

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 1 Women 60 Meter Dash Open
Saturday 14/02/2015 - 2:30 PM

	Name	Age	Team	Seed Time
1	Bender, Holly	26	Mt Pritchard	
2	Bohdan, Alice	43	Balmain	
3	Camenzuli, Danielle	41	Mt Pritchard	
4	Celi, Lisa	22	Bankstown Sports	
5	Cimino, Maria	44	Uts Northern Suburbs	
6	Cubban, Ellena	58	Epping	
7	Dawson, Jo	24	Sydney University	
8	Defoe, Dejanee	20	Mt Pritchard	
9	Donougher, Stevie	17	Illawong & Districts	
10	Doyle, Taylor	23	Girraween	
11	Duve, Emily	21	Sydney University	
12	Everett, Jasmine	24	Uts Northern Suburbs	
13	Fioravanti, Kiara	22	Asics West	
14	Fitzsimmons, Melissa	17	Uts Northern Suburbs	
15	Forster, Julie	54	Nsw Masters Inc	
16	Gibbs, Hannah	25	Sydney University	
17	Glover, Worlali	19	Mt Pritchard	
18	Halmy, Bethany	20	Sydney Pacific	
19	Hobson, Ranell	43	Blue Mountains	
20	Hunt, Katrina	19	Uts Northern Suburbs	
21	James, Sarah	22	Sutherland District	
22	Kitas, Kallie	24	Asics West	
23	Lambert, Lenore	46	Nsw Masters Inc	
24	Marie, Geraldine	27	Mt Pritchard	
25	McCloud, Meghann	26	Sydney Pacific	
26	McDermott, Sarah	15	Uts Northern Suburbs	
27	Murray, Natalie	21	St George District	
28	Nelson, Tess	20	Uts Northern Suburbs	
29	O'Grady, Gabriella	18	Uts Northern Suburbs	
30	Pearce, Catherine	26	Cherrybrook	
31	Pegg, Phoebe	29	Old Barker	
32	Perry, Monique	41	Uts Northern Suburbs	
33	Phillips, Brianna	18	Cherrybrook	
34	Pitcaithly, Anita	36	Mt Pritchard	
35	Pye, Scarlett	15	Asics West	
36	Reyes, Marikit	18	Westfields Athletics	
37	smith, melissa	28	Asics West	
38	Suttor, Robyn	56	Mt Pritchard	
39	Wearne, Sylvette	51	Mt Pritchard	
40	Whaler, Laura	28	Sutherland District	
41	whiteside, leigh	29	Sydney Pacific	

Event 2 Men 60 Meter Dash Open
Saturday 14/02/2015 - 2:40 PM

	Name	Age	Team	Seed Time
1	Andrews, Nicholas	18	Cherrybrook	
2	Asare, Kwaku	21	Mt Pritchard	
3	Baskin, Robbie	26	Uts Northern Suburbs	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 2 ... (Men 60 Meter Dash Open)

	Name	Age	Team	Seed Time
4	Beard, Daniel	28	Macquarie Hunter	
5	Bishop, Harrison	17	The Scots College	
6	Bradley, David	68	Sutherland District	
7	Burton, Michael	19	Mt Pritchard	
8	Cai, Desmond	16	Sydney University	
9	Camenzuli, Zane	15	Mt Pritchard	
10	Carey, Alan	65	Blacktown City	
11	christian, isaiah	15	Athletics Nsw	
12	Clarke, Joshua	20	Sydney University	
13	Clothier, Evan	21	Cherrybrook	
14	Coburn, Sam	17	Cherrybrook	
15	Crimi, Anthony	54	Uts Northern Suburbs	
16	Devery, Todd	55	Blue Mountains	
17	Dowling, Connor	15	Athletics Nsw	
18	Dowsett, Matthew	19	Sydney University	
19	Dunne, Michael	32	Bankstown Sports	
20	Dynasty, Edward	17	Trinity	
21	EL Kheir, Mohamad	40	Bankstown Sports	
22	Griffiths, Jordan	19	Blue Mountains	
23	Hannaford, Monty	16	Trinity	
24	Hatton-Ward, Luca	16	Trinity	
25	holmes, neil	53	Nsw Masters Inc	
26	Idiare, Jordan	17	Hills District	
27	Izzo, Herman	55	Sydney Pacific	
28	James, Craig	53	Sutherland District	
29	james, darrin	50	Kembla Joggers	
30	jankowski, george	53	Hills District	
31	Kerry, Jack	16	The Scots College	
32	Kuichen, Wang	13	China	
33	Langtry, Blake	21	Campbelltown Uws	
34	Machisa, Tanaka	21	Mt Pritchard	
35	Malpass, Andrew	27	Old Barker	
36	Martin, Chris	40	Mt Pritchard	
37	Mason, Robert	50	Asics West	
38	McEwan, Clinton	24	Uts Northern Suburbs	
39	McGrath, Tim	53	Uts Northern Suburbs	
40	Murphy, Connor	14	Trinity	
41	Murray, Caerl	40	Cherrybrook	
42	Murray, Peter	55	Nsw Masters Inc	
43	Nguyen, Kent	24	Bankstown Sports	
44	Nolan, Daniel	22	Uts Northern Suburbs	
45	Ockert, George	22	Bankstown Sports	
46	Orlowski, Damian	30	Mt Pritchard	
47	Papalexion, George	46	Mingara Athletics	
48	Parker, Russell	35	Old Barker	
49	Pertsoulis, Peter	18	Trinity	
50	Pillon, Jeff	28	Asics West	
51	Richardson, William	20	Uts Northern Suburbs	
52	Riddell, Thomas	21	Old Barker	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 2 ... (Men 60 Meter Dash Open)

