

**2016 NSW Cross Country Championships - 26/06/2016****Nowra****Performance List - NSW Cross Country Championships****Event 11 Boys 3k CC U13 & U14 (56)****Sunday 26/06/2016 - 11:00 AM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Adams, Jake		13 Kembla Joggers Inc	
2	Arnold, Jasper		12 Nowra Athletics	
3	Atkinson, Joshua		13 Hills District Athletics	
4	Babian, Jake		11 Nowra Athletics	
5	Beasley, Jarrod		13 Westfields Athletics	
6	Bloem, Zac		12 Hills District Little Athletic	
7	Boyes, Luke		13 Blue Mountains Athletics	
8	Buckham, Max		13 Nowra Athletics	
9	Cantlon, Patrick		13 Trinity Athletics Club	
10	Chand, Praneesh		13 Westfields Athletics	
11	Christian, Theo		12 Trinity Athletics Club	
12	Constable, William		12 Asics Wests Track & Field	
13	Cooper, William		12 Trinity Athletics Club	
14	Delo, Scott		11 Nowra Athletics	
15	Denneen, Corey		13 Sutherland District Athletics	
16	Dobson, Alec		12 Nowra Athletics	
17	Dobson, Max		12 Sutherland Little Athletics	
18	Fennell, Reyne		13 Kembla Joggers Inc	
19	Ferrier, Cameron		12 Asics Wests Track & Field	
20	Flint, Benjamin		12 Southlakes Little Athletics	
21	Flood, Rhys		13 Nowra Athletics	
22	Habler, Bailey		12 Randwick Botany Harriers	
23	Hamilton, Vinnie		13 Kembla Joggers Inc	
24	Hanna, Ashton		12 Ryde Athletics	
25	Helmer, Carson		13 Sydney Pacific	
26	Henderson-Walls, Nathan		13 Kembla Joggers Inc	
27	Hewett, Cameron		13 Liverpool Little Athletics	
28	Holland, Jai		12 Raymond Terrace Athletics	
29	Howarth, Zane		12 Dapto Little Athletics	
30	Hyde, Nicholas		12 Sydney Striders Road Runners C	
31	Jessep, Tom		12 Trinity Athletics Club	
32	Johnson, Lucas		12 Nowra Athletics	
33	Kelly, Daniel		13 Blue Mountains Athletics	
34	Kelly, Mitchell		13 Blue Mountains Athletics	
35	Laycock, Andrew		12 Emu Plains Little Athletics	
36	Macmillan, Finn		13 St George District	
37	Mantarro, Ben		12 Asics Wests Track & Field	
38	Mantarro, Jack		13 Asics Wests Track & Field	
39	McCutcheon, Zac		12 Canterbury Little Athletics	
40	Meakin, Noah		12 Sutherland Little Athletics	
41	O'Brien, Alexander		13 Nowra Athletics	
42	Offord, Joel		11 Kembla Joggers Inc	
43	Rockliff, Sam		13 Asics Wests Track & Field	
44	Shaw, Isaac		12 Kembla Joggers Inc	
45	Shephard, Ben		13 Nowra Athletics	
46	Silins, Aleks		12 Kembla Joggers Inc	
47	Sink, Christopher		13 Kembla Joggers Inc	
48	Sivills, Patrice		12 Kembla Joggers Inc	
49	Smith, James		12 Mosman Little Athletics	
50	Smith, Lachlan		13 Shoalhaven Little Athletics	
51	Stokeld, Jack		13 Sydney Striders Road Runners C	
52	Stokeld, Thomas		11 Sydney Striders Road Runners C	

53	Summers, Ethan	13	Campbelltown Collegians Little
54	Timbrell, Max	11	Kembla Joggers Inc
55	Wallace-Smith, Flynn	13	Macquarie Hunter Little Athlet
56	Ward, Tayne	11	Kembla Joggers Inc

