

# NSW ALL SCHOOLS CHAMPIONSHIPS

## COMPETITION RULES

### **1. ENTRIES**

1.1 NSW athletes must attend a NSW Secondary School and be between the ages of 12 and 19 years inclusive i.e. born between 1997 and 2004. Interstate athletes must attend a Secondary School in their state and be between the ages of 12 and 19 years inclusive.

1.2 Events will be conducted in age groups 12, 13, 14, 15, 16, 17 & 19 years of age. Age is determined as at 31 December 2016.

1.3 The following events are offered for para athletes; 100m, 200, 800m, Shot Put, Discus Throw & Long Jump. Results will be determined as a percentage of the Athletics Australia multi disability scoring tables for each athlete's classification in the Senior (16-19 year) & Junior (12-15 year) age categories.

1.4 Athletes in the 12 & 13 year age groups must not compete in the following events: 5000m, 200m hurdles, 400m hurdles, steeplechase, 5000m walk.

1.5 Athletes are not permitted to compete in more than one age group in the same event. Athletes who wish to compete up an age group may do so (providing they are eligible, see rule 1.4) but are not permitted to also compete in their own age group. Example: a 17 years boy may compete in the 19 years shot put but cannot also compete in the 17 years shot put. For the purpose of this rule the following events are considered to be the same event: 3000m & 5000m; straight hurdles; 200m H & 400m H; 3000m Walk & 5000m Walk.

1.6 Entries must be submitted on the official entry form (photocopies are permitted) or online via [www.nswathletics.org.au](http://www.nswathletics.org.au).

1.7 The athlete entry fee is \$20.00 per event. Confirmation of entry is available by looking at the entry lists on the Athletics NSW website [www.nswathletics.org.au](http://www.nswathletics.org.au). The final timetable and entry lists will be published on the Athletics NSW website by 5pm Friday 7<sup>th</sup> October 2016. All athletes must check the website after close of entries to confirm the start times of their events.

1.8 Entry fees and merchandise fees are non-refundable, regardless of circumstance.

1.9 Entries close on Thursday 22<sup>nd</sup> September 2016 at 9am. Entries should be sent to Athletics NSW, PO Box 595, Sydney Markets, 2129, together with the entry fee. Faxed entries will not be accepted. Online entry is available via [www.nswathletics.org.au](http://www.nswathletics.org.au).

1.10 Late entries are not guaranteed and are only accepted on the approval of the Athletics NSW Competition Manager or Technical Delegate. Athletics NSW reserves the right to refuse late entries. No field event late entries will be accepted regardless of circumstance. If a track late entry is accepted, it will cost \$35 per event and must be lodged 90 minutes prior to the start of the event on the official late entry form.

1.11 The initial timetable is only a DRAFT. Athletes will not be individually notified of changes to the draft timetable. All athletes must check the website after close of entries to confirm the start times of their events.

1.12 Spectators will be required to pay gate entry, Adults - \$7.00 per person per day and U18's / pensioners - \$4.00 per person per day. Competing athletes will be able to gain free access, with their name listed at the gate.

### **2. RULES AND PROCEDURES**

2.1 The Championships will be conducted in accordance with the 2015/16 IAAF & IPC Rules subject to minor modifications approved by Athletics Australia and Athletics NSW, and as modified below.

2.2 Athletes are to wear their school athletics uniform, school PE uniform or their Senior Athletics Club uniform (Little Athletics uniforms and regional uniforms may not be worn). Athletes not wearing their correct uniform WILL NOT be allowed to compete.

2.3 Athletes must sign in at Athlete Check-In at least 60 minutes before the start of each of their events to confirm their entry. Failure to check in may result in the athlete being scratched from the event. Athletes are encouraged to check-in at the commencement of each day for all of their events for that day.

2.4 Athletes will receive their competition numbers when they check-in for their first event, on their first day of competition. Athletes not wearing an official competition number WILL NOT be allowed to compete.

2.5 If an athlete confirms (i.e. checks in) but does not participate or does not compete in all rounds of an event for which they have qualified, the athlete may not be permitted to compete further in the competition as outlined in IAAF Rule 142.4. When participating, athletes must compete honestly with a bona fide effort.

2.6 Athletes must report to the competition area at least 10 minutes prior to the starting time for track events and 20 minutes for all field events except pole vault which is 45 minutes.

2.7 Starting blocks must be used for all events up to and including 400m. Only blocks provided by the venue may be used.

2.8 Spikes must be no longer than 9mm for High Jump and Javelin, or 7mm for other events.

2.9 Athletes who wish to include their own throwing implements in the Championship equipment pool MUST lodge them with the Technical Manager at the Technical Room no later than 90 minutes before the scheduled starting time of the particular event. Athletes must collect their implement/s from the Technical Room after the event. Athletes are expected to provide their own vaulting poles. Athletics NSW will not provide vaulting poles.