	Name	Age	Team	Seed Time
53	Rushton, Rod	42	Mt Pritchard	
54	Shanghua, Dai	16	China	
55	Shaw, Caelan	16	Sydney Pacific	
56	Smith, David	34	Mt Pritchard	
57	Smith, Gregory	43	Mt Pritchard	
58	Stewart, Laurent	33	Sutherland District	
59	Stinson, Paul	44	Sydney Pacific	
60	Taylor, Dean	52	Sydney Pacific	
61	Tianyang, Lu	14	China	
62	Tilbury, Scott	30	Sydney Pacific	
63	Toohey, Blake	13	Trinity	
64	Tsoi, Brendan	24	Old Barker	
65	turner, dean	38	Campbelltown Uws	
66	Vuong, Kenneth	25	Asics West	
67	Wardecki, Krzysztof	47	Mt Pritchard	
68	Wearne, Bradley	29	Mt Pritchard	
69	Wearne, Shaun	31	Mt Pritchard	
70	Wenjie, Luo	18	China	
71	Wheatley, Gerard	18	Trinity	
72	White, Ed	42	Sydney Pacific	
73	Yi, Zong	14	China	
74	Yiming, Tao	15	China	
75	Zayat, Nicholas	25	Campbelltown Uws	
76	Zezhou, Xu	15	China	
77	Zhenyan, Lu	15	China	
78	Zucchiatti, Josh	18	The Scots College	

Event 4 Men Triple Jump 11m & 13m Open

Saturday 14/02/2015 - 3:00 PM

	Name	Age	Team	Seed Mark
1	Fakiye, Emmanuel	18	Sutherland District	
2	Shanghua, Dai	16	China	

Event 5 Men Javelin Throw 800g Open

Saturday 14/02/2015 - 3:00 PM

	Name	Age	Team	Seed Mark
1	Crandell, John	24	Asics West	
2	jessep, robert	23	Asics West	

Event 7 Men Pole Vault 3.30m Start Open

Saturday 14/02/2015 - 3:00 PM

	Name	Age	Team	Seed Mark
1	Jayasekara, Mudith	19	Asics West	
2	North, Will	18	Uts Northern Suburbs	
3	Wahl, Gabriel	16	Asics West	

Event 8 Women 200 Meter Dash Open

Saturday 14/02/2015 - 3:05 PM

	Name	Age	Team	Seed Time
1	Bender, Holly	26	Mt Pritchard	
2	Blundell, Erin	19	Cherrybrook	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 8 ... (Women 200 Meter Dash Open)

	Name	Age	Team	Seed Time
3	Bohdan, Alice	43	Balmain	
4	Camenzuli, Danielle	41	Mt Pritchard	
5	Celi, Lisa	22	Bankstown Sports	
6	Celnikier, Diane	60	Hills District	
7	Cimino, Maria	44	Uts Northern Suburbs	
8	Cubban, Ellena	58	Epping	
9	Defoe, Dejanee	20	Mt Pritchard	
10	Donougher, Stevie	17	Illawong & Districts	
11	Doyle, Taylor	23	Girraween	
12	Duve, Emily	21	Sydney University	
13	Everett, Jasmine	24	Uts Northern Suburbs	
14	Fitzsimmons, Melissa	17	Uts Northern Suburbs	
15	Forster, Julie	54	Nsw Masters Inc	
16	Glover, Worlali	19	Mt Pritchard	
17	Halmy, Bethany	20	Sydney Pacific	
18	Hobson, Ranell	43	Blue Mountains	
19	Hunt, Katrina	19	Uts Northern Suburbs	
20	James, Sarah	22	Sutherland District	
21	Lambert, Lenore	46	Nsw Masters Inc	
22	Maloney, Krystal	16	Hills District	
23	Marie, Geraldine	27	Mt Pritchard	
24	McCloud, Meghann	26	Sydney Pacific	
25	Morton, Tracey	24	Uts Northern Suburbs	
26	Murray, Natalie	21	St George District	
27	Nelson, Tess	20	Uts Northern Suburbs	
28	O'Grady, Gabriella	18	Uts Northern Suburbs	
29	Pasternatsky, Larissa	24	Sydney University	
30	Pearce, Catherine	26	Cherrybrook	
31	Pegg, Phoebe	29	Old Barker	
32	Phillips, Brianna	18	Cherrybrook	
33	Pitcaithly, Anita	36	Mt Pritchard	
34	Pye, Scarlett	15	Asics West	
35	smith, melissa	28	Asics West	
36	Suttor, Robyn	56	Mt Pritchard	
37	Taddeo, Abbie	21	Illawong & Districts	
38	Wearne, Sylvette	51	Mt Pritchard	
39	whiteside, leigh	29	Sydney Pacific	