**Event 12 Girls 3k CC U13 & U14 (71)**

**Sunday 26/06/2016 - 11:10 AM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Akonnah, India	13	Albion Park Little Athletics	
2	Arnott, Charlie	11	Sydney Striders Road Runners C	
3	Bird, Jessica	12	Asics Wests Track & Field	
4	Blanch, Emma	13	St George District	
5	Brandt, Lili	12	St George District	
6	Burinaga, Emily	12	Nowra Athletics	
7	Cadden, Hannah	13	Australian Capital Territory	
8	Cameron, Jade	13	Randwick Botany Harriers	
9	Carey, Lauren	13	St George District	
10	Cerezo, Hannah	13	Uts Norths	
11	Chamberlain, Lara	12	Uts Norths	
12	Cooper, Amelia	12	St George District	
13	Dagher, Sophia	13	Westfields Athletics	
14	Daymond, Brianna	13	Edgeworth and Districts	
15	Deans, Jessica	13	Woolgoolga Athletics	
16	Dowsett, Kaylee	12	Macquarie Hunter Little Athlet	
17	Drinkwater, Aleksia	13	Westfields Athletics	
18	Dunn, Emma	13	Australian Capital Territory	
19	Fayers, Cassandra	13	Macquarie Hunter Athletics	
20	Ferenczi, Sophie	12	Randwick Botany Harriers	
21	Finati, Lily	13	Randwick Botany Harriers	
22	Gocher, Emily	13	Sydney Striders Road Runners C	
23	Goehner, Maeve	13	Glenbrook Senior Athletics	
24	Gordon, Rafi	12	Sydney Striders Road Runners C	
25	Grebert, Arienna	12	Cherrybrook Little Athletics	
26	Hogg, Nicola	13	Sydney Striders Road Runners C	
27	Holland, Baylee	13	Raymond Terrace Athletics	
28	Honore, Ava	12	Asics Wests Track & Field	
29	Hurst, Charli	13	Lake Illawarra Little Athletic	
30	Illingworth, Nina	13	Australian Capital Territory	
31	Jones, Charlotte	12	St George District	
32	Larkin, Mirah	12	Springwood Little Athletics	
33	Lovlin, Hannah	13	Sydney Striders Road Runners C	
34	Lowe, Charlotte	13	Macquarie Hunter Athletics	
35	Mahon, Emma	13	Sydney Striders Road Runners C	
36	Mardini, Isabella	13	Asics Wests Track & Field	
37	McPhillips, Ruby	13	Kembla Joggers Inc	
38	Merriman, Paige	13	Westfields Athletics	
39	Meyers, Keira-Lee	13	Kembla Joggers Inc	
40	Moloney, Emily	13	Asics Wests Track & Field	
41	Monk, Montana	12	Macquarie Hunter Athletics	
42	Mood, Casey	12	Sutherland District Athletics	
43	Munroe, Zara	13	Hills District Little Athletic	
44	Nash, Cassie	12	Douglas Park Little Athletics	
45	Noonan, Capri	12	Westfields Athletics	
46	O'Reilly, Emma	13	Sydney Striders Road Runners C	
47	Olson-Keating, Emma	12	Sydney University Athletics	
48	Pascoe, Chelsea	13	Nowra Athletics	
49	Pernecker, Ashley	12	Mingara Athletics	
50	Pitcher, Allanah	13	Mingara Athletics	
51	Quigley, Lacie	12	Tamworth Athletics	

52	Rauter, Jordyne	13	Australian Capital Territory
53	Richards, Georgia	13	Nowra Athletics
54	Schiffmann, Sarah	13	Scone Amateur
55	Schneider, Tayla	13	Sutherland District Athletics
56	Scoufis, Eva	12	Asics Wests Track & Field
57	Shine, Kiara	12	Asics Wests Track & Field
58	Sigal, Eden	12	Illawong & Districts Senior
59	Sinclair, Ciara	13	Sydney Striders Road Runners C
60	Sivills, Olivia	12	Kembla Joggers Inc
61	Smyth, Astrid	12	Australian Capital Territory
62	Southby, Olivia	13	Campbelltown Collegians
63	Stewart, Imogen	11	Illawong Little Athletics
64	Summerill, Victoria	13	Kembla Joggers Inc
65	Tier, Paris	13	Randwick Botany Harriers
66	Vesper, Danielle	13	Mingara Athletics
67	Ward, Lauren	13	Camden Athletics
68	Warneke, Marie Celie	11	Australian Capital Territory
69	Weinert, Casey	12	Mingara Athletics
70	Woolridge, Erin	13	Kembla Joggers Inc
71	Young, Lauren	13	Asics Wests Track & Field

