

NSW Masters Championships - 20/02/2016 - 21/02/2016

Athletics NSW

SOPAC

Final Results

Event 300 Women 60 Metre Dash 30-34

Name	Age	Team	Finals	Wind
1 5452 Reed, Yael	33	U.T.S. North	8.31	0.9
2 2409 Milne, Aanika	34	Mingara Athl	8.34	0.9
3 8005 Bolakis, Alison	34	Nsw Masters	8.47	0.9
4 8012 Drosd, Katie	34	Raymond Terr	9.66	0.9
5 4183 Holahan, Melissa	32	Wallsend Rsl	9.77	0.9

Event 299 Women 60 Metre Dash 35-39

Name	Age	Team	Finals	Wind
1 3719 Smith, Amy	35	Sydney Pacif	8.48	1.0
2 2801 Otto de Grancy, Ke	39	Nsw Masters	8.87	1.0
3 2640 Hamilton, Janie	39	Nowra Athlet	8.94	1.0
4 2803 Potter, Tammy	36	Nsw Masters	9.31	1.0
5 510 Westcott, Belinda	35	Nepean Distr	9.66	1.0
6 364 Chapman, Belinda	35	U.T.S. North	9.91	1.0
7 4090 Livingston, Aileen	38	Wallsend Rsl	11.02	1.0

Event 298 Women 60 Metre Dash 40-44

Name	Age	Team	Finals	Wind
1 5003 Hobson, Ranell	43	Blue Mountai	8.15	1.6
2 3682 McFadden, Kelly	44	Sydney Pacif	8.44	1.6
3 3720 Pastuskova, Zuzana	41	Sydney Pacif	8.45	1.6
4 400 Bohdan, Alice	43	U.T.S. North	8.56	1.6
5 2487 Camenzuli, Daniell	41	Mounties Ath	8.87	1.6
6 444 Cimino, Maria	44	U.T.S. North	9.08	1.6

Event 297 Women 60 Metre Dash 45-49

Name	Age	Team	Finals	Wind
1 3652 Lambert, Lenore	46	Sydney Pacif	8.37	0.6
2 422 Bezuidenhout, Jacq	49	U.T.S. North	8.40	0.6
3 2383 Ingram, Richelle	46	Mingara Athl	8.46	0.6
4 809 Deas, Helen	47	Athletics East	8.79	0.6
5 1492 Bishop, Jennifer	45	Cherrybrook	8.87	0.6
6 2453 Myers, Cherie	47	Mingara Athl	9.25	0.6
7 2418 Carlin, April	49	Mingara Athl	9.50	0.6

Event 296 Women 60 Metre Dash 50-54

Name	Age	Team	Finals	Wind
1 2020 Douglass, Lynda	53	Illawarra Bl	8.71	1.2
2 2379 Townsend, Vicki	51	Mingara Athl	9.03	1.2
3 331 Schell, Jenny	53	U.T.S. North	9.21	1.2
4 2573 Beukes, Amanda	53	Newcastle Ve	9.21	1.2
5 3699 Wight, Philippa	52	Sydney Pacif	9.56	1.2
6 303 Brown, Suzanne	50	U.T.S. North	9.69	1.2
7 3675 Neal, Catherine	54	Sydney Pacif	9.81	1.2
8 1602 Koribalski, Baerbe	51	Epping Distr	9.94	1.2

Event 295 Women 60 Metre Dash 55-59

Name	Age	Team	Finals	Wind
1 4344 Kay, Marie	56	Athletics Wo	8.62	2.4
2 1472 Stagles, Sally	55	Cherrybrook	9.17	2.4
3 2519 Suttor, Robyn	57	Mounties Ath	9.20	2.4
4 1600 Cubban, Ellena	58	Epping Distr	10.08	2.4
5 2027 Mead, Annette	56	Illawarra Bl	10.53	2.4

Event 294 Women 60 Metre Dash 60-64

Name	Age	Team	Finals	Wind
1 2036 Lowe, June	61	Illawarra Bl	9.63	0.8
2 4086 Short, Teri	62	Wallsend Rsl	15.46	0.8

Event 293 Women 60 Metre Dash 65-69

Name	Age	Team	Finals	Wind
1 3705 Moorhouse, Paula	67	Sydney Pacif	10.44	0.8
2 2772 Brown, Judy	66	Nsw Masters	14.19	0.8

Event 291 Women 60 Metre Dash 75-79

Name	Age	Team	Finals	Wind
1 2781 Cook, Kathleen	78	Nsw Masters	11.96	0.8

Event 44 Women 100 Metre Dash 30-34

Name	Age	Team	Finals	Wind
1 2409 Milne, Aanika	34	Mingara Athl	13.51	-3.4

2	5452	Reed, Yael	33	U.T.S. North	13.77	-3.4
3	8005	Bolakis, Alison	34	Nsw Masters	14.02	-3.4
4	8012	Drosd, Katie	34	Raymond Terr	15.91	-3.4
5	4183	Holahan, Melissa	32	Wallsend Rsl	16.19	-3.4

Event 43 Women 100 Metre Dash 35-39

Name	Age	Team	Finals	Wind		
1	2157	Hughes, Natasha	37	Illawong and	13.16	-3.2
2	3719	Smith, Amy	35	Sydney Pacif	13.72	-3.2
3	2801	Otto de Grancy, Ke	39	Nsw Masters	14.32	-3.2
4	2640	Hamilton, Janie	39	Nowra Athlet	14.70	-3.2
5	2314	Grozdanis, Tracey	38	Macquarie Hu	14.96	-3.2
6	2803	Potter, Tammy	36	Nsw Masters	15.09	-3.2
7	510	Westcott, Belinda	35	Nepean Distr	15.72	-3.2
8	364	Chapman, Belinda	35	U.T.S. North	16.69	-3.2
9	4090	Livingston, Aileen	38	Wallsend Rsl	17.96	-3.2

Event 42 Women 100 Metre Dash 40-44

Name	Age	Team	Finals	Wind		
1	5003	Hobson, Ranell	43	Blue Mountai	13.14	-1.8
2	388	Perry, Monique	41	U.T.S. North	13.43	-1.8
3	3720	Pastuskova, Zuzana	41	Sydney Pacif	13.56	-1.8
4	400	Bohdan, Alice	43	U.T.S. North	13.71	-1.8
5	3682	McFadden, Kelly	44	Sydney Pacif	13.79	-1.8
6	544	Quirk, Nicole	40	Nepean Distr	14.37	-1.8
7	444	Cimino, Maria	44	U.T.S. North	15.22	-1.8
8	5692	Brady, Kay	42	Campbelltown	16.07	-1.8

Event 41 Women 100 Metre Dash 45-49

Name	Age	Team	Finals	Wind		
1	422	Bezuidenhout, Jacq	49	U.T.S. North	13.47	-1.5
2	808	Deans, Sharon	46	Athletics East	13.52	-1.5
3	3652	Lambert, Lenore	46	Sydney Pacif	13.58	-1.5
4	396	Strong, Kylie	48	U.T.S. North	13.61	-1.5
5	809	Deas, Helen	47	Athletics East	14.36	-1.5
6	1492	Bishop, Jennifer	45	Cherrybrook	14.46	-1.5
7	2453	Myers, Cherie	47	Mingara Athl	15.09	-1.5
8	2418	Carlin, April	49	Mingara Athl	15.69	-1.5

Event 40 Women 100 Metre Dash 50-54

Name	Age	Team	Finals	Wind		
1	5004	Forster, Julie	54	Blue Mountai	13.57	-1.4

2	2479	Wearne, Sylvette	51	Mounties Ath	14.15	-1.4
3	2020	Douglass, Lynda	53	Illawarra Bl	14.29	-1.4
4	2573	Beukes, Amanda	53	Newcastle Ve	14.35	-1.4
5	2379	Townsend, Vicki	51	Mingara Athl	14.56	-1.4
6	3699	Wight, Philippa	52	Sydney Pacif	15.55	-1.4
7	3675	Neal, Catherine	54	Sydney Pacif	15.72	-1.4
8	1602	Koribalski, Baerbe	51	Epping Distr	16.37	-1.4
--	2046	Mogentale, Gianna	53	Illawarra Bl	DNF	-1.4

Event 39 Women 100 Metre Dash 55-59

Name	Age	Team	Finals	Wind		
1	4344	Kay, Marie	56	Athletics Wo	13.87	-3.1
2	2519	Suttor, Robyn	57	Mounties Ath	14.90	-3.1
3	5458	Whelan, Gabrielle	55	U.T.S. North	15.12	-3.1
4	1472	Stagles, Sally	55	Cherrybrook	15.13	-3.1
5	1600	Cubban, Ellena	58	Epping Distr	16.19	-3.1
6	5853	Mcdowell, Linda	58	Sydney Pacif	16.60	-3.1
7	3729	Douglas, Karen	56	Sydney Pacif	17.46	-3.1
8	2027	Mead, Annette	56	Illawarra Bl	17.75	-3.1

Event 38 Women 100 Metre Dash 60-64

Name	Age	Team	Finals	Wind		
1	2036	Lowe, June	61	Illawarra Bl	16.12	-3.2
2	4086	Short, Teri	62	Wallsend Rsl	27.90	-3.2

Event 37 Women 100 Metre Dash 65-69

Name	Age	Team	Finals	Wind		
1	3705	Moorhouse, Paula	67	Sydney Pacif	17.17	-3.2
2	2772	Brown, Judy	66	Nsw Masters	22.92	-3.2

Event 35 Women 100 Metre Dash 75-79

Name	Age	Team	Finals	Wind		
1	2781	Cook, Kathleen	78	Nsw Masters	20.44	-3.2

Event 34 Women 100 Metre Dash 80+

Name	Age	Team	Finals	Wind		
1	5465	Barrett, Laurel	86	U.T.S. North	29.23	-3.2

Event 100 Women 200 Metre Dash 30-34

Name	Age	Team	Finals	Wind
1 3673 Hiscox, Jitka	31	Sydney Pacif	26.70	0.3
2 5452 Reed, Yael	33	U.T.S. North	27.82	0.3
3 8012 Drosd, Katie	34	Raymond Terr	32.39	0.3
4 4183 Holahan, Melissa	32	Wallsend Rsl	36.25	0.3

Event 99 Women 200 Metre Dash 35-39

Name	Age	Team	Finals	Wind
1 2157 Hughes, Natasha	37	Illawong and	27.29	NWI
2 3719 Smith, Amy	35	Sydney Pacif	27.90	NWI
3 2801 Otto de Grancy, Ke	39	Nsw Masters	29.96	NWI
4 2803 Potter, Tammy	36	Nsw Masters	31.68	NWI
5 510 Westcott, Belinda	35	Nepean Distr	31.88	NWI
6 4090 Livingston, Aileen	38	Wallsend Rsl	38.72	NWI

Event 98 Women 200 Metre Dash 40-44

Name	Age	Team	Finals	Wind
1 3720 Pastuskova, Zuzana	41	Sydney Pacif	27.71	-2.3
2 400 Bohdan, Alice	43	U.T.S. North	28.39	-2.3
3 2432 Kelly, Nicky	43	Mingara Athl	29.24	-2.3
4 801 Briffa, Renee	41	Athletics East	29.50	-2.3
5 544 Quirk, Nicole	40	Nepean Distr	30.09	-2.3
6 444 Cimino, Maria	44	U.T.S. North	32.35	-2.3

Event 113 Women 200 Metre Dash 45-49

Name	Age	Team	Finals	Wind
1 3652 Lambert, Lenore	46	Sydney Pacif	27.03	-1.5
2 808 Deans, Sharon	46	Athletics East	27.35	-1.5
3 422 Bezuidenhout, Jacq	49	U.T.S. North	27.41	-1.5
4 809 Deas, Helen	47	Athletics East	30.16	-1.5
5 2453 Myers, Cherie	47	Mingara Athl	31.10	-1.5
6 2635 Musgrove, Darlene	45	Nowra Athlet	33.88	-1.5

Event 112 Women 200 Metre Dash 50-54

Name	Age	Team	Finals	Wind
1 5004 Forster, Julie	54	Blue Mountai	28.90	-3.2
2 2479 Wearne, Sylvette	51	Mounties Ath	30.04	-3.2
3 2379 Townsend, Vicki	51	Mingara Athl	30.15	-3.2
4 2573 Beukes, Amanda	53	Newcastle Ve	30.57	-3.2
5 2020 Douglass, Lynda	53	Illawarra Bl	30.72	-3.2
6 3699 Wight, Philippa	52	Sydney Pacif	33.31	-3.2

7 3675 Neal, Catherine 54 Sydney Pacif 36.11 -3.2

Event 95 Women 200 Metre Dash 55-59

Name	Age Team	Finals	Wind
1 4344 Kay, Marie	56 Athletics Wo	29.20	-3.4
2 2519 Suttor, Robyn	57 Mounties Ath	31.04	-3.4
3 5458 Whelan, Gabrielle	55 U.T.S. North	31.07	-3.4
4 1601 Walker, Margaret	56 Epping Distr	32.24	-3.4
5 5853 Mcdowell, Linda	58 Sydney Pacif	33.87	-3.4
6 1600 Cubban, Ellena	58 Epping Distr	34.99	-3.4
7 2408 Peksis, Julie	56 Mingara Athl	36.23	-3.4
8 3729 Douglas, Karen	56 Sydney Pacif	36.78	-3.4

Event 94 Women 200 Metre Dash 60-64

Name	Age Team	Finals	Wind
1 4086 Short, Teri	62 Wallsend Rsl	54.70	-2.3

Event 93 Women 200 Metre Dash 65-69

Name	Age Team	Finals	Wind
1 3705 Moorhouse, Paula	67 Sydney Pacif	35.44	-2.3
2 2772 Brown, Judy	66 Nsw Masters	53.18	-2.3

Event 91 Women 200 Metre Dash 75-79

Name	Age Team	Finals	Wind
1 2781 Cook, Kathleen	78 Nsw Masters	45.80	-2.3

Event 329 Women 400 Metre Dash 30-34

Name	Age Team	Finals
1 285 Nash, Penelope	30 Blue Mountai	1:09.67
2 8012 Drosd, Katie	34 Raymond Terr	1:22.88
3 4183 Holahan, Melissa	32 Wallsend Rsl	1:44.84

Event 328 Women 400 Metre Dash 35-39

Name	Age Team	Finals
1 2640 Hamilton, Janie	39 Nowra Athlet	1:08.65
2 510 Westcott, Belinda	35 Nepean Distr	1:17.50
3 1400 Heinecke, Kayleen	38 Campbelltown	1:18.21

Event 326 Women 400 Metre Dash 40-44

Name	Age	Team	Finals
1 3639 Kovacs, Kriszta	42	Sydney Pacif	1:03.85
2 2432 Kelly, Nicky	43	Mingara Athl	1:04.88
3 2487 Camenzuli, Daniell	41	Mounties Ath	1:06.51