Event 9 Men 200 Meter Dash Open**Saturday 14/02/2015 - 3:15 PM**

	Name	Age	Team	Seed Time
1	Asare, Kwaku	21	Mt Pritchard	
2	Baskin, Robbie	26	Uts Northern Suburbs	
3	Beard, Daniel	28	Macquarie Hunter	
4	Bishop, Harrison	17	The Scots College	
5	Bradley, David	68	Sutherland District	
6	Brandwood, Daniel	32	Sydney Pacific	
7	Burton, Michael	19	Mt Pritchard	
8	Cai, Desmond	16	Sydney University	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 9 ... (Men 200 Meter Dash Open)

	Name	Age	Team	Seed Time
9	Camenzuli, Zane	15	Mt Pritchard	
10	Carey, Alan	65	Blacktown City	
11	Cheng, Cheng	16	China	
12	Clarke, Joshua	20	Sydney University	
13	Clothier, Evan	21	Cherrybrook	
14	Crimi, Anthony	54	Uts Northern Suburbs	
15	Davie, EJ	44	Sydney Striders	
16	Devery, Todd	55	Blue Mountains	
17	Dowling, Connor	15	Athletics Nsw	
18	Dowsett, Matthew	19	Sydney University	
19	Dynasty, Edward	17	Trinity	
20	Fakiye, Emmanuel	18	Sutherland District	
21	Fitzpatrick, Alexander	17	Uts Northern Suburbs	
22	Fuller, Nick	24	Sydney Pacific	
23	Griffiths, Jordan	19	Blue Mountains	
24	Gurr, James	32	Uts Northern Suburbs	
25	Hannaford, Monty	16	Trinity	
26	Hatton-Ward, Luca	16	Trinity	
27	holmes, neil	53	Nsw Masters Inc	
28	Izzo, Herman	55	Sydney Pacific	
29	James, Craig	53	Sutherland District	
30	james, darrin	50	Kembla Joggers	
31	Kerry, Jack	16	The Scots College	
32	Kuichen, Wang	13	China	
33	Langtry, Blake	21	Campbelltown Uws	
34	Lobato, Stefan	17	Uts Northern Suburbs	
35	lucas, mitchell	18	St George District	
36	Machisa, Tanaka	21	Mt Pritchard	
37	Major, Luke	21	Uts Northern Suburbs	
38	Malpass, Andrew	27	Old Barker	
39	Martin, Chris	40	Mt Pritchard	
40	Mason, Robert	50	Asics West	
41	McEwan, Clinton	24	Uts Northern Suburbs	
42	Murray, Caerl	40	Cherrybrook	
43	Murray, Peter	55	Nsw Masters Inc	
44	Myors, Jake	19	Nowra	
45	Nolan, Daniel	22	Uts Northern Suburbs	
46	Ockert, George	22	Bankstown Sports	
47	Orlowski, Damian	30	Mt Pritchard	
48	Papalexion, George	46	Mingara Athletics	
49	Pemberton, Brad	15	Mingara Athletics	
50	Pert, Campbell	14	The Scots College	
51	Pillon, Jeff	28	Asics West	
52	Richardson, William	20	Uts Northern Suburbs	
53	Riddell, Thomas	21	Old Barker	
54	Rushton, Rod	42	Mt Pritchard	
55	Shanghua, Dai	16	China	
56	Small, Daniel	27	Westfields Athletics	
57	Smith, David	34	Mt Pritchard	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 9 ... (Men 200 Meter Dash Open)