**Event 13 Women 6k CC U20 (13)**

**Sunday 26/06/2016 - 11:20 AM**

	Name	Age	Team	Seed Time
1	Augustine, Emily		19 Sydney University Athletics	
2	Harding-Delooze, Lily		18 Randwick Botany Harriers	
3	Hopkins, Karina		18 Australian Capital Territory	
4	Hopper, Emily		18 Randwick Botany Harriers	
5	Howard, Antonia		19 Uts Norths	
6	Marvin, Sarah		19 Sydney University Athletics	
7	Miller, Alley		18 Asics Wests Track & Field	
8	O'Bryan, Erin		18 Sutherland District Athletics	
9	Pascoe, Jessica		19 Sydney University Athletics	
10	Pounder, Estella		18 Asics Wests Track & Field	
11	Rankin, Asleigh		18 Sutherland District Athletics	
12	Skyring, Maudie		19 Kembla Joggers Inc	
13	Thornton-Bott, Isabella		18 Uts Norths	

**Event 14 Women 6k CC 55+, 60+, 65+, 70+, 75+ (19)**

**Sunday 26/06/2016 - 11:20 AM**

	Name	Age	Team	Seed Time
1	Allen, Joy		61 St George District	
2	Basman, Robyn		58 Illawong & Districts Senior	
3	Beardslee, Margaret		58 Mingara Athletics	
4	Chenery, Sue		59 Bankstown Sports Senior	
5	Cox, Cathy		60 Bankstown Sports Senior	
6	Drennan, Deborah		58 Uts Norths	
7	Dulhunty, K.Marina		57 Hills District Athletics	
8	Gernyi, Maxine		57 Nowra Athletics	
9	Hillsdon, Dianne		71 Bankstown Sports Senior	
10	Jessop, Gina		62 Bankstown Sports Senior	
11	Moeller-Duhme, Eva		66 Nowra Athletics	
12	O'Mara, Lyn		66 Bankstown Sports Senior	
13	Perry, Rosalind		64 Athletics Wollongong Inc	
14	Petley, Karen		57 Hills District Athletics	
15	Roediger, Rosemary		62 Hills District Athletics	
16	Sheehan, Mary		65 Bankstown Sports Senior	
17	Siepmann, Dorothy		73 Bankstown Sports Senior	
18	Swinbourne, Ann		59 Nowra Athletics	

19 Yarnell, Caroline

56 Sydney Striders Road Runners C

**Event 15 Boys 6k CC U17 & U18 (46)**

**Sunday 26/06/2016 - 11:40 AM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Atkinson, Will	17	Asics Wests Track & Field	
2	Beetson, Ryan	17	Randwick Botany Harriers	
3	Bottrill, James	17	Bankstown Sports Senior	
4	Breen, Christopher	16	St George District	
5	Brink, Marcus	16	Hills District Athletics	
6	Brown, Hayden	16	Bankstown Sports Senior	
7	Campion, Matthew	17	Athletics Glen Innes	
8	Cavanagh, Daniel	17	St George District	
9	Crews, Aaron	16	Hills District Athletics	
10	Crews, Jacob	16	Hills District Athletics	
11	Dobson, Hugh	16	Nowra Athletics	
12	Dodd, Angus	17	Asics Wests Track & Field	
13	Doherty, Charlie	17	Uts Norths	
14	Donohue, Lachlan	16	Australian Capital Territory	
15	Doris, Jordan	16	Kembla Joggers Inc	
16	Facioni, Zachary	17	Randwick Botany Harriers	
17	Gale-Re, Tim	16	Bankstown Sports Senior	
18	Gard, Riley	16	Hills District Athletics	
19	Glass, Matthew	16	Jamison Little Athletics	
20	Head, Joshua	17	Kembla Joggers Inc	
21	Holland, Dylan	17	Kembla Joggers Inc	
22	Illingworth, Henry	16	Australian Capital Territory	
23	Katsilis, Nicholas	17	Balmain Athletics Club	
24	Keir, William	16	Randwick Botany Harriers	
25	Khoo, Otto	16	Balmain Athletics Club	
26	Mahon, Max	16	Sydney Striders Road Runners C	
27	McPhillips, Finlay	16	Kembla Joggers Inc	
28	Metcalf, Elliot	16	Uts Norths	
29	Mills, Jack	17	Sydney Striders Road Runners C	
30	Morris, Eligh	17	Kembla Joggers Inc	
31	Phillips, Joshua	17	Sydney Striders Road Runners C	
32	Porter, Jack	17	Sutherland District Athletics	
33	Rushworth, Brent	17	Kembla Joggers Inc	
34	Schofield, Jayden	17	Balmain Athletics Club	
35	Schofield, Luke	17	Balmain Athletics Club	
36	Seal, James	16	Kembla Joggers Inc	
37	Sharp, Jackson	16	Blue Mountains Athletics	
38	Silver, Joshua	16	Sydney Pacific	
39	Simpson, Matthew	17	St George District	
40	Simson, Luke	17	Sydney Striders Road Runners C	
41	Szakacs, Kade	17	Kembla Joggers Inc	
42	Thomas, Nicholas	17	Parramatta Little Athletics	
43	Wade, Harrison	17	Ryde Athletics	
44	Warren, Finbarr	17	Balmain Athletics Club	
45	Whiteley, Connor	17	Orange Runners	
46	Whittington, Troy	17	Nowra Athletics	