Event 327 Women 400 Metre Dash 45-49

Name	Age	Team	Finals
1 3652 Lambert, Lenore	46	Sydney Pacif	1:01.12
2 422 Bezuidenhout, Jacq	49	U.T.S. North	1:06.72
3 269 Carter, Janie	46	Blue Mountai	1:08.32
4 3671 Coombe, Amanda	48	Sydney Pacif	1:15.67

Event 325 Women 400 Metre Dash 50-54

Name	Age	Team	Finals
1 5004 Forster, Julie	54	Blue Mountai	1:06.52
2 2573 Beukes, Amanda	53	Newcastle Ve	1:08.25
3 331 Schell, Jenny	53	U.T.S. North	1:12.12
4 3699 Wight, Philippa	52	Sydney Pacif	1:15.36
5 303 Brown, Suzanne	50	U.T.S. North	1:27.35

Event 324 Women 400 Metre Dash 55-59

Name	Age	Team	Finals
1 5458 Whelan, Gabrielle	55	U.T.S. North	1:09.70
2 5853 Mcdowell, Linda	58	Sydney Pacif	1:17.48
3 2408 Peksis, Julie	56	Mingara Athl	1:21.96
4 3729 Douglas, Karen	56	Sydney Pacif	1:24.76
5 1714 Dulhunty, K.Marina	56	Hills Distri	1:34.61

Event 323 Women 400 Metre Dash 60-64

Name	Age	Team	Finals
1 4086 Short, Teri	62	Wallsend Rsl	2:29.25

Event 322 Women 400 Metre Dash 65-69

Name	Age	Team	Finals
1 3705 Moorhouse, Paula	67	Sydney Pacif	1:17.86

Event 321 Women 400 Metre Dash 70-74

Name	Age	Team	Finals
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1 753 Eller, Lesley 72 Athletics East 1:37.69

Event 75 Women 800 Metre Run 30-34

Name	Age	Team	Finals
1 5666 Williamson, Nicole	34	Orange Runners Club	2:28.87
2 790 Macniven, Rona	34	Athletics East	2:29.66
3 5016 Dege, Cassie	30	Blue Mountai	2:30.99
4 512 Keehn, Bianca	33	Nepean Distr	3:06.76
5 4183 Holahan, Melissa	32	Wallsend Rsl	3:53.04

Event 74 Women 800 Metre Run 35-39

Name	Age	Team	Finals
1 3969 Glynn, Gemma	39	Sydney Unive	2:48.78
2 1400 Heinecke, Kayleen	38	Campbelltown	3:11.96
3 4090 Livingston, Aileen	38	Wallsend Rsl	3:43.65

Event 73 Women 800 Metre Run 40-44

Name	Age	Team	Finals
1 3639 Kovacs, Kriszta	42	Sydney Pacif	2:23.09
2 3924 Stanley, Larissa	40	Sydney Unive	2:24.48
3 2432 Kelly, Nicky	43	Mingara Athl	2:28.07
4 3725 Walter, Sarah	43	Sydney Pacif	2:59.22

Event 72 Women 800 Metre Run 45-49

Name	Age	Team	Finals
1 1756 Harrison, Lisa	49	Hills Distri	2:40.31
2 3671 Coombe, Amanda	48	Sydney Pacif	2:47.02
3 806 Smith, Robyn	49	Athletics East	2:50.77

Event 71 Women 800 Metre Run 50-54

Name	Age	Team	Finals
1 1962 Gore, Suzanne	53	Ryde Athleti	2:40.29
2 754 Boyd, Jane	52	Athletics East	2:40.74

Event 70 Women 800 Metre Run 55-59

Name	Age	Team	Finals
1 430 Drennan, Deborah	57	U.T.S. North	2:43.86
2 2408 Peksis, Julie	56	Mingara Athl	3:17.23

3 1714 Dulhunty, K.Marina 56 Hills Distri 3:33.75

Event 68 Women 800 Metre Run 65-69

Name	Age Team	Finals
1 3705 Moorhouse, Paula	67 Sydney Pacif	3:02.27

Event 267 Women 1500 Metre Run 30-34

Name	Age Team	Finals
1 5016 Dege, Cassie	30 Blue Mountai	5:10.49
2 4183 Holahan, Melissa	32 Wallsend Rsl	8:47.07

Event 266 Women 1500 Metre Run 35-39

Name	Age Team	Finals
1 1400 Heinecke, Kayleen	38 Campbelltown	7:03.77
2 4090 Livingston, Aileen	38 Wallsend Rsl	8:30.44

Event 265 Women 1500 Metre Run 40-44

Name	Age Team	Finals
1 3639 Kovacs, Kriszta	42 Sydney Pacif	4:57.93

Event 264 Women 1500 Metre Run 45-49

Name	Age Team	Finals
1 765 Gregory, Jude	46 Athletics East	5:29.74
2 3671 Coombe, Amanda	48 Sydney Pacif	5:55.71

Event 263 Women 1500 Metre Run 50-54

Name	Age Team	Finals
1 5624 Carpini, Angela	53 Hills Distri	5:19.81
2 2478 Hunt, Sally	52 Mingara Athl	5:54.84

Event 262 Women 1500 Metre Run 55-59

Name	Age Team	Finals
1 430 Drennan, Deborah	57 U.T.S. North	5:41.84
2 2408 Peksis, Julie	56 Mingara Athl	7:02.22

Event 261 Women 1500 Metre Run 60-64

Name	Age	Team	Finals
1 1736	61	Hills Distri	5:40.41
2 393	62	U.T.S. North	8:58.29

Event 11 Women 5000 Metre Run 30-34

Name	Age	Team	Finals
1 5653	31	Orange Runners Club	19:36.03
2 777	33	Athletics East	19:39.28
3 5016	30	Blue Mountai	20:14.99

Event 10 Women 5000 Metre Run 35-39

Name	Age	Team	Finals
1 2951	38	Randwick Bot	18:15.61

Event 9 Women 5000 Metre Run 40-44

Name	Age	Team	Finals
1 767	41	Athletics East	20:45.99
2 2809	44	Orange Runners Club	21:11.73
3 3725	43	Sydney Pacif	23:35.14

Event 8 Women 5000 Metre Run 45-49

Name	Age	Team	Finals
1 761	45	Athletics East	20:29.24
2 784	48	Athletics East	23:04.72

Event 7 Women 5000 Metre Run 50-54

Name	Age	Team	Finals
1 5624	53	Hills Distri	19:07.15
2 2478	52	Mingara Athl	22:45.20

Event 6 Women 5000 Metre Run 55-59

Name	Age	Team	Finals
1 1719	56	Hills Distri	23:50.70

Event 5 Women 5000 Metre Run 60-64

Name	Age	Team	Finals
1 1736 Roediger, Rosemary	61	Hills Distri	21:05.55
2 393 Lloyd, Nancy	62	U.T.S. North	31:05.31

Event 3 Women 5000 Metre Run 70-74

Name	Age	Team	Finals
1 1169 Siepmann, Dorothy	72	Bankstown Sp	47:27.0h

Event 311 Women 100 Metre Hurdles 84.0cm 30-34

Name	Age	Team	Finals	Wind
1 2409 Milne, Aanika	34	Mingara Athl	16.33	-0.4
2 8012 Drosd, Katie	34	Raymond Terr	21.01	-0.4

Event 313 Women 80 Metre Hurdles 76.2cm 40-44

Name	Age	Team	Finals	Wind
1 400 Bohdan, Alice	43	U.T.S. North	13.27	0.8
2 3279 Latanis, Samantha	43	St. George D	16.21	0.8
3 5692 Brady, Kay	42	Campbelltown	18.69	0.8

Event 312 Women 80 Metre Hurdles 76.2cm 45-49

Name	Age	Team	Finals	Wind
1 3652 Lambert, Lenore	46	Sydney Pacif	12.87	0.8
2 1492 Bishop, Jennifer	45	Cherrybrook	13.73	0.8

Event 317 Women 80 Metre Hurdles 76.2cm 50-54

Name	Age	Team	Finals	Wind
1 2379 Townsend, Vicki	51	Mingara Athl	15.24	0.5
2 2479 Wearne, Sylvette	51	Mounties Ath	16.04	0.5

Event 316 Women 80 Metre Hurdles 76.2cm 55-59

Name	Age	Team	Finals	Wind
1 4344 Kay, Marie	56	Athletics Wo	13.36	0.5
2 1472 Stagles, Sally	55	Cherrybrook	13.56	0.5
3 2519 Suttor, Robyn	57	Mounties Ath	14.68	0.5
4 1601 Walker, Margaret	56	Epping Distr	15.39	0.5

Event 318 Women 80 Metre Hurdles 68.6cm 60-64

Name	Age	Team	Finals	Wind
1 2036 Lowe, June	61	Illawarra Bl	18.10	0.8

Event 56 Women 400 Metre Hurdles 76.2cm 30-34

Name	Age	Team	Finals
1 5016 Dege, Cassie	30	Blue Mountai	1:28.92
2 4183 Holahan, Melissa	32	Wallsend Rsl	1:51.32

Event 53 Women 400 Metre Hurdles 76.2cm 45-49

Name	Age	Team	Finals
1 3652 Lambert, Lenore	46	Sydney Pacif	1:05.60

Event 59 Women 300 Metre Hurdles 76.2cm 50-54

Name	Age	Team	Finals
1 3699 Wight, Philippa	52	Sydney Pacif	1:01.88

Event 60 Women 300 Metre Hurdles 76.2cm 55-59

Name	Age	Team	Finals
1 1472 Stagles, Sally	55	Cherrybrook	54.24
2 2519 Suttor, Robyn	57	Mounties Ath	55.96

Event 135 Women 2000 Metre Steeplechase 76.2cm 30-34

Name	Age	Team	Finals
1 5016 Dege, Cassie	30	Blue Mountai	8:03.86
2 4183 Holahan, Melissa	32	Wallsend Rsl	13:46.01

Event 134 Women 2000 Metre Steeplechase 76.2cm 35-39

Name	Age	Team	Finals
1 1400 Heinecke, Kayleen	38	Campbelltown	11:20.80
2 4090 Livingston, Aileen	38	Wallsend Rsl	12:23.89

Event 132 Women 2000 Metre Steeplechase 76.2cm 45-49

Name	Age	Team	Finals
1 806 Smith, Robyn	49	Athletics East	10:02.34

Event 131 Women 2000 Metre Steeplechase 76.2cm 50-54

Name	Age Team	Finals
1 2485 Shaw, Maryanne	51 Mounties Ath	10:39.00

Event 130 Women 2000 Metre Steeplechase 76.2cm 55-59

Name	Age Team	Finals
1 3786 Yarnell, Caroline	55 Sydney Strid	9:36.41

Event 244 Women 5000 Metre Race Walk 35-39

Name	Age Team	Finals
1 1400 Heinecke, Kayleen	38 Campbelltown	37:22.31

Event 243 Women 5000 Metre Race Walk 40-44

Name	Age Team	Finals
-- 5692 Brady, Kay	42 Campbelltown	DQ IAAF 230.7a

Event 241 Women 5000 Metre Race Walk 50-54

Name	Age Team	Finals
1 2485 Shaw, Maryanne	51 Mounties Ath	34:45.76
2 303 Brown, Suzanne	50 U.T.S. North	35:10.21

Event 238 Women 5000 Metre Race Walk 65-69

Name	Age Team	Finals
1 2772 Brown, Judy	66 Nsw Masters	44:02.07

Event 237 Women 5000 Metre Race Walk 70-74

Name	Age Team	Finals
-- 616 Purcell, Joan	74 Nepean Distr	DQ IAAF 230.7a

Event 161 Women Pole Vault 35-39

Name	Age Team	Finals
1 4326 Ros, Montse	37 Athletics Wo	2.80m
2.50 2.60 2.70 2.80 2.90 3.01		

XO P P O P XXX

Event 395 Women High Jump 30-34

Name	Age	Team	Finals
1 3673 Hiscox, Jitka	31	Sydney Pacif	1.45m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50			
P P P P P P P O XO XXO XXX			
2 3467 Whitbread, Belinda	33	Sutherland D	1.30m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35			
P P P O O O O XXX			
3 4183 Holahan, Melissa	32	Wallsend Rsl	1.20m
1.00 1.05 1.10 1.15 1.20 1.25			
O P O O O XP			

Event 394 Women High Jump 35-39

Name	Age	Team	Finals
1 4326 Ros, Montse	37	Athletics Wo	1.35m
1.15 1.20 1.25 1.30 1.35 1.40			
P O P O O XXX			
2 632 Mladin, Janine	39	Camden Athle	1.30m
1.15 1.20 1.25 1.30 1.35			
O XP O XXO XXX			
3 4090 Livingston, Aileen	38	Wallsend Rsl	1.15m
1.15 1.20			
XO XXX			

Event 393 Women High Jump 40-44

Name	Age	Team	Finals
1 400 Bohdan, Alice	43	U.T.S. North	1.35m
1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40			
P P P P O O O O XXX			
2 3279 Latanis, Samantha	43	St. George D	1.20m
1.00 1.05 1.10 1.15 1.20 1.25			
O O O XO XXO P			

Event 391 Women High Jump 50-54

Name	Age	Team	Finals
1 2379 Townsend, Vicki	51	Mingara Athl	1.25m
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30			
P P P P P O O O XXX			
2 1602 Koribalski, Baerbe	51	Epping Distr	1.20m
0.90 0.95 1.00 1.05 1.10 1.15 1.20 1.25			

	P	P	P	P	O	O	XO	XXX	
3	2485	Shaw, Maryanne	51	Mounties Ath					1.05m
	0.90	0.95	1.00	1.05	1.10				
	O	O	O	XO	XXX				

Event 390 Women High Jump 55-59

Name	Age	Team	Finals				
1	4344	Kay, Marie	56 Athletics Wo	1.40m			
	1.20	1.25	1.30	1.35	1.40	1.45	
	P	P	O	O	O	XXX	
2	1601	Walker, Margaret	56 Epping Distr	1.20m			
	1.20	1.25					
	XO	XXX					

Event 389 Women High Jump 60-64

Name	Age	Team	Finals			
1	2036	Lowe, June	61 Illawarra Bl	1.10m		
	1.00	1.05	1.10	1.15		
	O	O	O	P		

Event 362 Women Triple Jump 30-34

Name	Age	Team	Finals	Wind		
1	3467	Whitbread, Belinda	33 Sutherland D	9.13m +0.0		
	8.69m(0.2)	8.73m(+0.0)	8.74m(+0.0)	8.95m(+0.0)	9.13m(+0.0)	PASS
2	4183	Holahan, Melissa	32 Wallsend Rsl	8.06m 0.5		
	6.43m(0.1)	7.56m(+0.0)	FOUL	7.80m(+0.0)	8.06m(0.5)	PASS