	Name	Age	Team	Seed Time
58	Smith, Gregory	43	Mt Pritchard	
59	Stenmark, Louis	17	Uts Northern Suburbs	
60	Stewart, Laurent	33	Sutherland District	
61	Stinson, Paul	44	Sydney Pacific	
62	Taylor, Dean	52	Sydney Pacific	
63	Tianyang, Lu	14	China	
64	Tilbury, Scott	30	Sydney Pacific	
65	Toohey, Blake	13	Trinity	
66	Tsoi, Brendan	24	Old Barker	
67	Vuong, Kenneth	25	Asics West	
68	Ward, Ethan	16	Campbelltown Uws	
69	Wardecki, Krzysztof	47	Mt Pritchard	
70	Wearne, Bradley	29	Mt Pritchard	
71	Wearne, Shaun	31	Mt Pritchard	
72	Weiss, Hamish	17	Trinity	
73	Wenjie, Luo	18	China	
74	Wheatley, Gerard	18	Trinity	
75	White, Ed	42	Sydney Pacific	
76	Yi, Zong	14	China	
77	Yiming, Tao	15	China	
78	Zayat, Nicholas	25	Campbelltown Uws	
79	Zezhou, Xu	15	China	
80	Zhenyan, Lu	15	China	
81	Zucchiatti, Josh	18	The Scots College	

Event 10 Men Triple Jump 7m & 9m Open

Saturday 14/02/2015 - 3:40 PM

	Name	Age	Team	Seed Mark
1	Griffiths, Jordan	19	Blue Mountains	
2	Hatton-Ward, Luca	16	Trinity	
3	jankowski, george	53	Hills District	
4	Murphy, Connor	14	Trinity	
5	turner, dean	38	Campbelltown Uws	

Event 11 Men Javelin Throw 700g Open

Saturday 14/02/2015 - 3:40 PM

	Name	Age	Team	Seed Mark
1	christian, isaiah	15	Athletics Nsw	
2	hanbury-brown, robert	59	Ryde	
3	jankowski, george	53	Hills District	
4	Keene, Aaron	16	Asics West	
5	McGrath, Tim	53	Uts Northern Suburbs	
6	Murray, Peter	55	Nsw Masters Inc	

Event 12 Men Javelin Throw 600g Open

Saturday 14/02/2015 - 3:40 PM

	Name	Age	Team	Seed Mark
1	Toohey, Blake	13	Trinity	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 13 Women Javelin Throw 600g Open
Saturday 14/02/2015 - 3:40 PM

	Name	Age	Team	Seed Mark
1	Bohdan, Alice	43	Balmain	
2	Cimino, Maria	44	Uts Northern Suburbs	
3	Waring, Joanne	26	Hills District	

Event 14 Women 400 Meter Dash Open
Saturday 14/02/2015 - 3:40 PM

	Name	Age	Team	Seed Time
1	Blundell, Erin	19	Cherrybrook	
2	Celi, Lisa	22	Bankstown Sports	
3	Dawson, Jo	24	Sydney University	
4	Duve, Emily	21	Sydney University	
5	Forster, Julie	54	Nsw Masters Inc	
6	Halmy, Bethany	20	Sydney Pacific	
7	Iwanoczko, Chloe	20	Hills District	
8	Lambert, Lenore	46	Nsw Masters Inc	
9	Maloney, Krystal	16	Hills District	
10	McDermott, Sarah	15	Uts Northern Suburbs	
11	Murray, Natalie	21	St George District	
12	Pasternatsky, Larissa	24	Sydney University	
13	Schweitzer, Stephanie	23	Hills District	
14	Suttor, Robyn	56	Mt Pritchard	

Event 15 Men 400 Meter Dash Open
Saturday 14/02/2015 - 3:48 PM

	Name	Age	Team	Seed Time
1	Abdullah, Andrew	17	Illawong & Districts	
2	Bishop, Harrison	17	The Scots College	
3	Boot, Ryan	18	Sydney Pacific	
4	Bradley, David	68	Sutherland District	
5	Carey, Alan	65	Blacktown City	
6	Casey, Kieran	17	Uts Northern Suburbs	
7	Clothier, Evan	21	Cherrybrook	
8	Coburn, Sam	17	Cherrybrook	
9	Cozijnsen, Ronald	53	Sutherland District	
10	Cummings, Paul	28	Uts Northern Suburbs	
11	Davie, EJ	44	Sydney Striders	
12	Devery, Todd	55	Blue Mountains	
13	Dibley, Jesse	19	Hills District	
14	Fox, Nick	19	St George District	
15	Furminger, Corey	19	Dubbo	
16	Griffiths, Jordan	19	Blue Mountains	
17	Houssarini, Jared	22	Trinity	
18	Hunt, Hugh	17	Cherrybrook	
19	Idiare, Jordan	17	Hills District	
20	Izzo, Herman	55	Sydney Pacific	
21	James, Craig	53	Sutherland District	
22	james, darrin	50	Kembla Joggers	
23	James, Matthew	18	Sutherland District	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 15 ... (Men 400 Meter Dash Open)