2.10 Where heats are scheduled, if there are insufficient entries at the close of entries (9am Thursday 22<sup>nd</sup> September) the final will be run at FINAL time. If on the day of competition a heat is no longer required due to athlete(s) failing to check in the final will be run at HEAT time.

2.11 In all FIELD events, except for the high jump and pole vault, each athlete will be allowed three attempts and the eight athletes with the best valid performances will be allowed a further single attempt. Competition management may reduce the number of attempts if circumstances require.

2.12 The increments for both High Jump and Pole Vault to be determined by the referee and athletes advised at the beginning of the event.

2.13 Lane draws and qualification in track events:

2.13.1 The progression from heats to finals for events up to and including 800m (including hurdles) is as follows:

- i. If there are two (2) heats, 1st, 2nd, & 3rd from each heat and fastest others qualify.
- ii. If there are three (3) heats, 1st & 2nd from each heat and fastest others qualify.
- iii. If there are four (4) or more heats, winners from each heat and fastest others qualify.
- iv. In events up to 110m where heats are held, ten (10) athletes will advance to the final.
- v. For events between 200m to 800m inclusive, nine (9) athletes will advance to the final.

2.13.2 Lanes will be drawn as follows for events up to and including 800m (including hurdles):

- i. In the first round, athletes will be allocated to heats based on advice of best times since October 1<sup>st</sup> 2015. A draw by lot will be made for the order of heats and the lane of each athlete.
- ii. For the final, athletes will be ranked according to their positions and times in accordance with IAAF Rule 166.3(a). Then three draws will be made:

One for the four highest ranked athletes or teams to determine placings in lanes 4, 5, 6 and 7 another for the fifth & sixth ranked athletes or teams to determine placings in lane 8 and 9, and another for the three lowest ranked athletes or teams to determine placings in lanes 1, 2, 3.

NB- When 10 lanes are used for finals, fifth, sixth & seventh ranked athletes will be drawn in lanes 8-10, with the three lowest-ranked athletes drawn in lanes 1-3.

2.13.3 For 1500m events, the progression from heats to finals and lane draw is as follows:

- i. If there are two (2) or three (3) heats, 1st, 2nd, 3rd & 4th from each heat and fastest others qualify.
- ii. Twelve (12) athletes will advance to the final if there are less than 30 athletes in the heats; fifteen (15) athletes will advance to the final if there are 30 or more athletes in the heats.
- iii. In the first round, athletes will be allocated to heats based on advice of best times since October 1<sup>st</sup> 2015. A draw by lot will be made for the order of heats and the starting position of each athlete.
- iv. For the final, a draw by lot will be made for the starting position of each athlete.

2.13.4 In track events that become timed finals, athletes will be allocated to finals based on advice of best times since October 1<sup>st</sup> 2015. A draw by lot will be made for the order of finals and the starting position of each athlete.

2.14 If an athlete is entered in both a track and field event held at the same time (or two field events), the athlete may move between the two events. An athlete may be allowed to take a trial in field events in a different order in all except the final round of competition. If an athlete misses an attempt and the competition continues into the next round, the athlete will be deemed to have passed that attempt. Please note, the Little Athletics rule of track taking precedence over field does not apply to IAAF rules and hence, to this competition. Athletes will need to manage their own events and liaise with relevant event officials.

2.15 The Competition will be conducted under the IAAF false start rule for athletes in the 19, 17, 16, 15, and 14 year age groups. A dispensation has been granted for athletes in the 12 and 13 year age groups. To dispel confusion, the false start rule will be as follows;

12, 13 age groups: - any athlete responsible for a false start shall be warned. Only one false start per race shall be allowed. Any athlete who causes a second false start in the race will be disqualified.

19, 17, 16, 15, 14 age groups: - immediate disqualification of any athlete causing a false start (one false start incurs disqualification).

Please note - athletes competing up an age group will compete under the rule for the particular age group of competition.

2.16. Protests (IAAF Rule 146)

2.16.1 Any enquiries regarding entries will be handled firstly by the Administration Delegate, then the Jury of Appeal if required.

2.16.2 Any protest regarding competition must be made orally to the Referee by the athlete or by a person acting on his/her behalf within 30 minutes of the official announcement of the result. The Referee may decide on the issue or refer the matter to the Jury of Appeal. The athlete has the right to appeal to the Jury but this must be in writing and submitted to the Administration Manager in the administration area within 30 minutes of the announcement of the referee's decision. This protest must be accompanied by a deposit of \$20 which will be forfeited should the protest not be upheld. Copies of the Protest Form are available from Administration.

2.16.3 In a field event, if an athlete makes an immediate oral protest against having an attempt judged as a foul, the Referee may, at his discretion, order that the trial be measured and the result recorded, in order to preserve the rights of all concerned. The attempt will be recorded as a fail.