Event 361 Women Triple Jump 35-39

Name	Age	Team	Finals	Wind		
1	4326	Ros, Montse	37 Athletics Wo	9.64m 1.3		
	9.64m(1.3)	FOUL(+0.0)	9.59m(0.3)	FOUL(+0.0)	FOUL(+0.0)	FOUL(0.8)
2	4090	Livingston, Aileen	38 Wallsend Rsl	7.59m +0.0		
	7.59m(+0.0)	FOUL	FOUL	FOUL	FOUL	PASS
3	510	Westcott, Belinda	35 Nepean Distr	7.27m +0.0		
	FOUL	6.74m(+0.0)	7.15m(+0.0)	7.27m(+0.0)	PASS	PASS
4	1400	Heinecke, Kayleen	38 Campbelltown	7.03m +0.0		
	6.57m(0.9)	6.46m(0.3)	6.71m(0.4)	7.03m(+0.0)	7.02m(0.9)	PASS

Event 360 Women Triple Jump 40-44

Name	Age	Team	Finals	Wind
1	444	Cimino, Maria	44 U.T.S. North	8.43m 1.3

FOUL 7.95m(+0.0) FOUL 8.36m(1.1) 8.01m(0.4) 8.43m(1.3)
 2 3279 Latanis, Samantha 43 St. George D 7.98m +0.0
 7.02m(+0.0) 7.65m(0.4) 7.48m(+0.0) 7.86m(1.0) 7.68m(1.3) 7.98m(+0.0)

Event 358 Women Triple Jump 50-54

Name	Age	Team	Finals	Wind
1 2379 Townsend, Vicki	51	Mingara Athl	8.65m	+0.0
8.65m(+0.0) 7.47m(+0.0) 8.36m(+0.0) 8.44m(0.1) 8.55m(0.5) 8.44m(+0.0)				
2 2076 Whatley, Susan	52	Illawong and	5.84m	+0.0
5.84m(+0.0) 5.60m(+0.0) FOUL(0.8) PASS PASS PASS				

Event 356 Women Triple Jump 60-64

Name	Age	Team	Finals	Wind
1 1521 Taylor, Jill	60	Cherrybrook	7.20m	+0.0
6.93m(+0.0) 7.20m(+0.0) PASS PASS 6.77m(+0.0) 7.13m(+0.0)				

Event 196 Women Long Jump 30-34

Name	Age	Team	Finals	Wind
Finals				
1 3673 Hiscox, Jitka	31	Sydney Pacif	5.44m	1.8
5.16m(1.7) FOUL 5.44m(1.8) 5.39m(1.3) 4.33m(0.4) FOUL				
2 3467 Whitbread, Belinda	33	Sutherland D	4.59m	3.0
4.01m(1.8) 4.44m(1.4) 4.59m(3.0) 4.53m(0.7) 4.45m(0.3) 4.42m(2.3)				
3 2409 Milne, Aanika	34	Mingara Athl	4.59m	+0.0
4.37m(0.7) 4.59m(+0.0) PASS PASS PASS PASS				
4 4183 Holahan, Melissa	32	Wallsend Rsl	3.80m	1.8
3.26m(1.1) 3.70m(2.1) 3.80m(1.8) 3.75m(+0.0) 3.67m(0.2) PASS				
5 4328 Mercer TF 20, Kris	30	Athletics Wo	3.14m	2.8
2.65m(1.8) 3.14m(2.8) 3.05m(2.2) 3.02m(1.4) 2.93m(+0.0) 2.98m(1.6)				

Event 195 Women Long Jump 35-39

Name	Age	Team	Finals	Wind
1 2157 Hughes, Natasha	37	Illawong and	4.82m	3.2
4.82m(3.2) 4.69m(1.2) 4.52m(1.5) 4.81m(0.8) 4.75m(1.0) 4.80m(0.1)				
2 4326 Ros, Montse	37	Athletics Wo	4.59m	0.2
4.23m(1.5) 4.59m(0.2) 4.12m(1.2) FOUL 4.58m(0.5) 4.44m(0.3)				
3 2314 Grozdanis, Tracey	38	Macquarie Hu	4.41m	1.0
4.36m(+0.0) FOUL 4.39m(1.9) 4.18m(0.9) 4.41m(1.0) 4.20m(1.2)				
4 4090 Livingston, Aileen	38	Wallsend Rsl	3.55m	1.5
FOUL 3.42m(3.4) 3.48m(1.1) 3.55m(1.5) 3.30m(+0.0) PASS				
5 364 Chapman, Belinda	35	U.T.S. North	3.47m	1.0
3.13m(1.8) 3.18m(1.9) 3.16m(2.1) 3.23m(1.9) 3.32m(+0.0) 3.47m(1.0)				

Event 194 Women Long Jump 40-44

Name	Age Team	Finals	Wind
1 400 Bohdan, Alice	43 U.T.S. North	4.85m	2.2
4.51m(1.1) 4.79m(2.2) 4.85m(2.2) 4.77m(0.6) 4.64m(1.7)		FOUL	
2 444 Cimino, Maria	44 U.T.S. North	4.06m	1.3
FOUL 4.04m(2.0) 3.87m(1.8) 4.06m(1.3) 3.96m(0.7) 4.00m(0.9)			
3 3279 Latanis, Samantha	43 St. George D	3.69m	2.5
3.37m(2.5) 3.66m(2.7) 3.69m(2.5) 3.65m(1.0)	PASS	PASS	

Event 228 Women Long Jump 45-49

Name	Age Team	Finals	Wind
1 422 Bezuidenhout, Jacq	49 U.T.S. North	4.04m	3.4
3.37m(3.0) FOUL(-0.2) 3.85m(2.7) 3.78m(-0.4) 4.04m(3.4) 3.94m(0.6)			
2 174 Naylor, Janet	49 U.T.S. North	3.96m	2.7
3.80m(1.7) 3.75m(1.1) 3.96m(2.7) 3.78m(1.4) 3.84m(0.8) 3.78m(3.0)			
3 3466 Ward, Sue	46 Sutherland D	3.79m	-0.8
3.70m(0.9) 3.79m(-0.8) FOUL(2.4) 3.72m(1.0) FOUL(0.2) 3.60m(-1.2)			

Event 211 Women Long Jump 50-54

Name	Age Team	Finals	Wind
1 2379 Townsend, Vicki	51 Mingara Athl	3.95m	3.9
3.79m(2.2) 3.95m(3.9) FOUL FOUL FOUL		3.82m(0.1)	
2 1602 Koribalski, Baerbe	51 Epping Distr	3.71m	1.1
3.59m(1.8) 3.55m(1.6) 3.71m(1.1) 3.64m(2.5) 3.57m(3.0) 3.47m(0.4)			
3 3699 Wight, Philippa	52 Sydney Pacif	3.48m	0.7
3.00m(3.1) 3.48m(0.7) 3.38m(0.1) 3.28m(3.2)	PASS	PASS	

Event 210 Women Long Jump 55-59

Name	Age Team	Finals	Wind
1 4344 Kay, Marie	56 Athletics Wo	5.01m	1.9
5.01m(1.9) 4.82m(0.3) 4.93m(2.1) FOUL FOUL		4.95m(4.1)	
2 3657 Southern, Sukie	56 Sydney Pacif	3.50m	1.0
3.50m(1.0) 3.50m(2.9) 3.40m(1.3) 3.37m(2.2)	PASS	PASS	

Event 227 Women Long Jump 60-64

Name	Age Team	Finals	Wind
1 2036 Lowe, June	61 Illawarra Bl	3.36m	-1.2
3.25m(1.5) 3.30m(0.4) 3.27m(-0.5) 3.10m(0.1) 3.36m(-1.2) 3.11m(-1.1)			
2 1521 Taylor, Jill	60 Cherrybrook	3.13m	1.1
2.75m(2.8) 2.99m(2.0) 3.04m(0.9) FOUL(0.1) 3.13m(1.1) 3.08m(1.2)			

Event 226 Women Long Jump 65-69

Name	Age Team	Finals	Wind
1 2772 Brown, Judy	66 Nsw Masters	2.29m	1.5
2.03m(1.0) FOUL(0.4) 2.09m(1.1) FOUL(1.0) 2.14m(1.6) 2.29m(1.5)			

Event 425 Women Hammer Throw 4kg 30-34

Name	Age Team	Finals
1 4183 Holahan, Melissa	32 Wallsend Rsl	48.02m
43.20m 45.49m 46.67m 48.02m 47.69m FOUL		
2 492 Baulman, Melissa	32 U.T.S. North	27.76m
22.29m 24.83m 27.76m 24.90m 27.69m 26.03m		
3 4328 Mercer TF 20, Kris	30 Athletics Wo	22.00m
20.50m 22.00m 20.81m 21.80m FOUL 21.04m		

Event 424 Women Hammer Throw 4kg 35-39

Name	Age Team	Finals
1 2108 Thomson, Audrey	36 Illawong and	32.29m
28.71m FOUL 32.29m 31.07m 28.89m FOUL		
2 Barton, Trudie	37 Nsw Masters	24.54m
24.47m 24.11m 23.82m FOUL 24.54m FOUL		
3 4090 Livingston, Aileen	38 Wallsend Rsl	23.22m
19.97m 22.63m 23.22m 19.20m 20.44m 20.34m		
4 1682 Hunter, Kelly	39 Gosford Athl	22.45m
FOUL 22.45m FOUL FOUL 22.23m 22.08m		
5 510 Westcott, Belinda	35 Nepean Distr	15.86m
15.34m 15.86m 15.33m PASS PASS PASS		
6 1400 Heinecke, Kayleen	38 Campbelltown	15.81m
13.79m 14.16m 14.49m 15.00m 15.81m FOUL		

Event 423 Women Hammer Throw 4kg 40-44

Name	Age Team	Finals
1 444 Cimino, Maria	44 U.T.S. North	29.44m
29.44m FOUL FOUL FOUL 23.21m 25.04m		
2 3279 Latanis, Samantha	43 St. George D	29.08m
26.59m 28.69m 29.08m 26.73m 24.76m FOUL		
3 8093 Lerch, Julie	43 Wallsend Rsl	24.31m
21.63m 19.26m 23.04m 24.31m FOUL 20.43m		
4 2782 Knowles, Renae	41 Nsw Masters	21.41m
20.36m 21.41m FOUL FOUL 19.64m 19.09m		

Event 422 Women Hammer Throw 4kg 45-49

Name	Age	Team	Finals
1 1347 Mumberson, Lisa	47	Campbelltown	28.94m
			27.84m 28.94m FOUL FOUL 26.52m 26.60m
2 2383 Ingram, Richelle	46	Mingara Athl	14.83m
			FOUL 14.83m 13.83m PASS PASS PASS

Event 378 Women Hammer Throw 3kg 50-54

Name	Age	Team	Finals
1 506 Watts, Gabriele	50	Nepean Distr	45.07m
			44.42m FOUL 45.07m FOUL 40.55m 39.16m
2 311 Layt, Caroline	51	U.T.S. North	38.48m
			FOUL 38.48m 38.42m FOUL 32.78m 36.65m
3 2379 Townsend, Vicki	51	Mingara Athl	23.83m
			FOUL 21.44m 21.50m 22.26m 23.83m 22.26m
4 2070 Engeler, Deborah	53	Illawong and	21.52m
			19.89m 19.53m 19.84m FOUL FOUL 21.52m
4 4233 White, Alison	50	Westfields A	21.52m
			18.48m 20.86m 21.25m 21.28m 21.52m FOUL
6 2485 Shaw, Maryanne	51	Mounties Ath	17.98m
			16.17m 17.98m 17.00m 15.79m 17.31m 16.96m

Event 377 Women Hammer Throw 3kg 55-59

Name	Age	Team	Finals
1 1600 Cubban, Ellena	58	Epping Distr	22.41m
			20.12m 18.43m 21.67m 22.41m FOUL FOUL
2 3657 Southern, Sukie	56	Sydney Pacif	20.41m
			FOUL 15.85m 19.77m 19.65m 19.42m 20.41m

Event 376 Women Hammer Throw 3kg 60-64

Name	Age	Team	Finals
1 2036 Lowe, June	61	Illawarra Bl	38.04m
			35.94m 34.06m 35.74m 38.04m 34.83m FOUL
2 1521 Taylor, Jill	60	Cherrybrook	33.46m
			31.87m 33.46m FOUL 32.35m 32.42m 32.72m
3 4089 Holahan, Margaret	60	Wallsend Rsl	26.27m
			26.27m 24.71m 23.15m 20.23m 17.23m FOUL
4 2770 Clarke, Kate	63	Athletics Wo	20.77m
			FOUL FOUL 20.45m FOUL 19.61m 20.77m
5 4294 Van Bockel, Adrian	64	Athletics Wo	20.67m
			18.32m 18.86m 19.64m 19.15m 20.67m FOUL
6 323 Jones, Karen	63	U.T.S. North	14.80m
			14.04m 13.05m 14.80m FOUL 14.72m 14.73m

Event 375 Women Hammer Throw 3kg 65-69

Name	Age	Team	Finals
1 2772 Brown, Judy	66	Nsw Masters	13.04m
	13.04m	12.24m 12.51m 12.39m 12.80m 11.61m	

Event 374 Women Hammer Throw 3kg 70-74

Name	Age	Team	Finals
1 2013 Thomas, Mary	71	Illawarra Bl	25.93m
	FOUL	24.55m 24.52m 24.00m 25.93m 23.26m	

Event 404 Women Weight Throw 9.080kg 30-34

Name	Age	Team	Finals
1 4183 Holahan, Melissa	32	Wallsend Rsl	15.27m
	FOUL	14.22m 15.06m 13.95m 14.89m 15.27m	
2 4328 Mercer TF 20, Kris	30	Athletics Wo	9.05m
	8.00m	7.51m 8.04m 9.05m FOUL 8.77m	
3 492 Baulman, Melissa	32	U.T.S. North	7.42m
	7.40m	7.42m 6.98m FOUL 7.17m 6.13m	

Event 403 Women Weight Throw 9.080kg 35-39

Name	Age	Team	Finals
1 1682 Hunter, Kelly	39	Gosford Athl	11.33m
	7.33m	8.90m 10.11m 9.67m 9.39m 11.33m	
2 2108 Thomson, Audrey	36	Illawong and	10.57m
	9.57m	9.79m 10.23m 10.23m 10.37m 10.57m	
3 Barton, Trudie	37	Nsw Masters	7.67m
	7.67m	7.14m 7.39m 7.08m 7.30m 7.35m	
4 510 Westcott, Belinda	35	Nepean Distr	6.07m
	4.81m	FOUL 4.63m 5.33m 60.76m 5.54m	
5 4090 Livingston, Aileen	38	Wallsend Rsl	5.44m
	5.18m	4.74m 5.00m 5.44m FOUL FOUL	