	Name	Age	Team	Seed Time
24	Jeffery, Aaron	17	Uts Northern Suburbs	
25	Jeffery, James	44	Asics West	
26	John, Taylor	18	Bankstown Sports	
27	Kerry, Jack	16	The Scots College	
28	Langtry, Blake	21	Campbelltown Uws	
29	lucas, mitchell	18	St George District	
30	Lui, Ryan	15	The Scots College	
31	Mason, Robert	50	Asics West	
32	McGrath, Tim	53	Uts Northern Suburbs	
33	Murray, Peter	55	Nsw Masters Inc	
34	Myors, Jake	19	Nowra	
35	North, Will	18	Uts Northern Suburbs	
36	Ockert, George	22	Bankstown Sports	
37	Pararajasingham, Haren	26	Sydney University	
38	Pemberton, Brad	15	Mingara Athletics	
39	Pert, Campbell	14	The Scots College	
40	Pillon, Jeff	28	Asics West	
41	Poulet, Mike	33	Uts Northern Suburbs	
42	Richardson, William	20	Uts Northern Suburbs	
43	Ryan, Joseph	20	Sydney University	
44	Shaw, Caelan	16	Sydney Pacific	
45	Small, Daniel	27	Westfields Athletics	
46	Smith, Raymond	23	University of Nsw	
47	Taylor, Dean	52	Sydney Pacific	
48	Tsoi, Brendan	24	Old Barker	
49	Wardecki, Krzysztof	47	Mt Pritchard	
50	Weiss, Hamish	17	Trinity	
51	Wheatley, Gerard	18	Trinity	

Event 16 Women 800 Meter Run Open**Saturday 14/02/2015 - 4:20 PM**

	Name	Age	Team	Seed Time
1	Andrew, Annabelle	15	Uts Northern Suburbs	
2	Beattie, Sarahjane	30	Athletics East	
3	Berridge, Nicole	27	Athletics East	
4	Boyd, Jane	52	Athletics East	
5	Brown, Amy	27	Sydney Pacific	
6	Celi, Lisa	22	Bankstown Sports	
7	cormack, holly	21	Sydney University	
8	Croft, Beth	18	Bankstown Sports	
9	Delaney, Bridey	26	St George District	
10	Drennan, Deborah	57	Uts Northern Suburbs	
11	Evans, Georgia	16	Randwick Botany	
12	Halmy, Bethany	20	Sydney Pacific	
13	Harding-Delooze, Amy	17	Randwick Botany	
14	Harding-Delooze, Lily	17	Randwick Botany	
15	Harrison, Lisa	49	Hills District	
16	Iwanoczko, Chloe	20	Hills District	
17	Keir, Alicia	24	Illawong & Districts	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 16 ... (Women 800 Meter Run Open)

	Name	Age	Team	Seed Time
18	King, Samantha	17	Randwick Botany	
19	Lonchamp, Elina	19	Act	
20	McDermott, Sarah	15	Uts Northern Suburbs	
21	Mckenzie, Emily	32	Athletics East	
22	Pembroke, Georgina	26	Sydney University	
23	Rosenberg, Hope	16	Uts Northern Suburbs	
24	Simpson, Katelyn	21	Randwick Botany	
25	Smith, Davina	24	Sydney University	
26	Thornton-Bott, Isabella	17	Uts Northern Suburbs	
27	Towill, Megan	34	Sydney Striders	
28	Weber, Rosie	22	Sydney University	

Event 17 Women Pole Vault 1.60m Start Open

Saturday 14/02/2015 - 4:30 PM

	Name	Age	Team	Seed Mark
1	Baral, Elizabeth	17	Asics West	
2	Ellis, Selina	46	Hills District	
3	Volos, Johanna	16	Ryde	

Event 18 Men Pole Vault 1.60m Start Open

Saturday 14/02/2015 - 4:30 PM

	Name	Age	Team	Seed Mark
1	Barber, Tom	67	Nsw Masters Inc	
2	Carrero, Phillip	64	Bankstown Sports	
3	Cuevas, Konrad	15	Cherrybrook	
4	Cuevas, Lawrence	13	Cherrybrook	
5	hanbury-brown, robert	59	Ryde	
6	jankowski, george	53	Hills District	
7	Jeffery, Aaron	17	Uts Northern Suburbs	
8	McGrath, Tim	53	Uts Northern Suburbs	
9	Murray, Peter	55	Nsw Masters Inc	
10	Shaw, Caelan	16	Sydney Pacific	
11	Toohey, Blake	13	Trinity	

Event 19 Men 800 Meter Run Open

Saturday 14/02/2015 - 4:35 PM

	Name	Age	Team	Seed Time
1	Byrne, Sam	19	Randwick Botany	
2	Casey, Kieran	17	Uts Northern Suburbs	
3	Cheng, Cheng	16	China	
4	Colless, Samuel	24	Sydney University	
5	Cozijnsen, Ronald	53	Sutherland District	
6	Darby, Brynn	23	Sutherland District	
7	Davie, EJ	44	Sydney Striders	
8	Devery, Todd	55	Blue Mountains	
9	Dhaliwal, Chamkaur	42	Athletics East	
10	Dibley, Jesse	19	Hills District	
11	Donnadieu, Vincent	21	Sydney University	
12	Drayton, Henry	17	The Scots College	
13	Facioni, Zachary	16	Randwick Botany	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 19 ... (Men 800 Meter Run Open)

