

# NSW RELAY CHAMPIONSHIP MEET RECORDS

(@ 1 November 2018)

Notes about the records:

- Records can only be achieved at the NSW Relay Championships.
- There is on-going research to update and complete these records. Corrections to [David.Tarbotton@gmail.com](mailto:David.Tarbotton@gmail.com)

## OPEN FEMALES

4 x 100m	45.68	Cumberland Ryde Hornsby	1994
4 x 200m	1:36.40	Illawong (Abbie Taddeo, Jess Thornton, Luisa Healey, Elly Graf)	2015
4 x 400m	3:38.84	Newcastle Region (Jacarna Bain-Fenton, Sheena Steinert, Emily Coppins, Pirrenee Steinert)	2011
4 x 800m	8:45.54	Eastern Suburbs	1985
4 x 1500m	18:03.97	Sydney University (Milly Clark, Kelly Young, Nat Archer, Jenny Blundell)	2013
4 x Medley	3:50.38	Sydney University (Jenny Blundell 800m, Anneliese Rubie 400m, Ella Nelson 200m, Liz Jenkins 200m)	2013
4 x 1500m Walk	27.18.45	Asics Wests	2004
4 x Shot Put	54.14m	Sutherland	1995
4 x Discus	184.42m	Bankstown Sports	1998
4 x Long Jump	21.58m	Asics West	1993
4 x High Jump	6.85m	Illawong (Tay-Leiha Clark 1.80, Georgia Kalnin 1.70m, Tomysha Clark 1.70m, Charlotte O'Brien 1.65m)	2016
4 X Pole Vault	9.40m	Wallsend	2002
4 x Hammer	210.43m	Sutherland 2002 4 x Javelin 152.35 Bankstown Sports 2007	

## UNDER 20 FEMALES

4 x 100m	47.31	Cumberland Ryde Hornsby	1994
4 x 200m	1:39.5	Ryde (Anne-Maree McGuire, Diane Holden, Miriam Spitteler, Lyndal Garling)	1981
4 x 400m	3:46.70	Ryde	1980
4 x 800m	8:57.62	Randwick Botany (Selma Kajan, Lara Tamsett, Amy Neville, Claire Doyle)	2005
4 x 1500m	18:22.47	Randwick Botany (Lily & Amy Harding-Delooze, Georgia Evans, Emily Hopper)	2015

## UNDER 18 FEMALES

4 x 100m	47.57	Ryde (Anne-Maree McGuire, Diane Holden, Miriam Spitteler, Lyndal Garling)	1980
4 x 200m	1:39.5	Ryde (Anne-Maree McGuire, Diane Holden, Miriam Spitteler, Lyndal Garling)	1981
4 x 400m	3:46.70	Ryde	1980
4 x 800m	8:57.62	Randwick Botany (Selma Kajan, Lara Tamsett, Amy Neville, Claire Doyle)	2005
4 x 1500m	18:22.47	Randwick Botany (Lily & Amy Harding-Delooze, Georgia Evans, Emily Hopper)	2015
4 x 1500m Walk	28:54.37	Sydney Pacific	2003
4 x Shot Put	57.47m	Hills (Taylah Sengul 15.73m, Jeanette Kepu-Clarke 13.69m, Samantha Farrant 13.10m, Jaimee Farrant 10.85m)	2012

4 x Discus	167.51m	Bankstown Sports	1998
4 x Long Jump	21.20m	Sutherland	2002
4 x High Jump	6.70m	Illawong	2016
		(Georgia Kalnin 1.55m, Tomysha Clark 1.70m, Charlotte O'Brien 1.70m, Eva Kostopoulos 1.60m)	
4 x Hammer	153.56m	Asics West	1995
4 x Javelin	143.79m	Asics Wests	2016
		(Lianna Davidson 43.06m, Natasha Milakovic 35.53m, Kirra Bennett-Smith 33.62m, Mia Gleeson 32.53m)	

#### UNDER 16 FEMALES

4 x 100m	47.62	Illawong Revesby	2017
		(Michaela Cosgrove, Emma Klasen, Elena Delevaris and Isabellah Walker)	
4 x 200m	1:40.28	South Coast	1988
4 x 400m	3:53.47	Kur-ing-gai	1985
4 x 800m	8:59.40	Randwick Botany	2013
		(Manon Wilson, Georgia Evans, Amy Harding-Delooze, Lily Harding-Delooze)	
4 x 1500m	18:37.21	Randwick Botany	2013
		(Manon Wilson, Samantha King, Georgia Evans, Amy Harding-Delooze)	