**Event 16 Girls 4k CC U15 & U16 (45)**

**Sunday 26/06/2016 - 12:00 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Bell, Kaitlin	15	Glenbrook Senior Athletics	
2	Bennett, Jessica	15	Sutherland District Athletics	
3	Brown, Samantha	15	Parramatta City Track & Field	

4	Cameron Hancock, Jaylah	14	Nowra Athletics
5	Christian, Elena	14	Illawong & Districts Senior
6	Dobson, Leah	14	Nowra Athletics
7	Eskridge, Kyle	14	Kembla Joggers Inc
8	Fennell, Sian	15	Kembla Joggers Inc
9	Ferrier, Caitlyn	14	Asics Wests Track & Field
10	Flynn, Georgia	14	Sutherland District Athletics
11	Gentle, Chloe	15	St George District
12	Gocher, Sophie	15	Sydney Striders Road Runners C
13	Hinchliff, Mia	14	Sydney Striders Road Runners C
14	Hogg, Olivia	15	Sydney Striders Road Runners C
15	Holt, Danielle	14	Nowra Athletics
16	Hopper, Georgina	14	Mosman Little Athletics
17	Jones, Isabella	15	Mingara Athletics
18	Kennedy, Victoria	15	Nowra Athletics
19	Kingsmill, Astrid	15	Sydney Striders Road Runners C
20	Klein, Kaitlyn	14	Macquarie Hunter Athletics
21	Lewis, Renee	14	Asics Wests Track & Field
22	Marshall- Witte, Indianna	14	Sydney Pacific
23	Metcalf, Jacinta	14	Uts Norths
24	Moloney, Hannah	14	Asics Wests Track & Field
25	Morris, Indeah	14	Kembla Joggers Inc
26	Mustapic, Tara	14	Nowra Athletics
27	Peppard, Ruarhi	14	Westfields Athletics
28	Piazza, olivia	14	Kembla Joggers Inc
29	Playford, Madeline	14	Ryde Athletics
30	Porter, Taylor	15	Sutherland District Athletics
31	Rockliff, Abbey	15	Asics Wests Track & Field
32	Roodbeen, Madison	15	Kembla Joggers Inc
33	Rowntree, Layla	14	Australian Capital Territory
34	Ryan, Charlotte	15	Ryde Athletics
35	Schneider, Emily	15	Sutherland District Athletics
36	Scott, Belinda	15	Asics Wests Track & Field
37	Scoufis, Zoe	14	Asics Wests Track & Field
38	Sligar, Amy	14	Kembla Joggers Inc
39	Small, Keely	15	Kembla Joggers Inc
40	Smyth, Imogen	14	Australian Capital Territory
41	Spamer, Danika	14	Macquarie Hunter Athletics
42	Wilson, Kiahnae	15	Hills District Athletics
43	Woodger, Tiahna	14	Sutherland District Athletics
44	Woodward, Kaitlin	14	Westfields Athletics
45	Woolridge, Ella	14	Kembla Joggers Inc