	Name	Age	Team	Seed Time
14	Garland-Barnes, Fraser	18	Randwick Botany	
15	Heil, Andrew	38	Sydney University	
16	james, darrin	50	Kembla Joggers	
17	John, Taylor	18	Bankstown Sports	
18	Joyce, Matthew	26	Cherrybrook	
19	Keane, John	30	Nepean District	
20	Keane, Justin	41	Nepean District	
21	Keene, Daniel	19	Asics West	
22	Lloyd, Mitchell	33	Hills District	
23	Lui, Ryan	15	The Scots College	
24	Mason, Robert	50	Asics West	
25	McIntosh, Jason	45	Sydney Striders	
26	Mowlam, Bradley	19	Campbelltown Uws	
27	Myors, Jake	19	Nowra	
28	Park, Kevin	18	Hills District	
29	Pemberton, Brad	15	Mingara Athletics	
30	Plummer, Adrian	24	Uts Northern Suburbs	
31	Roff, James	29	Randwick Botany	
32	Rushby, Brodie	16	Nepean District	
33	Ryan, Joseph	20	Sydney University	
34	Scott, Matthew	18	The Scots College	
35	Sharpe, Brad	54	Uts Northern Suburbs	
36	Smith, Linden	29	Sydney University	
37	Spratt, Philip	22	Illawong & Districts	
38	Strutt, Sam	24	Randwick Botany	
39	Waldron, Michael	25	Hills District	
40	Wheatley, Gerard	18	Trinity	
41	Wright, Josh	24	Randwick Botany	
42	Yumeng, Lu	13	China	

Event 20 Women Triple Jump 7m & 9m Open**Saturday 14/02/2015 - 4:40 PM**

	Name	Age	Team	Seed Mark
1	Bohdan, Alice	43	Balmain	
2	Cimino, Maria	44	Uts Northern Suburbs	
3	Donougher, Stevie	17	Illawong & Districts	

Event 23 Women Javelin Throw 500g Open**Saturday 14/02/2015 - 5:00 PM**

	Name	Age	Team	Seed Mark
1	Crandell, Rachael	14	Asics West	
2	Cubban, Ellena	58	Epping	
3	Ralphs, Emma	17	Cherrybrook	

Event 24 Women Javelin Throw 400g Open**Saturday 14/02/2015 - 5:00 PM**

	Name	Age	Team	Seed Mark
1	Brennan, Elise	13	Uts Northern Suburbs	
2	Cubban, Ellena	58	Epping	
3	Ellis, Selina	46	Hills District	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 25 Mixed 5000 Meter Run Community C Open
Saturday 14/02/2015 - 5:00 PM

	Name	Age	Team	Seed Time
1	Alderson, Carol	W54	Community	
2	Bunnell, Fiona	W44	Community	
3	Busutel, Kym	W33	Community	
4	Camara, Charles	M31	Community	
5	Chaoman, Nikki	W39	Community	
6	dewhurst, rex	M55	Community	
7	Gilmour, Joanne	W30	Community	
8	Haynes, Angela	W42	Community	
9	Ho, Minerva	W36	Community	
10	Hopwood, Todd	M40	Community	
11	Ingle, Keith	M55	Community	
12	Jones, Heather	W34	Community	
13	Kerr, Sally	W37	Community	
14	Matthews, James	M37	Community	
15	McCann, Alexandra	W26	Community	
16	McFarland, Daniel	M33	Community	
17	Mitchell, Paul	M62	Community	
18	Montserrat, Wynette	W56	Community	
19	Moore, Elizabeth	W49	Community	
20	mottau, narelle	W47	Community	
21	Murphy, John	M63	Community	
22	Murphy, Johnathon	M18	Community	
23	nikakis, Megan	W35	Community	
24	Norton, Alyssa	W24	Community	
25	O'Neill, Montana	W14	Community	
26	Piper, Marian	W61	Community	
27	Sae-Loy, Pat	W32	Community	
28	Seabrooke, Elizabeth	W25	Community	
29	Siepmann, Dot	W72	Community	
30	Smith, Bianca	W32	Community	
31	Sonter, Sharon	W56	Community	
32	Suryak, Stefanie	W57	Community	
33	Suryak, Wayne	M60	Community	
34	Trinh, Bao	M35	Community	
35	Tyree, Briony	W39	Community	
36	Waymark, Tom	M11	Community	
37	wong, kenneth	M40	Community	
38	yuen, allan	M57	Community	

