

SUMMER HANDBOOK 18/19

NSW JUNIOR CHAMPIONSHIPS

1. ENTRIES

1. Athletes competing must be registered with an Athletics NSW club for the 2018/2019 season and be between the ages of 12 and 19 years inclusive i.e. born between 2000 and 2007 inclusive.
2. Athletes are to wear their 2018/2019 registration numbers front and back and their Athletics NSW club uniform.
3. Events will be conducted in the Under 14, Under 15, Under 16, Under 17, Under 18 and Under 20 age group, with age groups determined by age of the athlete on the 31st December 2019. For example, if an athlete is 15 years old on the 31st December 2019, he will be competing in the Under 16 age group.
4. The following events are offered for para athletes; 100m, 200, 800m, Shot Put, Discus Throw, Javelin & Long Jump. Results will be determined as a percentage of the Athletics Australia multi disability scoring tables for each athlete's classification in the Senior (16-19 year) & Junior (12-15 year) age categories.
5. U14 athletes must not compete in the following events: 5000m, 400m hurdles, steeplechase, 5000m walk. U16 athletes must not compete in the 400m hurdles.
6. Athletes are not permitted to compete in more than one age group in the same event. Athletes who wish to compete up an age group may do so (providing they are eligible, see rule 1.5) but cannot also compete in their own age group. Example: a 17 year old boy may compete in the U20 shot put but cannot also compete in the U18 shot put. For the purpose of this rule the following events are considered to be the same event: 3000m & 5000m; straight hurdles; 200m H & 400m H; 3000m Walk & 5000m Walk.
7. Entry for the NSW Junior Championships must be submitted online via www.nswathletics.org.au. Athletes without internet access or credit card should contact Athletics NSW for an alternative method of entry. The entry fee is \$20 per event. An entry fee cap of \$70 applies to all entries.
8. All entries with accompanying payment must be submitted by Wednesday 13th February 2019 at 9am.
9. Entry fees are non-refundable, regardless of circumstance.

10. Registration with Athletics NSW is not available on the day at the Junior Championships. Athlete registration is to be organised before the competition.
11. Spectators will be required to pay gate entry, Adults - \$7.00 per person per day and U18's - \$4.00 per person per day. Competing athletes will be able to gain free access, with their name listed at the gate. Weekend passes are available for \$12.00 for Adults and \$8.00 for U18's.
12. Late entries are not guaranteed and are only accepted on the approval of the Athletics NSW Competition Manager or Technical Delegate. Athletics NSW reserves the right to refuse late entries. If a late entry is accepted, it will cost \$35 per event and must be lodged prior to the advertised late entry cut off time.
13. Entry lists and FINAL timetable will be available on the Athletics NSW website www.nswathletics.org.au by Monday 18th February, 2019. All athletes must check the website after close of entries to confirm the start times of their events.

2. RULES AND PROCEDURES

Please refer to the Athletics NSW State Championship procedures and the amendments/additions as printed below.

1. Athletes must report to Athlete Check-In at least 60 minutes before the start of each of their events to confirm their entry. Failure to check in may result in the athlete being scratched from the event. Athletes are encouraged to check-in at the commencement of each day for all of their events for that day.
2. Athletes not wearing an official competition number WILL NOT be allowed to compete.
3. If an athlete confirms (i.e. checks in) but does not participate or does not compete in all rounds of an event for which they have qualified, the athlete may not be permitted to compete further in the competition as outlined in IAAF Rule 142.4. When participating, athletes must compete honestly with a bona fide effort.
4. Once checked in, TRACK athletes must report to the start of their event at least ten (10) minutes prior to the event starting time.
5. Once checked in, FIELD athletes must report to the start of their event at least twenty (20) minutes prior to the scheduled start time of the event, to allow warm ups to be completed. Athletes who report later may get fewer warm up attempts.
6. Starting blocks must be used for all events up to and including 400m. Only blocks provided by the venue may be used.
7. Spikes must be no longer than 9mm for High Jump and Javelin, or 7mm for other events.
8. Athletes who wish to include their own throwing implements in the Championship equipment pool MUST lodge them with the Technical Manager at the Technical Room no later than 90 minutes before the scheduled starting time of the particular event. Athletes can collect their

implement/s from the Technical Room after the event. Athletes are expected to provide their own vaulting poles. Athletics NSW will not provide vaulting poles.