**Event 17 Boys 4k CC U15 & U16 (41)**

**Sunday 26/06/2016 - 12:10 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Beer, Angus	14	Newington College Athletics	
2	Bishop, Benjamin	15	Trinity Athletics Club	
3	Buckham, Jesse	15	Nowra Athletics	
4	Coates, Jack	14	Sydney Striders Road Runners C	
5	Cole, Fergus	15	Sydney Striders Road Runners C	
6	Constable, James	14	Asics Wests Track & Field	
7	Davies, Thomas	15	Sydney Striders Road Runners C	
8	Dawtre, Ben	15	Sydney Striders Road Runners C	
9	Dawtre, Zac	14	Sydney Striders Road Runners C	
10	Dobson, Riley	14	Sutherland District Athletics	
11	Edstein, Benjamin	14	Raymond Terrace Little Athleti	
12	Francis, Lachlan	14	Sydney Striders Road Runners C	

13	Fryer, Drew	15	Randwick Botany Harriers
14	Gair, William	15	Sutherland District Athletics
15	Gosper, Luke	15	Bankstown Sports Senior
16	Griffiths, Sam	15	Kembla Joggers Inc
17	Hammond, Kai	14	St George District
18	Harrison, Kieren	15	Nowra Athletics
19	Hartnett, Blake	15	Nowra Athletics
20	Havadjia, Ethan	14	Nowra Athletics
21	Hennessy, Darcy	14	Kembla Joggers Inc
22	Hince, Luke	14	Kembla Joggers Inc
23	Hopkins, Darcy	14	Nowra Athletics
24	Hungerford, Daniel	14	Kembla Joggers Inc
25	Kaye, Logan	14	Trinity Athletics Club
26	Kingsmill, Curtis	14	Sydney Striders Road Runners C
27	Longworth, Hamish	14	Sydney Striders Road Runners C
28	Mardini, Marc	14	Asics Wests Track & Field
29	Martin, Zac	15	Mingara Athletics
30	Mood, Samuel	14	Sutherland District Athletics
31	Norton, Brooklyn	15	Randwick Botany Harriers
32	Offord, Dylan	14	Kembla Joggers Inc
33	Olson-Keating, James	14	Sydney University Athletics
34	Parsons, Mitchell	15	Westfields Athletics
35	Raimond, Oli	15	Sutherland District Athletics
36	Rasmussen, Daniel	15	Sydney Striders Road Runners C
37	Salter, Cody	14	Kembla Joggers Inc
38	Van Dyk, Byron	14	Nowra Athletics
39	Warneke, Ede	14	Australian Capital Territory
40	Xia, Patrick	14	Randwick Botany Harriers
41	Young, Luke	15	Macquarie Hunter Athletics

**Event 18 Girls 4k CC U17 & U18 (35)**

**Sunday 26/06/2016 - 12:20 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Boland, Lillian		17 Nowra Athletics	
2	Daunt, Stacey		16 Randwick Botany Harriers	
3	Davies, Rose		17 Adamstown New Lambton	
4	Edwards, Shenay		16 Nowra Athletics	
5	Elphick, Bianca		17 Kembla Joggers Inc	
6	Evans, Georgia		17 Randwick Botany Harriers	
7	Flynn, Caitlin		16 Sutherland District Athletics	
8	Francis, Jessica		17 Sydney Striders Road Runners C	
9	Garrick, Jasmyn		17 Asics Wests Track & Field	
10	Guo, Jessica		17 Sutherland District Athletics	
11	Heeney, Ella		16 Armidale Athletics	
12	Hince, Lydia		17 Kembla Joggers Inc	
13	Hoitink, Ellie		16 Australian Capital Territory	
14	Hopkins, Courtney		17 Australian Capital Territory	
15	Isaacs, Annelise		17 Westfields Athletics	
16	Jarvis, Rebecca		17 Australian Capital Territory	
17	Kriedemann, Ellen		16 Randwick Botany Harriers	
18	Loveday, Cailyn		16 Campbelltown Collegians	
19	Martin, Elizabeth		17 Kembla Joggers Inc	
20	Mcdermott, Sarah		16 Uts Norths	
21	Miller, Catherine		16 Asics Wests Track & Field	
22	Munro, Briony		16 Nowra Athletics	
23	Offord, Matilda		17 Kembla Joggers Inc	
24	Penn, Mackenzie		16 Mingara Athletics	
25	Preeo, Hannah		17 Kembla Joggers Inc	