#### UNDER 14 FEMALES

4 x 100m	50.05	Cumberland Ryde Hornsby	1991
4 x 200m	1:43.99	Western Suburbs	1983
4 x 400m	4:02.92	Springwood	2000
4 x 800m	9:31.29	Sydney Striders	2016
		(Emma O'Reilly, Emma Mahon, Ciara Sinclair, Nicola Hogg)	
4 x 1500m	19:47.71	Macquarie Hunter	2015
		(Kaitlyn Klein, Sarah Pickering, Montana Monk, Charlotte Lowe)	
4 x 1500m Walk	29:32.26	Mingara	2016
		(Allanah Pitcher, Hannah Bolton, Danielle Vesper and Izabella Dunne)	
4 x Shot Put	46.24m	Westfields	2007
4 x Discus	134.13m	Hills District	2008
		(Taylah Sengul 38.07, Filoi Aokuso 37.87, Samantha Farrant 30.21, Daniela Mayol 27.98)	
4 x Long Jump	18.73m	Cherrybrook	2005
		(Dearne Eros 4.91m, Amy Pejkoic 4.81m, Hannah Burgess 4.63m, Emma Hunt 4.38m)	
4 x High Jump	5.90m	Newcastle Hunter Region	1999

#### MASTERS OVER 120+ FEMALE

4 x 100m	49.45	UTS Norths	2016
		(Monique Perry, Kylie Strong, Yael Reed, Renee Robson)	
4 x 200m	1:45.45	Sydney Pacific	2006
4 x 400m	4:00.00	UTS Norths	2016
		( ? )	
4 x 800m	9:44.24	Reebok/Sydney Pacific	1993
4 x 1500m	19:56.05	Reebok/Sydney Pacific	1993

#### MASTERS (All Age) FEMALE

4 x Shot Put	39.82m	UTS Norths	2009
		(Marie Kay 10.29m, Melissa Bonser 10.22, Pam Mountfield 9.36m, Caroline Layt 9.95m)	
4 x Javelin	96.80m	UTS Norths	2017

(Beck Myors 28.53m, Maria Cimino 24.00m, Alice Bohdan 27.34m, Jackie Bezuidenhout 20.17m)

#### MASTERS OVER 160+ FEMALE

4 x 100m	49.44	NSW Masters	2008
4 x 200m	1:43.90	NSW Masters	2005
4 x 400m	4:14.05	NSW Masters	2005
4 x 800m	10:12.93	Sydney University	2002
4 x 1500m	20:14.91	St George	2011
		(Belinda Martin, Karen Stanley, Suzanne Harrington, Robyn Basman)	
4 x Shot	27.09m	Illawong Revesby	2017
		(Deborah Engeler 7.32m, Trudie Barton 7.24m, Helen Nisbet 6.59m, Denise Fellows 5.94m)	
4 x Javelin	65.97m	Illawong Revesby	2017
		(Deborah Engeler 15.13m, Trudie Barton 20.43m, Susan Whatley 18.95m, Denise Fellows 11.46m)	

#### MASTERS OVER 200+ FEMALE

4x 100m	56.29	UTS Norths	2017
		(Kylie Strong, Jackie Bezuidenhout, Janet Naylor, Stephanie Markos)	
4 x 200m	2:03.27	UTS Norths	2014
		(Debra Drennan, Suzanne Brown, Jenny Schell, Gabbie Whelan)	
		Jenny Schell, Kylie Strong, Jackie Bezuidenhout, Deborah Drennan	
4 x 400m	4:27.01	Sydney Pacific	2016
		(Paula Moorhouse, Phillipa Wight, Krista Kovacs and Janelle Delaney)	
4 x 800m	10:54.18	Sydney Pacific	2015
		(Paula Moorhouse, Kriszta Kovacs, Amanda Coombe, Janelle Delaney)	