Event 402 Women Weight Throw 9.080kg 40-44

Name	Age	Team	Finals
1 3279 Latanis, Samantha	43	St. George D	12.28m
	10.19m	9.97m FOUL 9.99m 11.52m 12.28m	
2 444 Cimino, Maria	44	U.T.S. North	10.48m
	10.48m	8.99m 9.30m 10.19m 9.59m 9.76m	
3 8093 Lerch, Julie	43	Wallsend Rsl	9.35m
	7.87m	9.35m 6.70m 5.41m 7.30m PASS	

4 2782 Knowles, Renae 41 Nsw Masters 7.91m
 6.29m 6.49m 7.67m FOUL 6.77m 7.91m

Event 401 Women Weight Throw 9.080kg 45-49

Name	Age	Team	Finals
1 1347 Mumberson, Lisa	47	Campbelltown	8.48m
			7.63m 7.88m FOUL 8.48m FOUL 7.76m
2 2383 Ingram, Richelle	46	Mingara Athl	6.44m
			5.64m 6.44m 6.41m 6.40m 6.15m 5.81m

Event 349 Women Weight Throw 7.260kg 50-54

Name	Age	Team	Finals
1 506 Watts, Gabriele	50	Nepean Distr	14.97m
			FOUL 13.84m 13.26m 14.68m 13.12m 14.97m
2 311 Layt, Caroline	51	U.T.S. North	13.21m
			13.21m FOUL 12.82m FOUL FOUL 12.37m
3 2070 Engeler, Deborah	53	Illawong and	8.07m
			7.51m 8.07m 7.55m 5.86m FOUL 7.72m
4 2485 Shaw, Maryanne	51	Mounties Ath	6.86m
			FOUL 6.25m 6.86m 5.93m 6.66m PASS

Event 348 Women Weight Throw 7.260kg 55-59

Name	Age	Team	Finals
1 3657 Southern, Sukie	56	Sydney Pacif	8.16m
			6.67m 7.09m 6.45m 7.27m 7.34m 8.16m
2 1600 Cubban, Ellena	58	Epping Distr	7.98m
			7.40m 7.64m 7.98m 7.17m FOUL FOUL

Event 347 Women Weight Throw 5.450kg 60-64

Name	Age	Team	Finals
1 2036 Lowe, June	61	Illawarra Bl	13.34m
			12.83m 12.70m FOUL 12.91m 13.34m FOUL
2 1521 Taylor, Jill	60	Cherrybrook	12.67m
			PASS 12.64m 11.45m 12.67m 12.40m 11.66m
3 4089 Holahan, Margaret	60	Wallsend Rsl	10.39m
			FOUL FOUL 7.11m FOUL FOUL 10.39m
4 2770 Clarke, Kate	63	Athletics Wo	8.84m
			8.03m 8.84m 8.06m 7.83m FOUL 7.75m
5 4294 Van Bockel, Adrian	64	Athletics Wo	8.81m
			8.12m 8.22m 8.81m 8.62m 8.36m 8.19m
6 323 Jones, Karen	63	U.T.S. North	6.26m
			5.40m 6.26m 5.59m 6.01m 5.88m 5.20m

Event 346 Women Weight Throw 5.450kg 65-69

Name	Age	Team	Finals
1 2772 Brown, Judy	66	Nsw Masters	5.29m
5.29m	4.72m	5.28m	5.07m FOUL PASS

Event 345 Women Weight Throw 5.450kg 70-74

Name	Age	Team	Finals
1 2013 Thomas, Mary	71	Illawarra Bl	9.27m
9.25m	9.09m	9.26m	FOUL 8.56m 9.27m

Event 170 Women Discus Throw 1kg 30-34

Name	Age	Team	Finals
1 1370 Nelson, Danielle	32	Campbelltown	30.28m
FOUL	27.97m	29.30m	29.96m FOUL 30.28m
2 4183 Holahan, Melissa	32	Wallsend Rsl	29.45m
28.87m	28.56m	25.64m	FOUL 29.45m 24.41m
3 3467 Whitbread, Belinda	33	Sutherland D	24.42m
20.09m	17.90m	FOUL	24.42m 24.31m 21.92m
4 4328 Mercer TF 20, Kris	30	Athletics Wo	22.12m
20.18m	22.05m	FOUL	21.93m 19.75m 22.12m
5 512 Keehn, Bianca	33	Nepean Distr	19.47m
17.73m	FOUL	18.10m	16.34m 19.47m 17.55m

Event 169 Women Discus Throw 1kg 35-39

Name	Age	Team	Finals
1 1682 Hunter, Kelly	39	Gosford Athl	41.25m
40.06m	40.45m	39.80m	39.71m 39.74m 41.25m
2 2108 Thomson, Audrey	36	Illawong and	28.11m
25.35m	24.94m	5.51m	28.11m FOUL 27.11m
3 4090 Livingston, Aileen	38	Wallsend Rsl	23.26m
16.14m	23.26m	21.99m	21.91m 22.60m 19.96m
4 2640 Hamilton, Janie	39	Nowra Athlet	22.80m
19.64m	20.36m	22.50m	22.80m 21.89m 21.15m
5 Barton, Trudie	37	Nsw Masters	21.95m
20.42m	17.50m	FOUL	21.95m FOUL 21.60m
6 510 Westcott, Belinda	35	Nepean Distr	17.62m
16.55m	17.47m	17.62m	14.98m FOUL FOUL

Event 140 Women Discus Throw 1kg 40-44

Name	Age	Team	Finals
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1	3279	Latanis, Samantha	43	St. George D					32.02m
					29.37m	28.50m	32.02m	FOUL	30.85m 29.71m
2	444	Cimino, Maria	44	U.T.S. North					25.91m
					25.91m	FOUL	FOUL	FOUL	FOUL 23.79m
3	8093	Lerch, Julie	43	Wallsend Rsl					19.42m
					17.67m	FOUL	FOUL	FOUL	19.19m 19.42m

Event 139 Women Discus Throw 1kg 45-49

Name	Age	Team	Finals
1 3466 Ward, Sue	46	Sutherland D	22.94m
			19.45m 22.15m 20.73m 19.44m 22.94m FOUL

Event 222 Women Discus Throw 1kg 50-54

Name	Age	Team	Finals
1 506 Watts, Gabriele	50	Nepean Distr	36.44m
			34.45m 36.44m 31.18m 36.38m 35.26m FOUL
2 311 Layt, Caroline	51	U.T.S. North	29.38m
			29.38m FOUL FOUL 29.25m 24.48m 27.68m
3 2379 Townsend, Vicki	51	Mingara Athl	28.04m
			FOUL 26.46m 28.04m 27.45m 27.26m 27.98m
4 2070 Engeler, Deborah	53	Illawong and	24.11m
			17.67m 21.75m 24.11m FOUL 18.81m 17.94m
5 4233 White, Alison	50	Westfields A	19.38m
			17.25m 17.28m 19.38m 18.42m 17.41m FOUL
6 1602 Koribalski, Baerbe	51	Epping Distr	19.21m
			19.15m 18.72m 18.89m 18.79m 18.81m 19.21m
7 2076 Whatley, Susan	52	Illawong and	18.20m
			17.55m 18.20m 16.96m 17.82m 17.88m FOUL
8 2485 Shaw, Maryanne	51	Mounties Ath	17.69m
			15.73m 17.69m 16.34m PASS PASS 16.57m

Event 221 Women Discus Throw 1kg 55-59

Name	Age	Team	Finals
1 3657 Southern, Sukie	56	Sydney Pacif	22.00m
			17.42m 18.91m 18.58m FOUL 18.58m 22.00m
2 1600 Cubban, Ellena	58	Epping Distr	21.47m
			19.27m 18.92m 18.27m 19.15m 20.21m 21.47m
3 2408 Peksis, Julie	56	Mingara Athl	17.43m
			16.05m 17.43m FOUL FOUL 15.43m 15.53m

Event 220 Women Discus Throw 1kg 60-64

Name	Age	Team	Finals
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1	1521 Taylor, Jill	60	Cherrybrook						25.55m
				FOUL	25.55m	25.32m	22.99m	20.39m	23.24m
2	2036 Lowe, June	61	Illawarra Bl						23.06m
				20.03m	23.06m	19.73m	20.24m	FOUL	21.91m
3	4089 Holahan, Margaret	60	Wallsend Rsl						16.35m
				13.99m	15.24m	FOUL	16.29m	14.19m	16.35m
4	4294 Van Bockel, Adrian	64	Athletics Wo						16.23m
				15.73m	15.95m	15.48m	16.12m	16.11m	16.23m
5	4086 Short, Teri	62	Wallsend Rsl						16.07m
				16.07m	15.05m	14.63m	FOUL	FOUL	13.34m
6	323 Jones, Karen	63	U.T.S. North						12.55m
				12.00m	12.04m	12.31m	12.55m	FOUL	FOUL

Event 219 Women Discus Throw 1kg 65-69

Name	Age	Team	Finals
1 2772 Brown, Judy	66	Nsw Masters	14.23m
			11.91m 12.03m 13.81m 14.23m 14.04m 13.80m

Event 218 Women Discus Throw 1kg 70-74

Name	Age	Team	Finals
1 2013 Thomas, Mary	71	Illawarra Bl	21.41m
			20.20m 21.41m 18.37m 18.62m 19.70m 12.06m

Event 213 Women Shot Put 4kg 30-34

Name	Age	Team	Finals
1 3673 Hiscox, Jitka	31	Sydney Pacif	11.63m
			11.09m FOUL 11.63m FOUL 1.35m 10.95m
2 4183 Holahan, Melissa	32	Wallsend Rsl	10.57m
			9.82m 9.80m 10.41m 10.07m 10.57m 9.97m
3 3467 Whitbread, Belinda	33	Sutherland D	8.43m
			6.86m 8.36m 8.30m 8.43m 8.00m 8.38m
4 4328 Mercer TF 20, Kris	30	Athletics Wo	8.35m
			7.88m 7.92m 8.17m 8.35m 8.29m 8.03m

Event 212 Women Shot Put 4kg 35-39

Name	Age	Team	Finals
1 1682 Hunter, Kelly	39	Gosford Athl	10.34m
			9.94m FOUL 9.82m 10.34m 10.10m 9.86m
2 2108 Thomson, Audrey	36	Illawong and	9.43m
			8.49m 9.43m 8.56m 8.96m 8.93m 8.35m
3 2640 Hamilton, Janie	39	Nowra Athlet	7.43m
			6.75m 6.40m 7.10m 7.19m 7.00m 7.43m

4	4090	Livingston, Aileen	38	Wallsend Rsl		7.31m
					6.61m 6.77m 0.69m 6.83m 6.49m 7.31m	
5		Barton, Trudie	37	Nsw Masters		7.25m
					7.10m 6.46m 7.25m 7.04m 7.17m 6.81m	
6	510	Westcott, Belinda	35	Nepean Distr		6.60m
					6.37m 6.35m PASS 6.60m PASS PASS	

Event 198 Women Shot Put 4kg 40-44

Name	Age	Team	Finals
1 3279 Latanis, Samantha	43	St. George D	10.83m
			9.92m 10.68m 10.49m 10.70m 10.61m 10.83m
2 8093 Lerch, Julie	43	Wallsend Rsl	9.47m
			8.80m 9.44m FOUL 8.26m FOUL 9.47m
3 400 Bohdan, Alice	43	U.T.S. North	9.23m
			9.23m 8.72m 8.41m 9.15m 8.75m 8.36m
4 444 Cimino, Maria	44	U.T.S. North	8.42m
			8.42m 8.30m 7.50m 7.87m 8.13m 7.13m

Event 197 Women Shot Put 4kg 45-49

Name	Age	Team	Finals
1 3466 Ward, Sue	46	Sutherland D	6.98m
			6.32m 6.90m 6.94m 6.98m 6.64m 6.50m
2 3671 Coombe, Amanda	48	Sydney Pacif	6.65m
			6.38m 6.41m 6.65m PASS PASS PASS

Event 183 Women Shot Put 3kg 50-54

Name	Age	Team	Finals
1 311 Layt, Caroline	51	U.T.S. North	12.40m
			12.05m 11.53m 11.65m 11.95m 12.40m 12.40m
2 506 Watts, Gabriele	50	Nepean Distr	12.40m
			12.40m FOUL FOUL 12.14m 12.06m 11.89m
3 2379 Townsend, Vicki	51	Mingara Athl	12.01m
			PASS 12.01m 8.80m 9.20m 9.18m FOUL
4 1602 Koribalski, Baerbe	51	Epping Distr	8.11m
			PASS 8.11m 7.76m 7.81m 7.90m 7.85m
5 3699 Wight, Philippa	52	Sydney Pacif	8.00m
			PASS 7.16m 6.87m 8.00m 7.69m PASS
6 4233 White, Alison	50	Westfields A	7.37m
			7.37m 7.03m 7.16m 6.82m 7.32m 7.00m
7 2070 Engeler, Deborah	53	Illawong and	6.58m
			6.44m 6.42m 6.37m 6.58m 6.32m 6.00m

Event 182 Women Shot Put 3kg 55-59

Name	Age	Team	Finals
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1	4344 Kay, Marie	56	Athletics Wo	11.46m
	11.10m 11.13m 11.18m 11.37m 10.97m 11.46m			
2	1600 Cubban, Ellena	58	Epping Distr	9.09m
	8.06m 8.23m 7.81m 9.09m 8.79m 7.98m			
3	1472 Stagles, Sally	55	Cherrybrook	9.00m
	8.97m 8.91m 8.79m 9.00m FOUL PASS			
4	1601 Walker, Margaret	56	Epping Distr	8.44m
	8.26m 8.44m 7.74m 6.83m PASS PASS			
5	3657 Southern, Sukie	56	Sydney Pacif	8.29m
	7.77m 8.29m 8.05m 8.23m 7.29m 6.78m			

Event 181 Women Shot Put 3kg 60-64

Name	Age	Team	Finals
1 2036 Lowe, June	61	Illawarra Bl	10.00m
	9.74m 10.00m 9.66m 9.42m 9.37m 9.10m		
2 1521 Taylor, Jill	60	Cherrybrook	9.43m
	9.43m 8.68m 8.88m 8.81m 8.94m 8.34m		
3 4089 Holahan, Margaret	60	Wallsend Rsl	6.54m
	6.02m 6.03m 6.54m 6.37m 6.31m 6.41m		
4 4294 Van Bockel, Adrian	64	Athletics Wo	5.57m
	5.57m 5.47m 5.50m 5.53m 5.48m 5.46m		
5 4086 Short, Teri	62	Wallsend Rsl	5.50m
	5.40m 5.47m 5.50m PASS PASS PASS		
6 323 Jones, Karen	63	U.T.S. North	4.72m
	4.69m 4.08m 4.72m 4.13m 4.43m 4.50m		