26	Quoyle, Molly	16 Uts Norths
27	Rankin, Taylah	16 Sutherland District Athletics
28	Reece, Sarah	16 Uts Norths
29	Schofield, Kirrali	16 Balmain Athletics Club
30	Spalvins, Nikita	17 Sydney Pacific
31	Szakacs, Shayla	16 Kembla Joggers Inc
32	Vidler, Capri	16 Cherrybrook Senior Athletics
33	Waite, Gabrielle	17 Westfields Athletics
34	Watson, Brittany	17 Sutherland District Athletics
35	Young, Kathleen	16 Macquarie Hunter Athletics

**Event 19 Men 8k CC U20 (24)**  
**Sunday 26/06/2016 - 12:30 PM**

	Name	Age	Team	Seed Time
1	Breen, Nathan		19 St George District	
2	Della Cioppa, Christian		19 The Scots College	
3	Edwards, Jye		18 Nowra Athletics	
4	Francken, Daniel		19 Sydney Striders Road Runners C	
5	Fryer, Kurt		18 Randwick Botany Harriers	
6	Garland-Barnes, Fraser		19 Uts Norths	
7	Goddard, Edward		19 Uts Norths	
8	Halmy, Adam		19 Sydney Striders Road Runners C	
9	Hamilton, Scotti		18 Kembla Joggers Inc	
10	Hazan, Daniel		18 Randwick Botany Harriers	
11	Jagger, Benjamin		18 Sydney Striders Road Runners C	
12	John, Taylor		19 Bankstown Sports Senior	
13	Lott Jr., Stephen		18 Macquarie Hunter Athletics	
14	Martin, Brandon		18 Kembla Joggers Inc	
15	McClusky, Callum		18 Australian Capital Territory	
16	McGill, Harrison		18 Nowra Athletics	
17	Mulherin, Harlan		18 Sydney Striders Road Runners C	
18	Playford, Benjamin		18 Ryde Athletics	
19	Scarr, Matthew		18 Mingara Athletics	
20	Simpson, Mark		19 St George District	
21	Tall, Kieren		18 Sydney Striders Road Runners C	
22	Trippas, Edward		18 Bankstown Sports Senior	
23	Watchorn, Daniel		18 Sutherland District Athletics	
24	Woodger, Kai		18 Sutherland District Athletics	

**Event 20 Men 8k CC 55+, 60+, 65+, 70+, 75+ (46)**  
**Sunday 26/06/2016 - 12:30 PM**

	Name	Age	Team	Seed Time
1	Atkins, Alan		78 Bankstown Sports Senior	
2	Barrett, Doug		64 Uts Norths	
3	Beahan, Gavin		69 Bankstown Sports Senior	
4	Boyle, Brad		56 Bankstown Sports Senior	
5	Broughton, Bill		64 Nowra Athletics	
6	Buttigieg, Joe		68 Hills District Athletics	
7	Byrne, Peter		57 Hills District Athletics	
8	Cassettari, Peter		68 Bankstown Sports Senior	
9	Cox, Milton		67 Nowra Athletics	
10	Darby, Geoff		62 Sutherland District Athletics	
11	Di Michiel, Peter		69 Bankstown Sports Senior	
12	Graves, Ian		72 Sutherland District Athletics	
13	Hillsdon, Roger		77 Bankstown Sports Senior	
14	Hutton, Peter		60 Sutherland District Athletics	
15	Khourey, Peter		58 Nowra Athletics	
16	Kilham, Michael		60 Bankstown Sports Senior	

17	Kolodziej, Richard	62	Bankstown Sports Senior
18	Lee, Andy	65	Sutherland District Athletics
19	Mackie, Brian	58	Illawong & Districts Senior
20	MacMillan, Ross	56	Sutherland District Athletics
21	Mathewson, Donald	72	Hills District Athletics
22	McEwan, David	61	Hills District Athletics
23	Moeller-Duhme, Eric	70	Nowra Athletics
24	Mortimer, Michael	59	Bankstown Sports Senior
25	Napper, Stephen	70	Hills District Athletics
26	O'Mara, Michael	64	Bankstown Sports Senior
27	Perry, Ronald	77	Athletics Wollongong Inc
28	Pickard, Robert	66	Nowra Athletics
29	Re, Tony	78	Bankstown Sports Senior
30	Riches, David	59	Bankstown Sports Senior
31	Robertson, Jack	72	Nowra Athletics
32	Rose, Ian David	58	Hills District Athletics
33	Schaefer, Heiko	77	Sydney Striders Road Runners C
34	Sharpe, Brad	55	Uts Norths
35	Simpson, Bob	55	St George District
36	Sutton, Richard	66	Bankstown Sports Senior
37	Terranova, Nicolas	59	Hills District Athletics
38	Thom, Bill	76	Bankstown Sports Senior
39	Thompson, Garry	65	Bankstown Sports Senior
40	Tognini, Ricardo	64	Bankstown Sports Senior
41	Tomasini, Martin	60	Nowra Athletics
42	Walton, John	68	Bankstown Sports Senior
43	Whitbread, Colin	58	Bankstown Sports Senior
44	Williams, Dennis	68	Hills District Athletics
45	Wong, Patrick	61	Bankstown Sports Senior
46	Wylie, Dennis	64	Hills District Athletics