Event 26 Mixed 5000 Meter Run Community B Open
Saturday 14/02/2015 - 5:50 PM

	Name	Age	Team	Seed Time
1	Baciadonne, carla	W39	Community	
2	Baughman, Karl	M35	Community	
3	bowern, chris	M69	Community	
4	brown, claudia	W42	Community	
5	Cowen, Pual	M33	Community	
6	Cross, Kenneth	M63	Community	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 26 ... (Mixed 5000 Meter Run Community B Open)

	Name	Age	Team	Seed Time
7	Fagan, Nicole	W26	Community	
8	Fry, Jamie	M13	Community	
9	Gillan, Keith	M31	Community	
10	Hackett, Chris	M62	Community	
11	hariri, adib	M28	Community	
12	Hogan, Chris	M37	Community	
13	Howard, Garry	M41	Community	
14	Howell, Billy	M31	Community	
15	Kellett, Jonathan	M31	Community	
16	Kobayashi, Takashi	M43	Community	
17	Lay, John	M34	Community	
18	Ly, Lorraine	W34	Community	
19	McManus, Kelly	W37	Community	
20	Mitchelmore, Julia	W22	Community	
21	Morelato, Marie	W30	Community	
22	Pogson, Chloe	W31	Community	
23	Pourchet, Franck	M37	Community	
24	Prentice, Robert	M61	Community	
25	Regan, Mick	M64	Community	
26	Salakas, Damon	M41	Community	
27	Salem, Allira	W	Community	
28	Sheehan, Mary	W64	Community	
29	Sheeley, Robert	M41	Community	
30	smith, michael	M18	Community	
31	Suana, Enrique	M31	Sydney Striders	
32	sullivan, michael	M20	Community	
33	Trehy, Emma	W37	Community	
34	Wellings, Oliver	M40	Community	
35	Whitbread, Colin	M57	Community	
36	Whitbread, Matthew	M24	Community	
37	Zizic, John	M44	Community	

Event 27 Mixed 5000 Meter Run Community A Open**Saturday 14/02/2015 - 6:20 PM**

	Name	Age	Team	Seed Time
1	Allen, Danielle	W21	Community	
2	Arbib, Mark	M44	Community	
3	Atkinson, Will	M16	Community	
4	Boyan, Chris	M32	Community	
5	Breen, Nathan	M18	Community	
6	Brown, Emma	W30	Community	
7	dean, mitch	M36	Community	
8	Doak, Jenny	W38	Community	
9	Doak, Martin	M41	Community	
10	Everett, James	M31	Community	
11	Herbert, James	M28	Community	
12	Hunt, Heidi	W40	Community	
13	La Forest, Gemma	W23	Community	
14	Lehner, Ben	M32	Community	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 27 ... (Mixed 5000 Meter Run Community A Open)

	Name	Age	Team	Seed Time
15	Lovell, Jaime	W31	Community	
16	Luxton, Tom	M28	Community	
17	Mackenzie, Alexander	M50	Community	
18	Mc Nerney, Declan	M28	Community	
19	Mullins, Gary	M43	Community	
20	O'Connor, Kieran	M40	Community	
21	O'Neill, Lachlan	M16	Community	
22	Okely, Michael	M27	Community	
23	Playfair, Sam	W33	Community	
24	rabie, sandi	W39	Community	
25	Robinson, James	M37	Community	
26	Roediger, Rosemary	W61	Community	
27	Sarkies, Richard	M50	Community	
28	Simon, Renee	W30	Community	
29	Smith, Jason	M15	Community	
30	St Lawrence, Ben	M24	Community	
31	stagg, james	M32	Community	
32	Stocks, Ben	M39	Community	
33	Strom, Christopher	M33	Community	
34	Thomson, Craig	M30	Community	
35	Vu, Martin	M29	Community	
36	Ward, Andrew	M45	Community	
37	Westcott, Scott	M35	Community	
38	Yang, William	M20	Community	
39	Yim, Ricky	M36	Community	

Event 28 Men 5000 Meter Run C Race Open**Saturday 14/02/2015 - 6:45 PM**

	Name	Age	Team	Seed Time
1	Barnes, James	63	Blue Mountains	
2	Constantine, James	22	Athletics East	
3	Cooper, Daniel	43	Athletics Nsw	
4	Fleming, Hayden	14	Athletics Nsw	
5	Gregory, Mark	43	Athletics East	
6	Hallworth, Cameron	28	Sutherland District	
7	Hanna, Nicholas	28	Girraween	
8	Harrison, Robert	19	Bankstown Sports	
9	Holtsbaum, Dave	46	Hills District	
10	Jameson, Max	14	Hills District	
11	Keane, Jason	46	Hills District	
12	Mathewson, Donald	71	Hills District	
13	Phillips, Dan	52	The Scots College	
14	Phillips, Harry	16	The Scots College	
15	Ray, Paul	43	Sutherland District	
16	Schwebel, Ron	64	Sydney Striders	
17	Simpson, Mark	18	St George District	
18	Sivaraj, Manu	52	Randwick Botany	
19	Spehr, Peter	54	Randwick Botany	
20	Suana, Enrique	31	Sydney Striders	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 28 ... (Men 5000 Meter Run C Race Open)