Event 180 Women Shot Put 3kg 65-69

Name	Age	Team	Finals
1 2772 Brown, Judy	66	Nsw Masters	5.20m
	4.90m 5.10m 5.20m 5.18m 4.69m 5.12m		

Event 179 Women Shot Put 3kg 70-74

Name	Age	Team	Finals
1 2013 Thomas, Mary	71	Illawarra Bl	7.95m
	7.64m 7.48m 7.47m 7.59m 7.80m 7.95m		

Event 371 Women Javelin Throw 600g 30-34

Name	Age	Team	Finals
1 3673 Hiscox, Jitka	31	Sydney Pacif	32.49m
	32.07m FOUL 27.74m 29.88m 32.49m 28.93m		
2 3467 Whitbread, Belinda	33	Sutherland D	28.12m

	26.64m	25.02m	22.74m	27.76m	28.12m	26.21m	
3	4183 Holahan, Melissa			32 Wallsend Rsl			23.75m
	16.26m	19.92m	18.32m	20.05m	23.75m	22.07m	
4	4328 Mercer TF 20, Kris			30 Athletics Wo			19.16m
	14.93m	19.16m	18.34m	18.46m	19.04m	17.01m	

Event 370 Women Javelin Throw 600g 35-39

Name	Age	Team	Finals
1 1682 Hunter, Kelly	39	Gosford Athl	27.28m
	23.19m	25.05m	24.67m
	25.20m	27.28m	26.17m
2 4090 Livingston, Aileen	38	Wallsend Rsl	20.16m
	16.76m	20.16m	14.11m
	15.68m	17.61m	17.42m
3 Barton, Trudie	37	Nsw Masters	19.52m
	17.62m	19.52m	FOUL
	17.99m	19.13m	18.69m
4 2108 Thomson, Audrey	36	Illawong and	17.31m
	17.31m	14.54m	15.08m
	16.32m	14.67m	FOUL
5 510 Westcott, Belinda	35	Nepean Distr	16.45m
	14.59m	15.42m	15.23m
	FOUL	FOUL	16.45m

Event 342 Women Javelin Throw 600g 40-44

Name	Age	Team	Finals
1 400 Bohdan, Alice	43	U.T.S. North	27.31m
	25.87m	27.31m	26.69m
	26.11m	24.24m	25.44m
2 3279 Latanis, Samantha	43	St. George D	25.13m
	21.56m	23.52m	19.13m
	25.13m	23.69m	24.00m
3 444 Cimino, Maria	44	U.T.S. North	22.81m
	18.25m	19.05m	20.94m
	20.14m	22.81m	20.88m
4 2782 Knowles, Renae	41	Nsw Masters	21.20m
	18.45m	21.00m	17.92m
	20.72m	20.65m	21.20m
5 8093 Lerch, Julie	43	Wallsend Rsl	19.39m
	18.41m	19.39m	15.54m
	17.35m	16.92m	18.95m

Event 341 Women Javelin Throw 600g 45-49

Name	Age	Team	Finals
1 2383 Ingram, Richelle	46	Mingara Athl	18.63m
	18.63m	18.11m	16.64m
	15.15m	PASS	PASS

Event 421 Women Javelin Throw 500g 50-54

Name	Age	Team	Finals
1 506 Watts, Gabriele	50	Nepean Distr	25.16m
	23.79m	22.59m	19.99m
	25.16m	22.54m	23.21m
2 2485 Shaw, Maryanne	51	Mounties Ath	23.21m

	20.37m	18.54m	19.18m	23.21m	20.56m	19.62m	
3	2685 Clark, Debbie			54 Nowra Athlet			22.54m
	19.42m	18.28m	21.16m	21.14m	22.15m	22.54m	
4	1602 Koribalski, Baerbe			51 Epping Distr			22.07m
	19.08m	21.31m	20.07m	20.54m	22.07m	FOUL	
5	311 Layt, Caroline			51 U.T.S. North			20.47m
	19.62m	18.79m	20.47m	FOUL	19.42m	18.91m	
6	2379 Townsend, Vicki			51 Mingara Athl			19.70m
	19.47m	18.17m	17.98m	17.00m	19.70m	PASS	
7	4233 White, Alison			50 Westfields A			17.83m
	17.32m	PASS	17.83m	17.38m	16.46m	17.25m	
8	2070 Engeler, Deborah			53 Illawong and			14.69m
	14.69m	13.57m	13.53m	13.66m	13.19m	11.45m	

Event 436 Women Javelin Throw 500g 55-59

Name	Age	Team	Finals
1 1600 Cubban, Ellena	58	Epping Distr	19.86m
	17.27m	18.20m	19.74m
	18.48m	19.86m	19.04m
2 1601 Walker, Margaret	56	Epping Distr	18.99m
	16.82m	18.22m	17.90m
	18.99m	17.44m	18.02m
3 3657 Southern, Sukie	56	Sydney Pacif	13.95m
	9.44m	13.95m	13.59m
	FOUL	FOUL	12.57m

Event 435 Women Javelin Throw 500g 60-64

Name	Age	Team	Finals
1 2036 Lowe, June	61	Illawarra Bl	20.37m
	18.20m	20.13m	19.12m
	18.99m	20.37m	20.00m
2 2770 Clarke, Kate	63	Athletics Wo	17.84m
	16.50m	16.78m	16.82m
	17.84m	FOUL	17.63m
3 4089 Holahan, Margaret	60	Wallsend Rsl	14.11m
	12.58m	13.00m	14.11m
	14.11m	14.11m	12.72m
4 4294 Van Bockel, Adrian	64	Athletics Wo	13.52m
	13.52m	13.34m	13.49m
	12.95m	FOUL	11.99m

Event 434 Women Javelin Throw 500g 65-69

Name	Age	Team	Finals
1 2772 Brown, Judy	66	Nsw Masters	11.37m
	10.52m	11.37m	10.87m
	10.97m	10.14m	11.26m

Event 420 Women Javelin Throw 400g 70-74

Name	Age	Team	Finals
1 2013 Thomas, Mary	71	Illawarra Bl	20.06m

18.27m 19.73m 18.80m 18.91m 20.06m 18.76m

Event 289 Men 60 Metre Dash 30-34

Name	Age	Team	Finals	Wind
1 2498 Orlowski, Damian	30	Mounties Ath	7.24	+0.0
2 282 Laws, Michael	33	Blue Mountai	7.64	+0.0

Event 288 Men 60 Metre Dash 35-39

Name	Age	Team	Finals	Wind
1 1325 Bruce, Gregory	38	Campbelltown	7.84	1.3
2 8008 Park, Dean	38	Nsw Masters	7.97	1.3
3 2786 Richards, Clayton	38	Nsw Masters	8.54	1.3

Event 287 Men 60 Metre Dash 40-44

Name	Age	Team	Finals	Wind
1 5555 Smith, Gregory	44	Mounties Ath	7.22	0.4
2 2406 Leseberg, Ernest	44	Mingara Athl	7.38	0.4
3 8009 Rose, Scott	43	Illawong and	7.70	0.4
4 333 Stinson, Paul	44	U.T.S. North	7.77	0.4
5 5553 Rushton, Rod	43	Mounties Ath	7.94	0.4
6 1489 Murray, Caerl	40	Cherrybrook	8.03	0.4
7 8018 Pritchard, Andrew	42	Sydney Pacif	8.14	0.4
8 3743 Wehrhahn, Michael	41	Sydney Pacif	8.19	0.4

Event 286 Men 60 Metre Dash 45-49

Name	Age	Team	Finals	Wind
1 2516 Wardecki, Krzyszto	47	Mounties Ath	7.85	-0.1
2 2791 Skala, David	46	Nsw Masters	7.94	-0.1
3 757 Lynch, Matthew	49	Athletics East	8.19	-0.1
4 2412 Papalexion, George	46	Mingara Athl	8.21	-0.1
5 3784 Davie, EJ	45	Sydney Strid	9.84	-0.1

Event 301 Men 60 Metre Dash 50-54

Name	Age	Team	Finals	Wind
1 309 Gedz, Michael	50	U.T.S. North	7.70	-1.0
2 335 Crimi, Anthony	54	U.T.S. North	8.04	-1.0
3 2437 Reid, Brett	51	Mingara Athl	8.16	-1.0
4 2026 Daly, Mick	54	Illawarra Bl	8.23	-1.0
5 326 Gardner, Gregory	50	U.T.S. North	8.41	-1.0

6	3694 Taylor, Dean	52	Sydney Pacif	8.49	-1.0
7	423 McGrath, Tim	53	U.T.S. North	8.50	-1.0

Event 284 Men 60 Metre Dash 55-59

Name	Age	Team	Finals	Wind
1 3658 Izzo, Herman	55	Sydney Pacif	7.91	-1.4
2 3265 Murray, Peter	55	St. George D	8.19	-1.4
3 2444 Carr, Paul	57	Mingara Athl	8.83	-1.4
4 8019 Ross, Ron	56	Nsw Masters	9.03	-1.4
5 2072 Luck, David	56	Illawong and	9.16	-1.4
6 260 O'Donnell, Anthony	57	Blue Mountai	9.54	-1.4

Event 283 Men 60 Metre Dash 60-64

Name	Age	Team	Finals	Wind
1 301 Smith, David	60	U.T.S. North	8.33	-0.1
2 1331 Percival, Drew	62	Campbelltown	8.39	-0.1
3 1324 Hepburn, Greg	61	Campbelltown	8.78	-0.1
4 3721 Marriott, Wayne	61	Sydney Pacif	8.90	-0.1

Event 282 Men 60 Metre Dash 65-69

Name	Age	Team	Finals	Wind
1 2049 Lamb, John	66	Illawarra Bl	8.47	0.1
2 2454 Wall, John	70	Mingara Athl	8.65	0.1
3 1629 Singh, Raminder	69	Girraween At	11.55	0.1

Event 281 Men 60 Metre Dash 70-74

Name	Age	Team	Finals	Wind
1 159 Crombie, Peter	71	Sydney Pacif	8.48	0.1
2 1663 McIntyre, Neville	73	Athletics Gl	8.78	0.1
3 2959 Ryan, Graham	65	Randwick Bot	10.39	0.1

Event 280 Men 79&U 60 Metre Dash 75-79

Name	Age	Team	Finals	Wind
1 460 Bastas, Nick	71	U.T.S. North	9.70	0.3
2 8004 Donohoe, Noel	75	Nsw Masters	12.18	0.3
3 651 Carroll, David	69	Camden Athle	12.57	0.3

Event 279 Men 60 Metre Dash 80+

Name	Age	Team	Finals	Wind
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1	416 Hughes, Richard	83	U.T.S. North	10.60	0.3
2	353 Johnson, Michael	80	U.T.S. North	11.32	0.3
3	2420 Sharpe, Brian	85	Mingara Athl	12.69	0.3

Event 33 Men 100 Metre Dash 30-34

Name	Age	Team	Finals	Wind
1 2523 Spliadis, Billy	31	Mounties Ath	11.34	-3.5
2 2498 Orłowski, Damian	30	Mounties Ath	11.46	-3.5
3 3628 Tilbury, Scott	30	Sydney Pacif	11.49	-3.5
4 282 Laws, Michael	33	Blue Mountai	11.89	-3.5
5 2484 Wearne, Shaun	31	Mounties Ath	12.32	-3.5
6 2769 Tesla, Isaac	33	Nsw Masters	13.25	-3.5

Event 32 Men 100 Metre Dash 35-39

Name	Age	Team	Finals	Wind
Finals				
1 1325 Bruce, Gregory	38	Campbelltown	12.69	-1.6
2 668 King, Leif-Jason	37	Camden Athle	12.76	-1.6
3 8008 Park, Dean	38	Nsw Masters	13.05	-1.6
4 2786 Richards, Clayton	38	Nsw Masters	13.80	-1.6
5 321 Jones, Warren	35	U.T.S. North	17.32	-1.6

Event 31 Men 100 Metre Dash 40-44

Name	Age	Team	Prelims	Wind
Finals				
1 5555 Smith, Gregory	44	Mounties Ath	11.40	-1.1
2 3679 White, Ed	42	Sydney Pacif	11.54	-1.1
3 2406 Leseberg, Ernest	44	Mingara Athl	11.84	-1.1
4 2514 Martin, Christophe	40	Mounties Ath	12.20	-1.1
5 333 Stinson, Paul	44	U.T.S. North	12.45	-1.1
6 8009 Rose, Scott	43	Illawong and	12.57	-1.1
7 5553 Rushton, Rod	43	Mounties Ath	12.62	-1.1
8 1489 Murray, Caerl	40	Cherrybrook	12.91	-1.1

Event 46 Men 100 Metre Dash 45-49

Name	Age	Team	Finals	Wind
1 2516 Wardecki, Krzyszto	47	Mounties Ath	12.33	-3.0
2 3669 Rothwell, Kimber	48	Sydney Pacif	13.00	-3.0
3 2791 Skala, David	46	Nsw Masters	13.03	-3.0
4 757 Lynch, Matthew	49	Athletics East	13.09	-3.0
5 2777 Frost, Rich	49	Nsw Masters	13.14	-3.0
6 2412 Papalexion, George	46	Mingara Athl	13.15	-3.0
7 646 Speed, Brian	47	Camden Athle	13.63	-3.0

8 3784 Davie, EJ 45 Sydney Strid 15.86 -3.0

Event 45 Men 100 Metre Dash 50-54

Name	Age	Team	Finals	Wind
1 309 Gedz, Michael	50	U.T.S. North	12.10	-0.4
2 2524 Hughes, Darren	53	Mounties Ath	12.22	-0.4
3 2778 Downing, Laurie	52	Nsw Masters	12.62	-0.4
4 335 Crimi, Anthony	54	U.T.S. North	12.63	-0.4
5 862 Kohlrusch, Andrew	50	Balmain Athl	12.88	-0.4
6 2026 Daly, Mick	54	Illawarra Bl	12.89	-0.4
7 423 McGrath, Tim	53	U.T.S. North	13.52	-0.4
8 3727 Brooks, Barry	51	Sydney Pacif	13.66	-0.4

Event 28 Men 100 Metre Dash 55-59

Name	Age	Team	Finals	Wind
1 3658 Izzo, Herman	55	Sydney Pacif	12.56	-1.8
2 360 Young, Trevor	57	U.T.S. North	12.68	-1.8
3 2041 Shepherd, Peter	56	Illawarra Bl	13.08	-1.8
4 3265 Murray, Peter	55	St. George D	13.27	-1.8
5 341 Shearsby, David	59	U.T.S. North	13.34	-1.8
6 2444 Carr, Paul	57	Mingara Athl	14.30	-1.8
7 2072 Luck, David	56	Illawong and	14.66	-1.8