**Event 21 Women 10k CC Open 35+, 40+, 45+, 50+ (39)**

**Sunday 26/06/2016 - 2:00 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Amiya-Hall, Audrey	23	Randwick Botany Harriers	
2	Babian, Laura	37	Nowra Athletics	
3	Bell, Elisha	34	Nowra Athletics	
4	Bilic, Stephanie	37	Bankstown Sports Senior	
5	Bond, Anglea	47	Nowra Athletics	
6	Brown, Emma	31	Sydney Pacific	
7	Carrier, Marina	20	Sydney University Athletics	
8	Chan, Cheryl	21	Athletics East	
9	Dobson, Kim	43	Nowra Athletics	
10	Gallen, Elese	22	Uts Norths	
11	Gard, Linda	51	Hills District Athletics	
12	Gilmour, Lexy	27	Randwick Botany Harriers	
13	Hamilton, Lauren	31	Sydney Pacific	
14	Havadjia, Alison	53	Nowra Athletics	
15	Hayter, Terrie	49	Bankstown Sports Senior	
16	Hill, Kaitlin	20	Illawong & Districts Senior	
17	Hobbs, Kate	21	Uts Norths	
18	Holmes, Rebecca	42	Athletics East	
19	Hopkins, Katherine	44	Nowra Athletics	
20	Hunt, Heidi	41	Randwick Botany Harriers	
21	Leadbeatter, Angela	40	Macquarie Hunter Athletics	
22	Macniven, Rona	35	Athletics East	
23	McPhillips, Vicki	42	Kembla Joggers Inc	
24	Moxham, Teresha	35	Nowra Athletics	
25	Pembroke, Georgina	27	Sydney University Athletics	



26	Rankin, Jo	46	Sutherland District Athletics
27	Re, Margaret	50	Bankstown Sports Senior
28	Robertson, Marnie	24	Macquarie Hunter Athletics
29	Sampson, Annette	53	Nowra Athletics
30	Simon, Laura	27	Macquarie Hunter Athletics
31	Simpson, Katelyn	22	Randwick Botany Harriers
32	Sohun, Gillian	46	Athletics East
33	Spencer, Kate	21	Randwick Botany Harriers
34	Suffolk, Cristine	46	Nowra Athletics
35	Tsiamoulis, Jenny	53	Bankstown Sports Senior
36	Vrachliotis, Heather	33	Sydney Pacific
37	Weber, Rosie	23	Sydney University Athletics
38	White, Claudia	20	Athletics East
39	Wilson, Joanne	39	Sutherland District Athletics