9. In all FIELD events, except for the high jump and pole vault, each athlete in the U17, U18, and U20 age groups will be allowed three attempts and the eight athletes with the best valid performances will be allowed a further three attempts. Each athlete in the U14, U15, and U16 age groups will be allowed three attempts and the eight athletes with the best valid performances will be allowed a further single attempt. Para athletes in the U16 age group will be allowed four attempts in all field events. Para athletes in the U20 age group will be allowed 6 attempts.
10. The increments for both High Jump and Pole Vault to be determined by the referee and athletes advised at the beginning of the event.

2.11 Lane draws and qualification in track events:

2.11.1 In events where heats are held, as far as possible, not less than nine (9) athletes will advance to the finals.

- i. If there are two (2) heats - then 1st, 2nd, & 3rd from each heat and fastest others qualify.
- ii. If there are three (3) heats - then 1st & 2nd from each heat and fastest others qualify.
- iii. If there are four (4) or more heats, winners from each heat and fastest others qualify.

2.11.2 For events between 100m to 800m inclusive, using 9 lanes, lanes will be drawn as follows: -

- i. In the first round, athletes will be allocated to heats based on advice of best times this season. A draw by lot will be made for the order of heats and the lane of each athlete.
- ii. For the final, athletes will be ranked according to their positions and times in the previous round.

(See IAAF Rule 166.4) Then three draws will be made:

- one for the four highest ranked athletes or teams to determine placings in lanes 4, 5, 6 and 7,
- another for the fifth & sixth ranked athletes or teams to determine placings in lane 8 and 9, and
- another for the three lowest ranked athletes or teams to determine placings in lanes 1, 2 and 3.

Where heats are scheduled, if there are insufficient entries at the close of entries the final will be run at FINAL time. If on the day of competition a heat is no longer required due to athlete(s) failing to check in the final will be run at HEAT time.

2.12 If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events. An athlete may be allowed to take a trial in field events in a different order in all except the final round of competition. If an athlete misses an attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt. Please note, the Little Athletics rule of track taking precedent over field does not apply to IAAF rules. Athletes will need to manage their own events and liaise with relevant event officials.

2.13 The Competition will be conducted under the IAAF false start rule for athletes in the Under 20, Under 18, Under 17, Under 16 and Under 15 age groups. A dispensation has been granted for athletes in the Under 14 age group. To dispel confusion, the false start rule will be as follows;

U14 age groups: - any athlete responsible for a false start shall be warned. Only one false start per race shall be allowed. Any athlete who causes a second false start in the race will be disqualified.

U20, U18, U17, U16, U15 age groups: - immediate disqualification of any athlete causing a false start (one false start incurs disqualification).

Please note - athletes competing up an age group will compete under the rule for the particular age group of competition.

2.14 Protests (IAAF Rule 146)

2.14.1 Any enquiries regarding entries will be handled firstly by the Administration Delegate, then the Jury of Appeal if required.

2.14.2 Any protest regarding competition must be made orally to the Referee by the athlete or by a person acting on his/her behalf within 30 minutes of the official announcement of the result. The Referee may decide on the issue or refer the matter to the Jury of Appeal. The athlete has the right to appeal to the Jury but this must be in writing and submitted to the Administration Manager in the administration area within 30 minutes of the announcement of the referee's decision. This protest must be accompanied by a deposit of \$20 which will be forfeited should the protest not be upheld. Copies of the Protest Form are available from Administration.

2.14.3 In a field event, if an athlete makes an immediate oral protest against having an attempt judged as a foul, the Referee may, at his discretion, order that the trial be measured and the result recorded, in order to preserve the rights of all concerned. The attempt will be recorded as a foul.