Event 27 Men 100 Metre Dash 60-64

Name	Age	Team	Finals	Wind
1 301 Smith, David	60	U.T.S. North	13.37	-2.2
2 1331 Percival, Drew	62	Campbelltown	13.58	-2.2
3 1324 Hepburn, Greg	61	Campbelltown	13.76	-2.2
4 3721 Marriott, Wayne	61	Sydney Pacif	13.95	-2.2
5 4094 Mitchell, David	55	Wallsend Rsl	14.16	-2.2
-- 4805 Porter, Ken	62	Nepean Distr	DNF	-2.2

Event 26 Men 100 Metre Dash 65-69

Name	Age	Team	Finals	Wind
1 2049 Lamb, John	66	Illawarra Bl	13.50	-1.6
2 2454 Wall, John	70	Mingara Athl	13.97	-1.6
3 1292 Carey, Alan	65	Blacktown Ci	14.08	-1.6
4 3718 Morison, John	66	Sydney Pacif	15.28	-1.6
5 8006 Dlugolecki, Miet	61	Nsw Masters	16.37	-1.6
6 1629 Singh, Raminder	69	Girraween At	19.51	-1.6

Event 25 Men 100 Metre Dash 70-74

Name	Age	Team	Finals	Wind
1 159 Crombie, Peter	71	Sydney Pacif	13.72	-1.6
2 1663 McIntyre, Neville	73	Athletics Gl	13.89	-1.6
3 2959 Ryan, Graham	65	Randwick Bot	16.62	-1.6
4 2378 Stubbs, Kenneth	71	Mingara Athl	18.54	-1.6

Event 24 Men 79&U 100 Metre Dash 75-79

Name	Age	Team	Finals	Wind
1 460 Bastas, Nick	71	U.T.S. North	16.21	-2.8
2 651 Carroll, David	69	Camden Athle	20.23	-2.8
3 8004 Donohoe, Noel	75	Nsw Masters	22.51	-2.8

Event 23 Men 100 Metre Dash 80+

Name	Age	Team	Finals	Wind
1 416 Hughes, Richard	83	U.T.S. North	17.15	-2.8
2 353 Johnson, Michael	80	U.T.S. North	19.04	-2.8
3 2420 Sharpe, Brian	85	Mingara Athl	20.67	-2.8
4 446 Anthony, James	80	Athletics Nsw	28.38	-2.8

Event 111 Men 200 Metre Dash 30-34

Name	Age	Team	Finals	Wind
1 3628 Tilbury, Scott	30	Sydney Pacif	23.07	-3.5
2 2523 Spliadis, Billy	31	Mounties Ath	23.37	-3.5
3 282 Laws, Michael	33	Blue Mountai	23.89	-3.5
4 2484 Wearne, Shaun	31	Mounties Ath	25.20	-3.5
5 2769 Tesla, Isaac	33	Nsw Masters	26.63	-3.5
6 2789 Kidd, Andrew	31	Armidale Ath	27.32	-3.5

Event 110 Men 200 Metre Dash 35-39

Name	Age	Team	Finals	Wind
1 727 Stone, Jay	36	Armidale Ath	22.78	-3.5
2 1325 Bruce, Gregory	38	Campbelltown	27.25	-3.5
3 2786 Richards, Clayton	38	Nsw Masters	27.87	-3.5

Event 109 Men 200 Metre Dash 40-44

Name	Age	Team	Finals	Wind
1 3679 White, Ed	42	Sydney Pacif	23.26	-1.6

2	736	Smith, Nathan	40	Armidale Ath	24.67	-1.6
3	2514	Martin, Christophe	40	Mounties Ath	24.91	-1.6
4	333	Stinson, Paul	44	U.T.S. North	25.85	-1.6
5	3752	Bishop, Michael	44	Sydney Pacif	26.04	-1.6
6	3743	Wehrhahn, Michael	41	Sydney Pacif	27.20	-1.6

Event 108 Men 200 Metre Dash 45-49

Name	Age	Team	Finals	Wind		
1	2516	Wardecki, Krzyszto	47	Mounties Ath	25.21	-2.8
2	757	Lynch, Matthew	49	Athletics East	26.26	-2.8
3	3669	Rothwell, Kimber	48	Sydney Pacif	26.62	-2.8
4	2412	Papalexion, George	46	Mingara Athl	26.64	-2.8
5	646	Speed, Brian	47	Camden Athle	28.45	-2.8
6	3784	Davie, EJ	45	Sydney Strid	32.52	-2.8

Event 107 Men 200 Metre Dash 50-54

Name	Age	Team	Finals	Wind		
1	309	Gedz, Michael	50	U.T.S. North	25.59	-4.9
2	335	Crimi, Anthony	54	U.T.S. North	26.38	-4.9
3	2026	Daly, Mick	54	Illawarra Bl	27.36	-4.9
4	3694	Taylor, Dean	52	Sydney Pacif	27.56	-4.9
5	3727	Brooks, Barry	51	Sydney Pacif	28.23	-4.9

Event 106 Men 200 Metre Dash 55-59

Name	Age	Team	Finals	Wind		
1	3658	Izzo, Herman	55	Sydney Pacif	24.99	-1.5
2	360	Young, Trevor	57	U.T.S. North	25.05	-1.5
3	3265	Murray, Peter	55	St. George D	26.49	-1.5
4	2041	Shepherd, Peter	56	Illawarra Bl	27.55	-1.5
5	2444	Carr, Paul	57	Mingara Athl	28.76	-1.5
6	2072	Luck, David	56	Illawong and	30.79	-1.5

Event 105 Men 200 Metre Dash 60-64

Name	Age	Team	Finals	Wind		
1	1324	Hepburn, Greg	61	Campbelltown	28.18	NWI
2	3721	Marriott, Wayne	61	Sydney Pacif	28.77	NWI
3	1331	Percival, Drew	62	Campbelltown	28.89	NWI
4	4094	Mitchell, David	55	Wallsend Rsl	29.11	NWI

Event 104 Men 200 Metre Dash 65-69

Name	Age	Team	Finals	Wind
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1	2049 Lamb, John	66 Illawarra Bl	27.47	-1.4
2	1292 Carey, Alan	65 Blacktown Ci	28.77	-1.4
3	2454 Wall, John	70 Mingara Athl	28.86	-1.4
4	3718 Morison, John	66 Sydney Pacif	30.84	-1.4
5	8011 Gordon, John	68 Nsw Masters	31.05	-1.4
6	3242 Colburn, Hugh	69 U.T.S. North	32.83	-1.4

Event 103 Men 200 Metre Dash 70-74

Name	Age	Team	Finals	Wind	
1	159	Crombie, Peter	71 Sydney Pacif	27.96	-1.5
2	1663	McIntyre, Neville	73 Athletics Gl	28.52	-1.5
3	2959	Ryan, Graham	65 Randwick Bot	35.29	-1.5
4	2378	Stubbs, Kenneth	71 Mingara Athl	38.95	-1.5

Event 102 Men 79&U 200 Metre Dash 75-79

Name	Age	Team	Finals	Wind	
1	460	Bastas, Nick	71 U.T.S. North	34.39	-0.5
2	651	Carroll, David	69 Camden Athle	46.46	-0.5
3	8004	Donohoe, Noel	75 Nsw Masters	48.71	-0.5

Event 101 Men 200 Metre Dash 80+

Name	Age	Team	Finals	Wind	
1	416	Hughes, Richard	83 U.T.S. North	36.36	-0.5
2	353	Johnson, Michael	80 U.T.S. North	39.13	-0.5
3	2420	Sharpe, Brian	85 Mingara Athl	43.33	-0.5
4	446	Anthony, James	80 Athletics Nsw	1:00.56	-0.5

Event 340 Men 400 Metre Dash 30-34

Name	Age	Team	Finals	
1	282	Laws, Michael	33 Blue Mountai	53.83
2	5687	Turner, Nick	34 Campbelltown	55.77
3	2789	Kidd, Andrew	31 Armidale Ath	1:00.33

Event 339 Men 400 Metre Dash 35-39

Name	Age	Team	Finals	
1	2786	Richards, Clayton	38 Nsw Masters	1:09.01
--	727	Stone, Jay	36 Armidale Ath	DNF

Event 338 Men 400 Metre Dash 40-44

Name	Age	Team	Finals
1 736 Smith, Nathan	40	Armidale Ath	54.29
2 1748 Everett, Mike	43	Hills Distri	59.03
3 640 Demasi, Lawrence	43	Camden Athle	1:00.94
4 333 Stinson, Paul	44	U.T.S. North	1:07.06

Event 337 Men 400 Metre Dash 45-49

Name	Age	Team	Finals
1 2517 Lynch, Michael	48	Mounties Ath	55.63
2 2516 Wardecki, Krzyszto	47	Mounties Ath	56.45
3 4446 McCann, Geoff	49	Woolgoolga A	59.06
4 3690 Delaney, Todd	45	Sydney Pacif	59.37
5 1606 Kelly, John	49	Epping Distr	1:00.04
6 3784 Davie, EJ	45	Sydney Strid	1:15.99

Event 336 Men 400 Metre Dash 50-54

Name	Age	Team	Finals
1 5550 Brack, Christopher	50	Mounties Ath	55.57
2 2051 Clarson, Colin	52	Illawarra Bl	1:00.41
3 2083 Herger, Georg	54	Illawong and	1:01.37
4 3727 Brooks, Barry	51	Sydney Pacif	1:03.83
5 8014 Moore, Barry	51	Nsw Masters	1:04.39

Event 335 Men 400 Metre Dash 55-59

Name	Age	Team	Finals
1 360 Young, Trevor	57	U.T.S. North	55.50
2 3265 Murray, Peter	55	St. George D	1:00.32
3 3658 Izzo, Herman	55	Sydney Pacif	1:02.54
4 2444 Carr, Paul	57	Mingara Athl	1:07.27

Event 334 Men 400 Metre Dash 60-64

Name	Age	Team	Finals
1 3721 Marriott, Wayne	61	Sydney Pacif	1:07.42
2 2776 Fowler, Neil	64	Nsw Masters	1:08.43
3 4094 Mitchell, David	55	Wallsend Rsl	1:10.23

Event 333 Men 400 Metre Dash 65-69

Name	Age	Team	Finals
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1	2049 Lamb, John	66 Illawarra Bl	1:02.84
2	437 Gillies, Leslie	68 U.T.S. North	1:10.52
3	3718 Morison, John	66 Sydney Pacif	1:10.81
--	1629 Singh, Raminder	69 Girraween At	DNF

Event 332 Men 400 Metre Dash 70-74

Name	Age Team	Finals
1 1663 McIntyre, Neville	73 Athletics Gl	1:10.55
2 2959 Ryan, Graham	65 Randwick Bot	1:25.14

Event 331 Men 79&U 400 Metre Dash 75-79

Name	Age Team	Finals
1 651 Carroll, David	69 Camden Athle	1:50.36

Event 330 Men 400 Metre Dash 80+

Name	Age Team	Finals
1 353 Johnson, Michael	80 U.T.S. North	1:34.44
2 2420 Sharpe, Brian	85 Mingara Athl	1:43.17

Event 86 Men 800 Metre Run 30-34

Name	Age Team	Finals
1 3940 Polson, James	32 Sydney Unive	2:09.73
2 2789 Kidd, Andrew	31 Armidale Ath	2:31.52

Event 85 Men 800 Metre Run 35-39

Name	Age Team	Finals
1 3974 Halls, Brett	37 Sydney Unive	1:57.27
2 3896 Heil, Andrew	38 Sydney Unive	2:10.08

Event 84 Men 800 Metre Run 40-44

Name	Age Team	Finals
1 1018 Doggett, Michael	42 Asics Wests	2:15.00
2 4767 Keane, Justin	42 Nepean Distr	2:17.53
3 640 Demasi, Lawrence	43 Camden Athle	2:26.26

Event 83 Men 800 Metre Run 45-49

Name	Age Team	Finals
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1	2517	Lynch, Michael	48	Mounties Ath	2:11.05
2	4446	McCann, Geoff	49	Woolgoolga A	2:15.57
3	2450	Kelaher, Paul	47	Mingara Athl	2:22.81
4	3784	Davie, EJ	45	Sydney Strid	2:59.85

Event 82 Men 800 Metre Run 50-54

Name	Age	Team	Finals	
1	5433	Trainor, Paul	50 U.T.S. North	2:19.26
2	2051	Clarson, Colin	52 Illawarra Bl	2:20.18
3	3417	Cozijnsen, Ronald	53 Sutherland D	2:20.70
4	2083	Herger, Georg	54 Illawong and	2:22.79
5	1188	Howe, Bernard	51 Bankstown Sp	2:24.98
6	8014	Moore, Barry	51 Nsw Masters	2:33.48
7	1289	Kirk, James	51 Blacktown Ci	2:50.08

Event 81 Men 800 Metre Run 55-59

Name	Age	Team	Finals	
1	262	Devery, Todd	55 Blue Mountai	2:26.43
2	1726	Terranova, Nicolas	58 Hills Distri	2:28.08
3	429	Sharpe, Brad	54 U.T.S. North	2:32.69
4	1767	Rose, Ian David	57 Hills Distri	2:49.32
5	175	Paterson, Stuart	59 U.T.S. North	3:19.52

Event 80 Men 800 Metre Run 60-64

Name	Age	Team	Finals	
1	5352	Conyers, Mark	60 Koorringal -W	2:34.20
2	3408	Helmich, Steven	61 Sutherland D	2:36.56
3	1746	Wylie, Dennis	63 Hills Distri	2:37.65
4	8016	Johnson, Russell	62 South Australia	2:55.66
5	344	Barrett, Doug	63 U.T.S. North	2:58.59

Event 79 Men 800 Metre Run 65-69

Name	Age	Team	Finals	
1	1759	Wright, Noel	69 Hills Distri	2:46.67
2	1178	Walton, John	68 Bankstown Sp	3:41.34

Event 78 Men 800 Metre Run 70-74

Name	Age	Team	Finals	
1	1723	Mathewson, Donald	72 Hills Distri	2:36.74
2	86105	Jones, Barry	72 New Zealand	2:48.91

3	8003 Auster, Martin	70 Armidale Ath	3:02.89
4	2794 Rix, Brian	74 Nsw Masters	3:29.11

Event 76 Men 800 Metre Run 80+

Name	Age	Team	Finals	
1	416	Hughes, Richard	83 U.T.S. North	3:55.82
2	353	Johnson, Michael	80 U.T.S. North	4:04.59

Event 278 Men 1500 Metre Run 30-34

Name	Age	Team	Finals	
1	3797	Thien, Vuong	30 Sydney Strid	5:08.50

Event 277 Men 1500 Metre Run 35-39

Name	Age	Team	Finals	
1	3974	Halls, Brett	37 Sydney Unive	4:01.97
2	758	Costello, James	38 Athletics East	4:26.08

