	1203	Blake Carr T/F20	25	Macquarie Hu	
2	42	Edward Parker T/F20	17	Hills Distri	

**Event 79 Men 800 Metre Run PARA-wc (1)****Sunday 10/03/2019 - 7:20 PM**

	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	22	Gregory Luff T/F	19	Sutherland D	

**Event 80 Women 800 Metre Run PARA-wc (3)****Sunday 10/03/2019 - 7:20 PM**

	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	18	Sarah Jane Trevenar Clifton-Bligh '	15	Sydney Unive	
2	2203	Rosemary Little T34/F32	37	Hills Distri	
3	672	Emily Preketes T/F34	24	St. George D	

**Event 81 Men 800 Metre Run PARA-amb (3)****Sunday 10/03/2019 - 7:25 PM**

	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	42	Edward Parker T/F20	17	Hills Distri	
2	1112	James Tirado T/F13	17	Randwick Bot	
3	78	William Vince-Moin T/F20	21	Armidale Ath	

**Event 82 Women 800 Metre Run PARA-amb (4)****Sunday 10/03/2019 - 7:25 PM**

	<b>Comp#</b>	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	41372	Tamsin Colley T/F36	17	Hills Distri	
2	43037	Mali Lovell T/F36	15	U.T.S. North	
3	29	Belinda Scott T/F20	18	Asics Wests	
4	45387	Layla Sharp T/F13	12	Hills Distri	