	Name	Age	Team	Seed Time
21	Söderlund, Johan	29	Sydney University	
22	Vuong, Thien	30	Sydney Striders	
23	Williams, Andrew	44	Athletics Nsw	
24	Wylie, Dennis	63	Hills District	

Event 29 Men 5000 Meter Run B Race Open

Saturday 14/02/2015 - 7:15 PM

	Name	Age	Team	Seed Time
1	Bartlett, John	37	Sydney Striders	
2	Breen, Christopher	15	St George District	
3	Breen, Nathan	18	St George District	
4	Brooks, charles	23	Mingara Athletics	
5	Bulloch, Wayne	48	Sydney Striders	
6	Cooper, Martin	19	Kembla Joggers	
7	Cross, Ben	27	Athletics Nsw	
8	Francken, Daniel	18	Athletics Nsw	
9	Fryer, Kurt	17	Randwick Botany	
10	Goodyear, Brady	19	Illawong & Districts	
11	Highnam, Tom	42	Sydney Striders	
12	Ingram, Lewis	29	Sydney Striders	
13	Logan, Harley	22	Queensland	
14	MacDonald, Hamish	34	Randwick Botany	
15	Macdonald, Kyle	22	Bankstown Sports	
16	McClarnon, Paul	46	Sydney Striders	
17	Roberts, Tom	17	Asics West	
18	Spence, David	32	Randwick Botany	
19	Wallace, Hamish	19	Bankstown Sports	
20	Wright, Bradley	16	Hills District	

Event 30 Women 5000 Meter Run A Race Open

Saturday 14/02/2015 - 7:40 PM

	Name	Age	Team	Seed Time
1	Allen, Danielle	21	Community	
2	Amiya-Hall, Audrey	22	Randwick Botany	
3	Archer, Natalie	20	Sydney University	
4	baxter, stephanie	19	Athletics Nsw	
5	Broberg, Julianne	32	Athletics Nsw	
6	Dege, Cassie	30	Victoria	
7	Fitzgerald, Anna	38	Athletics Nsw	
8	Gallen, Elese	21	Uts Northern Suburbs	
9	Gilmour, Lexy	26	Sutherland District	
10	Gregory, Jude	46	Athletics East	
11	Holtsbaum, Georgia	15	Hills District	
12	La Forest, Gemma	23	Sydney University	
13	Lesberg, Nicolette	29	Queensland	
14	Marvin, Sarah	18	Hills District	
15	Spencer, Kate	20	Sydney University	
16	Starrat, Lucy	27	Uts Northern Suburbs	
17	White, Claudia	19	Uts Northern Suburbs	
18	Wilson, Charlotte	23	Uts Northern Suburbs	

Athletics NSW - 14/02/2015
NSW 5000m Championships and Allcomers
SOPAC
Performance List - NSW 5000m & Allcomers

Event 30 ... (Women 5000 Meter Run A Race Open)

	Name	Age	Team	Seed Time
19	Winkcup, Georgia	18	Ryde	
20	Witchard, Melinda	29	Sydney University	

Event 31 Men 5000 Meter Run A Race Open**Saturday 14/02/2015 - 8:10 PM**

	Name	Age	Team	Seed Time
1	Anderson, George	21	Queensland	
2	Bowes, Sean	33	University of Nsw	
3	Carter, Courtney	28	Randwick Botany	
4	Cole, Matt	32	Randwick Botany	
5	Coles-Sinclair, Bryce	21	Illawong & Districts	
6	cope, Nicholas	46	Randwick Botany	
7	Cox, Matthew	25	Uts Northern Suburbs	
8	Craigie, Alan	32	Act	
9	Crook, Daryl	27	Athletics Nsw	
10	Elliott, Patrick	20	Randwick Botany	
11	Goddard, Edward (Ed)	18	Uts Northern Suburbs	
12	Hunt, Jeffrey	33	Randwick Botany	
13	Land, Andrew	22	Mingara Athletics	
14	MacDonald, Ruairidh	21	Uts Northern Suburbs	
15	Macpherson, Keith	24	Randwick Botany	
16	McCuaig-Walton, Dylan	19	St George District	
17	Milosevic, Brad	26	Girraween	
18	Moreau, Ben	34	Randwick Botany	
19	Smithers, Harry	24	Victoria	
20	Spehr, Tim	19	Sydney University	
21	Spießberger - Parke, Arron	19	Nowra	
22	Torley, Joshua	16	Kembla Joggers	
23	Williamson, Alex	21	Sydney University	