Event 276 Men 1500 Metre Run 40-44

Name	Age	Team	Finals	
1	764	Gregory, Mark	43 Athletics East	4:29.88
2	1605	Palethorpe, James	40 Epping Distr	4:37.46
3	4767	Keane, Justin	42 Nepean Distr	4:38.47
4	1018	Doggett, Michael	42 Asics Wests	4:39.32
5	5449	Shute, Nathan	42 U.T.S. North	6:03.32

Event 274 Men 1500 Metre Run 45-49

Name	Age	Team	Finals	
1	3767	McIntosh, Jason	45 Sydney Strid	4:37.06
2	645	Dunn, Robert	46 Camden Athle	5:01.11
3	3784	Davie, EJ	45 Sydney Strid	6:00.76

Event 275 Men 1500 Metre Run 50-54

Name	Age	Team	Finals	
1	5433	Trainor, Paul	50 U.T.S. North	4:44.72
2	1188	Howe, Bernard	51 Bankstown Sp	4:59.38
3	2051	Clarson, Colin	52 Illawarra Bl	5:08.95
4	1289	Kirk, James	51 Blacktown Ci	5:54.91

Event 273 Men 1500 Metre Run 55-59

Name	Age	Team	Finals
1 3302	Carvalho, Jose	57 St. George D	4:59.61
2 1726	Terranova, Nicolas	58 Hills Distri	5:11.04
3 1719	Byrne, Peter	56 Hills Distri	5:33.88

Event 272 Men 1500 Metre Run 60-64

Name	Age	Team	Finals
1 1746	Wylie, Dennis	63 Hills Distri	5:13.67
2 5352	Conyers, Mark	60 Kooringal -W	5:20.67
3 3804	Schwebel, Ron	64 Sydney Strid	5:21.16
4 3408	Helmich, Steven	61 Sutherland D	5:21.68
5 8016	Johnson, Russell	62 South Australia	5:49.54 Yellow IAAF 125.5

Event 270 Men 1500 Metre Run 70-74

Name	Age	Team	Finals
1 1723	Mathewson, Donald	72 Hills Distri	5:15.35
2 8003	Auster, Martin	70 Armidale Ath	6:24.37
3 5519	Warmoll, Bob	73 Hills Distri	6:28.14
4 2794	Rix, Brian	74 Nsw Masters	6:59.25

Event 22 Men 5000 Metre Run 30-34

Name	Age	Team	Finals
1 3882	Hannan, Andrew	33 Sydney Unive	24:17.93
-- 2769	Tesla, Isaac	33 Nsw Masters	DNF

Event 20 Men 5000 Metre Run 40-44

Name	Age	Team	Finals
1 1972	Wade, Adrian	43 Ryde Athleti	16:42.09
2 1605	Palethorpe, James	40 Epping Distr	17:47.67
3 4767	Keane, Justin	42 Nepean Distr	17:53.36
4 1741	Cooper, Daniel	43 Hills Distri	18:05.94

Event 19 Men 5000 Metre Run 45-49

Name	Age	Team	Finals
1 778	Balnave, Philip	48 Athletics East	18:14.13
2 1068	Scholle, Lindsay	48 Asics Wests	19:28.54
3 645	Dunn, Robert	46 Camden Athle	19:29.53

4	1728 Taylor, Joal	46 Hills Distri	19:53.89
5	3784 Davie, EJ	45 Sydney Strid	22:44.14

Event 18 Men 5000 Metre Run 50-54

Name	Age	Team	Finals
1 3502 Sheringham, Paul	53	Sutherland D	21:53.99
2 1500 Clark, Robert	54	Cherrybrook	23:21.53
3 8002 Sortwell, Philip	53	Nsw Masters	25:21.18

Event 17 Men 5000 Metre Run 55-59

Name	Age	Team	Finals
1 1158 Riches, David	58	Bankstown Sp	17:36.03
2 3302 Carvalho, Jose	57	St. George D	18:31.87
3 1726 Terranova, Nicolas	58	Hills Distri	20:14.98
4 1767 Rose, Ian David	57	Hills Distri	20:25.49
5 1129 Boyle, Brad	55	Bankstown Sp	21:53.55

Event 16 Men 5000 Metre Run 60-64

Name	Age	Team	Finals
1 5630 Mcewan, David	60	Hills Distri	17:55.20
2 4284 Cowley, Greg	61	Westlakes At	19:00.12
3 3804 Schwebel, Ron	64	Sydney Strid	19:36.01
4 3287 Breen, Greg	60	St. George D	24:30.00

Event 15 Men 5000 Metre Run 65-69

Name	Age	Team	Finals
1 2269 Krajewski, Witold	66	Kembla Joggers Inc.	20:35.95
2 3307 Scorzelli, Frank	69	St. George D	20:59.88
3 4417 Bower, Chris	69	Woodstock Runners	21:07.46
4 5866 Buttigieg, Joseph	67	Hills Distri	21:08.78
5 1735 Williams, Dennis	67	Hills Distri	21:11.31
6 2459 Kinross, Graham	66	Mingara Athl	21:56.29
7 1178 Walton, John	68	Bankstown Sp	22:47.50

Event 14 Men 5000 Metre Run 70-74

Name	Age	Team	Finals	
1 1723 Mathewson, Donald	72	Hills Distri	19:38.72	
2 8003 Auster, Martin	70	Armidale Ath	24:58.20	Ran in lane 6
3 2794 Rix, Brian	74	Nsw Masters	26:32.07	
4 3304 Edwards, David	70	St. George D	30:03.05	
5 3611 Allomes, Graham	72	Sydney Pacif	30:28.71	

Event 303 Men 110 Metre Hurdles 99.1cm 35-39

Name	Age	Team	Finals	Wind
1 3612 Barry, Graeme	35	Sydney Pacif	16.26	-0.1
2 2786 Richards, Clayton	38	Nsw Masters	31.28	-0.1

Event 305 Men 110 Metre Hurdles 99.1cm 40-44

Name	Age	Team	Finals	Wind
1 1748 Everett, Mike	43	Hills Distri	24.30	-0.1

Event 302 Men 110 Metre Hurdles 99.1cm 45-49

Name	Age	Team	Finals	Wind
1 836 Watson, Andrew	46	Balmain Athl	19.27	-0.1
2 646 Speed, Brian	47	Camden Athle	20.78	-0.1

Event 307 Men 100 Metre Hurdles 91.4cm 50-54

Name	Age	Team	Finals	Wind
1 862 Kohlrusch, Andrew	50	Balmain Athl	15.81	1.3
2 423 McGrath, Tim	53	U.T.S. North	18.92	1.3
3 1739 Womsley, Garry	52	Hills Distri	24.64	1.3

Event 306 Men 100 Metre Hurdles 91.4cm 55-59

Name	Age	Team	Finals	Wind
1 2444 Carr, Paul	57	Mingara Athl	19.29	1.3

Event 309 Men 100 Metre Hurdles 84.0cm 60-64

Name	Age	Team	Finals	Wind
1 3721 Marriott, Wayne	61	Sydney Pacif	17.12	-0.4
2 2776 Fowler, Neil	64	Nsw Masters	19.59	-0.4
3 4094 Mitchell, David	55	Wallsend Rsl	20.55	-0.4

Event 308 Men 100 Metre Hurdles 84.0cm 65-69

Name	Age	Team	Finals	Wind
1 2049 Lamb, John	66	Illawarra Bl	18.47	-0.4

Event 314 Men 80 Metre Hurdles 76.2cm 75-79

Name	Age Team	Finals	Wind
-- 8004 Donohoe, Noel	75 Nsw Masters	DQ	0.5 IAAF 168.7

Event 49 Men 400 Metre Hurdles 91.4cm 30-34

Name	Age Team	Finals
1 3002 Roff, James	30 Randwick Bot	54.18
2 2769 Tesla, Isaac	33 Nsw Masters	1:17.22

Event 48 Men 400 Metre Hurdles 91.4cm 35-39

Name	Age Team	Finals
1 3618 Guthrie, Stuart	38 Sydney Pacif	1:00.93

Event 50 Men 400 Metre Hurdles 91.4cm 40-44

Name	Age Team	Finals
1 1748 Everett, Mike	43 Hills Distri	1:07.75
2 640 Demasi, Lawrence	43 Camden Athle	1:07.86

Event 47 Men 400 Metre Hurdles 91.4cm 45-49

Name	Age Team	Finals
1 646 Speed, Brian	47 Camden Athle	1:19.46

Event 52 Men 400 Metre Hurdles 84.0cm 50-54

Name	Age Team	Finals
1 2083 Herger, Georg	54 Illawong and	1:07.03
2 3694 Taylor, Dean	52 Sydney Pacif	1:12.07
3 1060 Mason, Robert	50 Asics Wests	1:29.48

Event 51 Men 400 Metre Hurdles 84.0cm 55-59

Name	Age Team	Finals
1 2444 Carr, Paul	57 Mingara Athl	1:16.31

Event 58 Men 300 Metre Hurdles 76.0cm 60-64

Name	Age Team	Finals
1 2776 Fowler, Neil	64 Nsw Masters	52.47
2 3721 Marriott, Wayne	61 Sydney Pacif	52.69

Event 57 Men 300 Metre Hurdles 76.0cm 65-69

Name	Age Team	Finals
1 2049 Lamb, John	66 Illawarra Bl	50.74

Event 62 Men 300 Metre Hurdles 68.6cm 70-74

Name	Age Team	Finals
1 2959 Ryan, Graham	65 Randwick Bot	1:02.04

Event 61 Men 300 Metre Hurdles 68.6cm 75-79

Name	Age Team	Finals
1 8004 Donohoe, Noel	75 Nsw Masters	1:43.06

Event 119 Men 3000 Metre Steeplechase 91.4cm 30-34

Name	Age Team	Finals
1 3797 Thien, Vuong	30 Sydney Strid	12:06.77

Event 118 Men 3000 Metre Steeplechase 91.4cm 35-39

Name	Age Team	Finals
1 1021 Kirievsky, Anatoly	38 Asics Wests	16:32.89

Event 116 Men 3000 Metre Steeplechase 91.4cm 45-49

Name	Age Team	Finals
1 2012 Hynoski, Geoffrey	47 Illawarra Bl	12:44.24
2 2799 Carr, Dominic	45 Nsw Masters	14:44.90
3 3784 Davie, EJ	45 Sydney Strid	15:29.32

Event 115 Men 3000 Metre Steeplechase 91.4cm 50-54

Name	Age Team	Finals
1 1188 Howe, Bernard	51 Bankstown Sp	12:25.49
2 1739 Womsley, Garry	52 Hills Distri	14:38.46
3 1060 Mason, Robert	50 Asics Wests	16:12.89

Event 114 Men 3000 Metre Steeplechase 91.4cm 55-59

Name	Age Team	Finals
1 1726 Terranova, Nicolas	58 Hills Distri	14:17.34
2 5563 Gonye, Leslie	58 University o	16:52.20

Event 124 Men 2000 Metre Steeplechase 76.2cm 60-64

Name	Age Team	Finals
1 5630 Mcewan, David	60 Hills Distri	7:29.38
2 1746 Wylie, Dennis	63 Hills Distri	8:02.84
3 5352 Conyers, Mark	60 Kooringal -W	8:18.86

Event 123 Men 2000 Metre Steeplechase 76.2cm 65-69

Name	Age Team	Finals
1 1178 Walton, John	68 Bankstown Sp	10:24.61

Event 122 Men 2000 Metre Steeplechase 76.2cm 70-74

Name	Age Team	Finals
1 2794 Rix, Brian	74 Nsw Masters	11:24.66

Event 254 Men 5000 Metre Race Walk 40-44

Name	Age Team	Finals
1 8017 Nipperess, Dean	44 Queensland	24:49.31

Event 252 Men 5000 Metre Race Walk 50-54

Name	Age Team	Finals
1 4737 Mather, Greg	50 Nepean Distr	35:02.60

Event 250 Men 5000 Metre Race Walk 60-64

Name	Age Team	Finals
1 4764 Osborne, Robert	60 Nepean Distr	32:53.10
2 3832 Bennett, Rodney	61 Sydney Strid	35:04.86

Event 249 Men 5000 Metre Race Walk 65-69

Name	Age Team	Finals
1 2795 West, John	65 Nsw Masters	35:44.76

2 394 Connors, Robert 67 U.T.S. North 38:39.39

Event 248 Men 5000 Metre Race Walk 70-74

Name	Age Team	Finals
1 3885 Hyde, Brendon	70 Sydney Unive	37:25.65
2 2783 White, Baden	71 Nsw Masters	39:06.01

Event 247 Men 5000 Metre Race Walk 75-79

Name	Age Team	Finals
1 414 Seymon, Jim	78 U.T.S. North	32:53.32
-- 1737 Biggs, Kevin	77 Nsw Masters	DQ IAAF 230.7a

Event 151 Men Pole Vault 30-34

Name	Age Team	Finals
-- 3882 Hannan, Andrew	33 Sydney Unive	NH
1.80		
XXX		
-- 282 Laws, Michael	33 Blue Mountai	NH
1.80		
XXX		

Event 148 Men Pole Vault 45-49

Name	Age Team	Finals
1 836 Watson, Andrew	46 Balmain Athl	2.50m
2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70		
O P P P P XO P XXX		

Event 147 Men Pole Vault 50-54

Name	Age Team	Finals
1 423 McGrath, Tim	53 U.T.S. North	3.10m
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10 3.20		
P P P O P O P O XXX		
2 862 Kohlrusch, Andrew	50 Balmain Athl	2.90m
2.40 2.50 2.60 2.70 2.80 2.90 3.00 3.10		
P O P O P XXO P XXX		

Event 146 Men Pole Vault 55-59

Name	Age	Team	Finals
1 4371 Tyler, William	56	Athletics Wo	2.70m
1.80 1.90 2.00 2.10 2.20 2.30 2.40 2.50 2.60 2.70 2.80 2.90 3.00			
P P P P P O P P P O P P XXX			
2 302 Novicic, Zoran	55	U.T.S. North	2.00m
1.80 1.90 2.00			
O P O			

Event 145 Men Pole Vault 60-64

Name	Age	Team	Finals
1 1133 Carrero, Phillip	64	Bankstown Sp	2.90m
2.70 2.80 2.90 3.00 3.10			
XXO P O P XXP			

Event 431 Men High Jump 30-34

Name	Age	Team	Finals
1 282 Laws, Michael	33	Blue Mountai	1.60m
1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.66			
P P P P O O P P XO XXX			
2 3882 Hannan, Andrew	33	Sydney Unive	1.30m
1.20 1.25 1.30 1.35			
O O O XXX			

Event 430 Men High Jump 35-39

Name	Age	Team	Finals
1 2786 Richards, Clayton	38	Nsw Masters	1.50m
1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55			
O P P O O O P O O XXO XXX			
2 2105 Muscat, Jamie	39	Illawong and	1.05m
1.05			
O			

