



# *schools*knockout

TRACK & FIELD

**Sydney Round: SOPAC – Thursday 31<sup>st</sup> of August**

**Hunter Round: Newcastle – Friday 11<sup>th</sup> of August**

## **Notes on the 2017 Schools Knockout:**

### **Performance Point Score (PPS):**

- The performance point score system allocates points based on the performance of each athlete. For example, 10.50secs for the boys 100m = 1288 points, 11.00secs = 1197 points etc. These points are tallied for all events, and the team with the highest score wins.

- Medals will be awarded for teams finishing first, second and third in their age group.

### **Progression through to the National Final:**

- ***The top three teams from each state will automatically qualify for the national final. Additional teams, based on the national rankings, will be invited, to a maximum of 16 teams for each division.*** Based on previous year's application of the PPS, teams finishing in 5<sup>th</sup> and in some cases 6<sup>th</sup> place can expect to receive an invitation to the national final. However (and ultimately), results in other states will determine how many places NSW will be offered. It would be advisable to flag this with your school's executive as early as possible to allow for fundraising and staff allocation to attend the national final. There is a total of 16 places available in the national final.

-There will be national progression **for all three age divisions.**

-Teams requiring accommodation for the Athletics NSW Schools Knockout are asked to contact Brent Hayward at Athletics NSW to facilitate this at a discount rate in one of the numerous hotels in the Sydney Olympic Park precinct.

### **Integrity Rule:**

ANSW will implement an Integrity Rule to govern the Schools Knockout. The Integrity Rule is designed to improve the efficiency and smooth running of the carnival. The rule states:

-Team Managers will be permitted to make changes to their team as the carnival is in progress and will not need to inform Athletics NSW as long as they adhere to the following:

- 1) The replacing athlete is age eligible
- 2) The replacing athlete doesn't surpass the maximum number of events allowed
- 3) That every attempt has been made by the Team Manager to ensure the accuracy of the team sheet that was handed in at the team meeting

Teams may be disqualified for infringement of the Integrity Rule.

## Events and Event Specifications per age group:

### Junior U15 teams (14 or younger at the 31/12/17)

- \* Teams must fill 8 positions across the 6 individual events + 1 relay
- \* Teams consist of a minimum of 5 and maximum of 6 athletes
- \* Athletes can do a maximum of two individual events
- \* Athletes must do a minimum of 1 individual event
- \* There is no minimum age for competitors. All team members must be bona fide students of the school in 2016.

Junior Events are:

*Track* – 100m (2 athletes per team), 800m (2 per team), boys 100m hurdles (84cms)/ girls 90m hurdles (76cms) (1 per team), 4x200m relay

*Field* – Shot Put (1 per team), Long Jump (1 per team), Javelin (1 per team)

Junior specifications for throws events. Implement weights are:

Boys – 4kg shot put, 700gm javelin

Girls – 3kg shot put, 500gm javelin

### Intermediate U17 (16 or younger at the 31/12/17)

#### Senior U19 (18 or younger at the 31/12/17) Teams

- \* Teams must fill 11 positions across 8 individual events + 1 relay
- \* Teams consist of a minimum of 7 and maximum of 9 athletes
- \* Athletes can do a maximum of 3 individual events
- \* Athletes must do a minimum of 1 individual event
- \* There is no minimum age for competitors. All team members must be bona fide students of the school in 2017.

Events are:

### Intermediate (U17) age group

*Track* – 100m (2 athletes per team), 200m (2 per team), 800m (2 per team), boys 100m hurdles (84cms)/ girls 90m hurdles (76cms) (1 per team), Swedish relay (**100m, 300m, 200m, 400m**)

*Field* - Javelin (1 per team), Shot Put (1 per team), High Jump (1 per team), Long Jump (1 per team)

U15/ U16 national specifications for throws events. Throws implement weights will be:

Boys – 4kg shot put, 700gm javelin

Girls – 3kg shot put, 500gm javelin

### Senior (U19) age group

*Track* - 100m (2 athletes per team), 400m (2 per team), 1500m (2 per team), boys 110m hurdles (91cms)/ girls 100m hurdles (76cms) (1 per team), medley relay (200m, 200m, 400m, 800m)

*Field* - Javelin (1 per team), Shot Put (1 per team), High Jump (1 per team), Long Jump (1 per team)

U17/ U18 national specifications will be used. Throws implement weights will be:

Boys – 5kg shot put, 700gm javelin

Girls – 3kg shot put, 500gm javelin



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CONTACT DETAILS	
SCHOOL NAME:	
SCHOOL CONTACT:	
SCHOOL ADDRESS:	
SUBURB:	
POSTCODE:	
EMAIL:	
PHONE:	
MOBILE:	
FAX:	

*number of teams in each division:*

senior boys	<input type="checkbox"/>	senior girls	<input type="checkbox"/>
inter boys	<input type="checkbox"/>	inter girls	<input type="checkbox"/>
junior boys	<input type="checkbox"/>	junior girls	<input type="checkbox"/>

*Please complete and return this form by 5pm Thursday 14<sup>th</sup> August 2017 with payment or tick the box below to request an invoice. All monies are to be made payable to Athletics NSW.*

Invoice required:

Athletics NSW  
PO BOX 595  
SYDNEY MARKETS NSW 2129

PHONE: 9746 1122 FAX: 9746 1168  
ABN: 11 330 775 869

**THE COST IS \$80.00 PER TEAM ENTERED (inclusive of GST)**

Athletics NSW Privacy Policy makes the following statement:

- 1) The individual is able to gain access to the personal information collected
- 2) Athletics NSW is collecting the personal information above for the purpose of competition entries, insurance cover and distribution of other relevant information of other services offered
- 3) Athletics NSW may disclose information to Athletics Australia, The NSW Institute of Sport and it's insurers
- 4) If personal information is not provided, Athletics NSW may not be able to properly service the individuals membership or effect the appropriate insurance





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## 2017 SCHOOLS KNOCKOUT COMPETITION

### School - TEAM LIST

*This form **MUST BE** brought to the Team Mangers meeting prior to the start of the event.*

School: \_\_\_\_\_

JUNIOR MALE/FEMALE (circle one)

		Name:	D.O.B
100M:		1.	
		2..	
800m		1.	
		2.	
Hurdles		1.	
SHOT		1.	
JAV		1.	
LJ		1.	
4 x 200M Relay		1.	
		2.	
		3.	
		4.	



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## 2017 SCHOOLS KNOCKOUT COMPETITION

### School - TEAM LIST

*This form **MUST BE** brought to the Team Mangers meeting prior to the start of the event.*

School: \_\_\_\_\_

INTER MALE/FEMALE (circle one)

		Name:	D.O.B
100M:		1. 2.	
200M		1. 2.	
800M		1. 2.	
Hurdles		1.	
SHOT		1.	
JAV		1.	
HJ		1.	
LJ		1.	
Swedish Relay		1. 100m 2. 300m 3. 200m 4. 400m	



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## 2017 SCHOOLS KNOCKOUT COMPETITION

### School - TEAM LIST

*This form **MUST BE** brought to the Team Mangers meeting prior to the start of the event.*

School: \_\_\_\_\_

SENIOR MALE/FEMALE (circle one)

		Name:	D.O.B
100M:		1. 2.	
400M		1. 2.	
1500M		1. 2.	
Hurdles		1.	
SHOT		1.	
JAV		1.	
HJ		1.	
LJ		1.	
Medley Relay		1. 200m 2. 200m 3. 400m 4. 800m	