#### OPEN MALES

4 x 100m	39.51	Sydney University	2015
		(Josh Clarke, Jin Su Jung, Nick Hough and Jarrod Geddes)	
4 x 200m	1:23.04	Homebush Track	1998
		(Scott Vassella, Shem Hollands, Dean Capobianco, Peter Vassella)	
4 x 400m	3:08.04	Eastern Suburbs	1991
4 x 800m	7:27.95	UTS Northern Suburbs	2009
		(Frazer Dowling, James Gurr, Nick Bromley, Tristan Garrett)	
4 x 1500m	15:17.91	Randwick-Botany	2007
		(Jeff Farrelly, Jeff Hunt, Brad Woods, Jeremy Roff)	
4 x Medley	3:18.76	Sydney University	2012
		(Lachlan Renshaw 1:49, Josh Ralph 46.7, Henry Mitchell 21, Nick Hough 20)	
4 x 1500m Walk	22:44.21	Bankstown	1997
4 x Shot Put	53.98	Bankstown	2005
		(Emanuele Fuamatu 15.78m, Steven Sefo 13.18m, Jorg Probst 12.58m, Rangi Ivaiti 12.44m)	
4 x Discus	178.78	Newcastle Region	2011
		(Liam Speers 51.29m, Mitchell Cooper 46.56m, Ben Fitzgerald 52.50m, Matt Harris 38.43m)	
4 x Long Jump	27.06m	UTS Norths	1996
4 x High Jump	8.20m	Macquarie Hunter	2010
		(Mark Taylor 2.15, Nick Moroney 2.10, Miles Cole-Clark 2.00, Liam Wanless 1.95)	
4 x Pole Vault	17.25m	Campbelltown	2002
4 x Hammer	198.1m	Sutherland	2004
4 x Javelin	258.55m	Asics Wests	2016
		(Ben Baker 64.89m, Saxon Ward 61.09m, Rhys Stein 69.14m, John Crandell 63.43m)	

**UNDER 20 MALES**

4 x 100m	41.75	Westfields Sports (Fabrice Lapierre, Joven Clarke, Paul Stickler, Aaron Warbuton)	2001
4 x 200m	1:25.48	Manly Warringah (Jeff Champion 64, Clayton Kearney 64, Ian Mace 66, Gary Theodore 65)	1983
4 x 400m	3:14.61	Tiger West	1986
4 x 800m	7:39.31	Mingara (Angus Baldwin, Craig Cameron, Jesse Beadman, Rob Dredge)	2011
4 x 1500m	16:01.70	Manly Warringah (Alex Law 64, Colin Dalton 66, Warwick Andrews 65, Phillip Patterson 64)	1983

**UNDER 18 MALES**

4 x 100m	42.07	Trinity Athletics Club (Eric Ong, Taylor Currie, Ben Hyslop, Luke Houssarini)	2013
4 x 200m	1:28.41	Newcastle Hunter	1987
4 x 400m	3:20.04	Bankstown Sports	2000
4 x 800m	7:46.20	UTS Norths (Anthony Andreatta , Joel Fitzgerald, Nick Bromley, Sam Hall)	2000
4 x 1500m	16:27.80	Cumberland Ryde Hornsby	1994
4 x 1500m Walk	25:29.40	Central Coast Dylan Richardson, Jack McGinniskin, Oscar Tebbutt, Allanah Pitcher	2017
4 x Shot Put	61.78m	Bankstown Sports	2001
4 x Discus	194.09m	Bankstown Sports	2000
4 x Long Jump	25.31m	Westfields (Kurt Jenner 6.95, Andrew Neville 6.80, Brad Sharne 6.01, Jason Hanna 5.55)	2008
4 x High Jump	7.70m	Illawong (Gianluca Cibeï 2.00m, Harrison Brierley 1.95m, Kobi Sharp 1.90m, Ky Gawinek 1.85m)	2016
4 x Hammer	192.64m	Westfields	2000
4 x Javelin	216.23m	Asics Wests (Elliott Lang 69.24m, Jake Stein 55.84m, Rhys Stein 52.33m, Steven Jessep 38.82m)	2011

**UNDER 16 MALES**

4 x 100m	43.89	Trinity (Byron Hollingworth-Dessent, Dean Kalliris, Sebastien Moir and Chris Ius)	2015
	43.89	Westfields (in heat) (Joshua Sanerivi, Bradley Pereira, Larry Adeniran, Godwin Opoku Mensah)	2016
4 x 200m	1:31.25	Newcastle Hunter	1986
	1:31.25	Trinity (Byron Hollingworth-Dessent, Sebastien Moir, Dean Kalliris, Mark Fokas)	2015
4 x 400m	3:27.98	South Coast	1985
4 x 800m	8:08.55	South Coast	1985
4 x 1500m	17:08.08	South Sydney (Michael Amante, Aaron Hunt, Leigh Tracey, Damien Vonwiller, all 1972)	1987