**Event 22 Men 10k CC Open 35+, 40+, 45+, 50+ (87)**

**Sunday 26/06/2016 - 3:00 PM**

	<b>Name</b>	<b>Age</b>	<b>Team</b>	<b>Seed Time</b>
1	Abdi, Youcef		39 Bankstown Sports Senior	
2	Alameddine, Louie		39 Bankstown Sports Senior	
3	Alchin, Darren		44 Bankstown Sports Senior	
4	Babian, Leith		50 Nowra Athletics	
5	Baddeley, Karl		27 Athletics East	
6	Balassone, Daniel		25 St George District	
7	Barnett, Neil		48 Kembla Joggers Inc	
8	Bell, Martin		37 Nowra Athletics	
9	Bennett, Nick		45 Sutherland District Athletics	
10	Bratovic, Ed		48 Girraween Senior	
11	Brooks, Charles		24 Mingara Athletics	
12	Burgess, Joe		20 Sydney University Athletics	
13	Carrett, Paul		47 Hills District Athletics	
14	Carter, Courtney		29 Randwick Botany Harriers	
15	Chamberlain, Kevin		54 Uts Norths	
16	Cooper, Clive		32 Sydney University Athletics	
17	Cooper, Martin		20 Kembla Joggers Inc	
18	Cope, Nicholas		47 Randwick Botany Harriers	
19	Costello, James		39 Athletics East	
20	Cox, Matthew		26 Uts Norths	
21	Cross, Andrew		44 Sutherland District Athletics	
22	Cross, Ben		28 Sydney University Athletics	
23	Cupitt, Bart		44 Bankstown Sports Senior	
24	Darby, Brynn		24 Sutherland District Athletics	
25	Dawes, Jim		45 Randwick Botany Harriers	
26	De Luca, Mark		27 Randwick Botany Harriers	
27	Diviney, Fintan		48 St George District	
28	Dobson, Scott		44 Nowra Athletics	
29	Doggett, Michael		43 Asics Wests Track & Field	
30	Duncan, Alister		51 Bankstown Sports Senior	
31	Duncan, Paul		51 Nowra Athletics	
32	Gill, Andrew		46 Hills District Athletics	
33	Graves, Gregory		39 Sutherland District Athletics	
34	Harris, Christopher		53 Bankstown Sports Senior	
35	Harrison, Robert		20 Bankstown Sports Senior	
36	Hazan, Michael		26 Randwick Botany Harriers	
37	Healy, James		21 Sydney University Athletics	
38	Hotham, Joshua		20 Bankstown Sports Senior	
39	Howe, Bernard		52 Bankstown Sports Senior	
40	Hynoski, Geoffrey		48 Illawarra Blue Stars	

41	Johnson, Scott	48	Nowra Athletics
42	Kempson, Lloyd	22	Randwick Botany Harriers
43	Land, Andrew	23	Mingara Athletics
44	Legget, Charles	28	Athletics East
45	Leung, Ming	48	Nowra Athletics
46	Loy, Warren	51	St George District
47	Mac Donald, Ruairidh	22	Uts Norths
48	Macdonald, Kyle	23	Bankstown Sports Senior
49	Matthews, Craig	53	Sutherland District Athletics
50	McAllister, Sam	24	Uts Norths
51	McCuaig-Walton, Dylan	20	Sydney University Athletics
52	McGuire, Paul	55	Athletics East
53	Mclucas, David	53	Hills District Athletics
54	McPhillips, Patrick	48	Kembla Joggers Inc
55	Meers, Eli	37	Kembla Joggers Inc
56	Milosevic, Brad	27	Girraween Senior
57	Molesworth, Timothy	37	Bankstown Sports Senior
58	Mood, Martin	44	Sutherland District Athletics
59	Mullins, Gary	44	Sydney Pacific
60	Nairn, Brandon	23	St George District
61	O'Brien, Earl	31	Blue Mountains Athletics
62	Olbrich, Thomas	47	Hills District Athletics
63	Peters, Todd	24	St George District
64	Peterson, Leo	25	Uts Norths
65	Plummer, Adrian	25	Uts Norths
66	Reid, Matthew	27	Sydney Pacific
67	Robertson, Kevin	41	Sutherland District Athletics
68	Safi, Karl	43	Bankstown Sports Senior
69	Sawyers, Bradley	23	Nowra Athletics
70	Seal, Alexander	20	Kembla Joggers Inc
71	Shergold, Nathanael	29	Mingara Athletics
72	Sinibaldi, Tony	47	Bankstown Sports Senior
73	Sivaraj, Manu	53	Randwick Botany Harriers
74	Smith, Darrin	41	Nowra Athletics
75	South, Phil	47	Sutherland District Athletics
76	Stein, Paul	49	Kembla Joggers Inc
77	Strand, Perry	52	Nowra Athletics
78	Sullivan, David	49	St George District
79	Summers, Harry	26	Randwick Botany Harriers
80	Taylor, Joal	47	Hills District Athletics
81	Tse, Thomas	54	Bankstown Sports Senior
82	Van Steel, Ben	28	Uts Norths
83	Wallace, Anthony	50	Bankstown Sports Senior
84	Watchorn, Alistair	53	Sutherland District Athletics
85	Whelan, Steve	53	Hills District Athletics
86	Wilson, Troy	38	Sutherland District Athletics
87	Woods, Robert	55	Nowra Athletics