**UNDER 14 MALES**

4 x 100m	46.59	Newcastle Hunter	1985
4 x 200m	1:35.60	Newcastle Hunter	1985
4 x 400m	3:54.18	Liverpool	1984
4 x 800m	9:05.00	Sutherland	1982
4 x 1500m	18:48.39	Newcastle Veterans (Caleb Agostini, Alex Balogh, Callum Lang, Jessie Maxwell)	2012

4 x 1500m Walk	29:59.76	Illawong	1999
4 x Shot Put	58.43m	Bankstown Sports	1997
4 x Discus	161.30m	Bankstown Sports	1997
4 x Long Jump	21.32m	Trinity	2016
		(Aidan Dong 5.70m, James Park 5.42m, Asher Wilson 5.22m, Finn Murphy 4.98m)	
4 x High Jump	6.40m	Penrith	2002

#### MASTERS OVER 120+ MALE

4 x 100m	43.37	Reebok	1996
		(Martin Lynch, Graham Court, Gary Theodore, Clayton Kearney)	
4 x 200m	1:32.93	Randwick Botany	2001
4 x 400m	3:28.00	Uni NSW	2006
4 x 800m	8:13.84	Athletics Easts	2003
		(Chamkaur Dhaliwal, Peter Sweeny, Ken Wilson, Matt Lynch)	
4 x 1500m	16:50.13	UTS Norths	1995
		(Stuart Paterson, Angus Stewart, Stuart Aikman, Matthew Todd)	

#### MASTERS (All Age) MALE

4 x Shot Put (7.2kg)	45.81m	Athletics Wollongong	2011
		(Stuart Gyngell 15.62m, Peter Reed 11.08m, Philip Frkovic 10.93m, Peter Kidd 8.18m)	
4 x Javelin (800g)	156.46m	Asics Wests	2016
		(Ben Baker 66.05m Anatoly Kirievsky 32.70m, Gavin Vernon 32.17m, Lindsay Scholle 25.54m)	

#### MASTERS OVER 160+ MALE

4 x 100m	44.65	Sydney Pacific	2008
		(Chas Barclay, Dave Isackson, Rod Clarke, Krzystof Wardecki)	
4 x 200m	1:34.80	Sydney Pacific	2002
		(Dave Isackson, Phil Lyons, John Morison, Peter Crombie)	
4 x 400m	3:35.30	Reebok	1998
		(Peter Crombie, John Morison, Dany Hasler, Terry Ryan)	
4 x 800m	8:33.36	UTS Norths	1997
		(Michael Donnelly, Peter Hampshire, David Hardyman, Stuart Paterson)	
4 x 1500m	17:15.71	Sydney Striders	2006
4 x Javelin	96.97m	Girraween	2017
		(Steven Williams 25.15m, Claudio Corvalan 25.14m, Michael Christie 24.52m, Stephen O'Donnell 22.16m)	
4 x Shot	41.24m	Balmain	2017
		Andrew Kohlrusch 11.98m, Andrew Watson 11.57m, Tony D'Agostino 8.37m, ?)	

#### MASTERS OVER 200+ MALE

4 x 100m	45.59	Sydney Pacific	2003
		(Martin Lynch, Phil Lyons, Dave Isackson, Peter Crombie)	
4 x 200m	1:36.48	Sydney Pacific	2003
		(Dave Isackson, Phil Lyons, John Morison, Peter Crombie)	
4 x 400m	3:46.64	Sydney Pacific	2002
		(John Wall, Richard Martin, John Morison, Peter Crombie)	
4 x 800m	9:09.86	Sydney Striders	2010
		(Oliver Keveaney, James Jeffery, Keith Bateman, Dennis Wylie)	
4 x 1500m	18:39.29	Sydney Striders	2008
4 x Javelin	117.47m	Ryde	2017

(Andrew Atkinson-Howatt 35.85, Robert Hanbury-Brown 32.33m, Simon Bergfield 26.98m,  
Peter Lang 22.31m)

**MASTERS OVER 240+ MALE**

4 x 100m	50.90	Sydney Pacific (Martin Lynch, Tony Morphis, Wayne Marriott, Peter Crombie)	2011
4 x 200m	1:47.18	Sydney Pacific (Barry Brooks, Wayne Marriott, David Isackson, Peter Crombie)	2016
4 x 800m	10:29.66	Hills	2014