Event 429 Men High Jump 40-44

Name	Age	Team	Finals
1 1748 Everett, Mike	43	Hills Distri	1.45m
1.35 1.40 1.45			
O O O			
2 5852 Fejes, Thomas	44	Sydney Pacif	1.30m
1.20 1.25 1.30 1.35			
XO O O XXX			

Event 428 Men High Jump 45-49

Name	Age	Team	Finals
1 836 Watson, Andrew	46	Balmain Athl	1.50m
1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45 1.50 1.55			
P P P P P P P O O XXO XXX			
2 646 Speed, Brian	47	Camden Athle	1.40m
1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40 1.45			
P P P P P P O XO XXX			
3 2799 Carr, Dominic	45	Nsw Masters	1.35m
1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40			
P P P P P O O XXX			
-- 3784 Davie, EJ	45	Sydney Strid	NH
1.05			
XXX			

Event 413 Men High Jump 50-54

Name	Age	Team	Finals
1 2083 Herger, Georg	54	Illawong and	1.55m
1.45 1.50 1.55 1.60			
O O XO XXX			

Event 412 Men High Jump 55-59

Name	Age	Team	Finals
1 3265 Murray, Peter	55	St. George D	1.40m
1.20 1.25 1.30 1.35 1.40 1.45			
O O O O O XPP			
2 302 Novicic, Zoran	55	U.T.S. North	1.30m
1.20 1.25 1.30 1.35			
O O O XPP			

Event 411 Men High Jump 60-64

Name	Age	Team	Finals
1 412 Tompkins, Clay	63	U.T.S. North	1.45m
1.20 1.25 1.30 1.35 1.40 1.45 1.50			
P P P O O O XXX			
2 Kennedy, David	63	Woolgoolga A	1.40m
1.20 1.25 1.30 1.35 1.40 1.45			
O P O O O XXX			

Event 410 Men High Jump 65-69

Name	Age	Team	Finals
1 3687 Searle, John	68	Sydney Pacif	1.35m
	0.90	0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40	
	P	P P P P P P P O O O XXX	
2 8011 Gordon, John	68	Nsw Masters	1.30m
	0.95	1.00 1.05 1.10 1.15 1.20 1.25 1.30 1.35	
	P	P P P P P P O XO XXX	
3 8006 Dlugolecki, Miet	61	Nsw Masters	1.25m
	0.90	0.95 1.00 1.05 1.10 1.15 1.20 1.25 1.30	
	O	P P P P P P P O XXX	
-- 1629 Singh, Raminder	69	Girraween At	NH
	0.90		
	XXX		

Event 409 Men High Jump 70-74

Name	Age	Team	Finals
1 2378 Stubbs, Kenneth	71	Mingara Athl	1.05m
	0.90	0.95 1.05 1.10	
	O	O O XXX	

Event 408 Men High Jump 75-79

Name	Age	Team	Finals
1 8004 Donohoe, Noel	75	Nsw Masters	0.90m
	0.90	0.95	
	O	P	

Event 384 Men Triple Jump 30-34

Name	Age	Team	Finals	Wind
1 282 Laws, Michael	33	Blue Mountai	11.17m	0.2
	10.40m(+0.0)	10.48m(+0.0) 11.17m(0.2) PASS	PASS	PASS

Event 383 Men Triple Jump 35-39

Name	Age	Team	Finals	Wind
1 3618 Guthrie, Stuart	38	Sydney Pacif	12.74m	0.9
	12.55m(0.6)	12.39m(+0.0) 12.34m(0.6) 12.74m(0.9) 12.04m(0.8) 11.82m(1.3)		
2 2786 Richards, Clayton	38	Nsw Masters	10.20m	0.3
	10.01m(+0.0)	10.20m(0.3) 10.04m(+0.0) 9.93m(1.0) PASS	PASS	PASS
3 1021 Kirievsky, Anatoly	38	Asics Wests	8.17m	+0.0
	7.23m(+0.0)	7.49m(0.5) 7.77m(+0.0) 7.87m(0.1) 8.17m(+0.0) 7.43m(1.5)		
4 2105 Muscat, Jamie	39	Illawong and	8.06m	0.7
	7.11m(1.1)	8.06m(0.7) 7.63m(1.2) 7.72m(0.4) PASS	PASS	

Event 382 Men Triple Jump 40-44

Name	Age	Team	Finals	Wind
1 640 Demasi, Lawrence	43	Camden Athle	10.68m	0.1
10.68m(0.1) 10.45m(+0.0) 10.56m(+0.0) 10.00m(+0.0) 10.51m(+0.0) FOUL(0.8)				
2 1605 Palethorpe, James	40	Epping Distr	9.77m	+0.0
9.50m(1.5) 9.76m(+0.0) 9.77m(+0.0) 9.36m(0.6) PASS PASS				

Event 381 Men Triple Jump 45-49

Name	Age	Team	Finals	Wind
1 2799 Carr, Dominic	45	Nsw Masters	10.57m	1.9
10.25m(+0.0) 10.46m(1.1) 9.33m(0.4) 10.20m(+0.0) 10.57m(1.9) 10.28m(1.3)				
2 836 Watson, Andrew	46	Balmain Athl	9.65m	0.6
9.53m(1.1) 9.34m(+0.0) 9.65m(0.6) 9.56m(1.5) 9.32m(0.8) 9.30m(1.8)				
3 646 Speed, Brian	47	Camden Athle	9.25m	0.1
8.88m(0.1) FOUL(0.8) 9.25m(0.1) 7.29m(+0.0) 9.07m(1.4) 8.89m(0.6)				
4 3784 Davie, EJ	45	Sydney Strid	6.33m	0.5
5.22m(1.9) 5.57m(0.9) 6.05m(1.3) 6.33m(0.5) FOUL(0.7) 5.80m(0.3)				

Event 369 Men Triple Jump 50-54

Name	Age	Team	Finals	Wind
1 2778 Downing, Laurie	52	Nsw Masters	10.53m	1.2
10.24m(0.1) 10.23m(0.3) 10.53m(1.2) FOUL FOUL FOUL				
2 1060 Mason, Robert	50	Asics Wests	6.31m	0.6
6.01m(0.6) 6.31m(0.6) PASS PASS PASS PASS				

Event 368 Men Triple Jump 55-59

Name	Age	Team	Finals	Wind
1 302 Novicic, Zoran	55	U.T.S. North	9.01m	0.3
8.74m(0.3) 7.32m(0.1) PASS 8.89m(+0.0) 9.01m(0.3) FOUL(+0.0)				
2 2444 Carr, Paul	57	Mingara Athl	8.83m	1.5
8.18m(0.1) 8.34m(+0.0) 8.78m(+0.0) 8.83m(1.5) 8.64m(+0.0) 8.33m(+0.0)				
3 260 O'Donnell, Anthony	57	Blue Mountai	8.18m	+0.0
8.18m(+0.0) 7.67m(0.4) 7.34m(+0.0) 7.83m(0.1) 7.36m(+0.0) PASS				

Event 367 Men Triple Jump 60-64

Name	Age	Team	Finals	Wind
1 412 Tompkins, Clay	63	U.T.S. North	11.11m	+0.0
10.85m(0.1) 11.11m(+0.0) 10.95m(0.7) FOUL(0.5) PASS PASS				
2 4094 Mitchell, David	55	Wallsend Rsl	9.55m	+0.0
9.55m(+0.0) 9.30m(+0.0) 8.93m(+0.0) 9.06m(1.4) PASS PASS				
3 Kennedy, David	63	Woolgoolga A	8.90m	+0.0
8.54m(+0.0) 8.90m(+0.0) PASS PASS PASS PASS				

Event 366 Men Triple Jump 65-69

Name	Age	Team	Finals	Wind
1 3687 Searle, John	68	Sydney Pacif	8.99m	+0.0
8.49m(+0.0) 8.99m(+0.0)	PASS	PASS	PASS	PASS
2 1629 Singh, Raminder	69	Girraween At	5.47m	0.6
5.47m(0.6) 5.25m(+0.0) 5.23m(+0.0)	PASS	PASS	PASS	

Event 365 Men Triple Jump 70-74

Name	Age	Team	Finals	Wind
1 2959 Ryan, Graham	65	Randwick Bot	7.09m	+0.0
6.67m(0.6) 7.09m(+0.0) FOUL(+0.0) 7.03m(1.1) 6.88m(+0.0)	FOUL		FOUL	

Event 364 Men Triple Jump 75-79

Name	Age	Team	Finals	Wind
1 460 Bastas, Nick	71	U.T.S. North	8.03m	+0.0
7.88m(+0.0) 8.03m(+0.0)	PASS	PASS	PASS	PASS
2 8004 Donohoe, Noel	75	Nsw Masters	5.04m	+0.0
5.00m(+0.0) 5.04m(+0.0)	PASS	PASS	PASS	PASS

Event 204 Men Long Jump 30-34

Name	Age	Team	Finals	Wind
1 282 Laws, Michael	33	Blue Mountai	5.82m	-1.2
5.82m(-1.2) 5.64m(+0.0) 3.40m(0.2) 5.78m(-0.8) 5.75m(-0.6)	PASS		PASS	
2 2769 Tesla, Isaac	33	Nsw Masters	3.66m	-0.6
3.33m(-1.0) 3.39m(-0.0) 3.66m(-0.6) FOUL(-0.8)	PASS	PASS	PASS	

Event 205 Men Long Jump 35-39

Name	Age	Team	Finals	Wind
1 668 King, Leif-Jason	37	Camden Athle	4.96m	-0.8
4.96m(-0.8) 3.08m(-0.4) 4.66m(NWI) 4.71m(-0.2)	PASS	PASS	PASS	
2 2786 Richards, Clayton	38	Nsw Masters	4.89m	-0.4
4.50m(-0.2) 4.83m(NWI) 4.33m(-0.2) 4.89m(-0.4) 4.61m(-0.4)	PASS		PASS	
3 2105 Muscat, Jamie	39	Illawong and	4.02m	-0.4
3.81m(-0.6) 3.98m(+0.0) 4.02m(-0.4)	PASS	PASS	PASS	
4 1021 Kirievsky, Anatoly	38	Asics Wests	3.91m	-0.2
3.65m(-1.2) 3.83m(-0.2) 3.86m(+0.0) 3.16m(-0.6) 3.91m(-0.2)			3.75m(NWI)	
5 321 Jones, Warren	35	U.T.S. North	3.20m	-0.4
3.13m(-0.4) 3.20m(-0.4) 3.08m(-0.4)	PASS	PASS	PASS	

Event 206 Men Long Jump 40-44

Name	Age	Team	Finals	Wind
1 8013 Kellett, David	42	Nsw Masters	5.33m	0.2
5.31m(-0.4) FOUL(-0.4) 5.27m(-0.4) 5.12m(NWI) 5.33m(0.2) 5.33m(-0.4)				
2 736 Smith, Nathan	40	Armidale Ath	5.32m	-0.6
5.22m(-0.6) 5.20m(NWI) 5.25m(NWI) 5.32m(-0.6) PASS 4.87m(NWI)				
3 640 Demasi, Lawrence	43	Camden Athle	5.11m	-0.8
FOUL 5.03m(-0.8) 5.00m(-1.0) 5.11m(-0.8) FOUL(-0.2) FOUL				
4 1748 Everett, Mike	43	Hills Distri	4.57m	-0.4
4.57m(-0.4) 4.31m(-0.2) 4.01m(0.2) 3.92m(NWI) PASS PASS				

Event 168 Men Long Jump 45-49

Name	Age	Team	Finals	Wind
Finals				
1 5697 Van Der Jagt, Edwa	49	Nsw Masters	5.64m	1.3
5.64m(1.3) 5.58m(0.5) 5.60m(3.3) 5.57m(1.1) 4.63m(2.1) 5.60m(1.7)				
2 Crowder, Llanley	49	Randwick Bot	5.17m	1.5
FOUL(0.2) 5.17m(1.5) 5.17m(1.2) PASS 5.15m(0.6) FOUL(1.4)				
3 836 Watson, Andrew	46	Balmain Athl	5.11m	2.3
PASS 4.72m(1.5) 4.98m(1.4) 4.87m(2.1) 5.11m(2.3) 4.96m(1.2)				
4 2799 Carr, Dominic	45	Nsw Masters	4.94m	2.0
PASS 4.88m(+0.0) 4.76m(1.7) 4.83m(1.9) 4.94m(2.0) 4.71m(2.4)				
5 3630 Wright, Graham	49	Sydney Pacif	4.66m	1.2
4.66m(1.2) PASS PASS PASS PASS PASS				
6 3784 Davie, EJ	45	Sydney Strid	2.72m	1.7
2.24m(0.5) 2.72m(1.7) 2.40m(1.2) PASS PASS PASS				

Event 167 Men Long Jump 50-54

Name	Age	Team	Finals	Wind
1 423 McGrath, Tim	53	U.T.S. North	4.77m	0.9
PASS 4.77m(0.9) PASS PASS PASS PASS				
2 862 Kohlrusch, Andrew	50	Balmain Athl	4.65m	0.6
4.49m(0.1) 4.65m(0.6) 3.63m(0.4) 4.59m(1.4) PASS PASS				
-- 2778 Downing, Laurie	52	Nsw Masters	FOUL	
FOUL(1.5) FOUL(-0.1) FOUL(0.3) FOUL(1.4) FOUL(1.2) FOUL(2.1)				

Event 176 Men Long Jump 55-59

Name	Age	Team	Finals	Wind
1 2444 Carr, Paul	57	Mingara Athl	4.40m	2.4
3.62m(3.2) 4.08m(3.3) 4.15m(2.4) 4.18m(1.4) 4.00m(+0.0) 4.40m(2.4)				
2 302 Novicic, Zoran	55	U.T.S. North	4.32m	1.6
4.16m(1.0) PASS PASS PASS 4.14m(0.5) 4.32m(1.6)				
3 260 O'Donnell, Anthony	57	Blue Mountai	3.97m	2.2

3.80m(1.7) 3.89m(1.3) 3.89m(2.3) 3.95m(2.4) 3.97m(2.2) 3.83m(0.9)

Event 175 Men Long Jump 60-64

Name	Age	Team	Finals	Wind
1	412	Tompkins, Clay	63 U.T.S. North	4.91m 2.5
			4.83m(2.1) 4.89m(3.5) 4.91m(2.5) 4.83m(NWI) 4.86m(2.0) 4.82m(1.4)	
2		Kennedy, David	63 Woolgoolga A	4.85m 2.6
			4.55m(NWI) 4.72m(1.5) 4.85m(2.6) 4.65m(0.4) 4.69m(1.0) 3.48m(2.1)	
3	3721	Marriott, Wayne	61 Sydney Pacif	4.50m 2.1
			3.98m(1.2) 4.50m(2.1) 4.25m(0.9) 4.19m(1.0) PASS PASS	
4	4094	Mitchell, David	55 Wallsend Rsl	4.23m 1.8
			3.94m(1.8) 4.08m(1.7) 4.20m(2.2) 4.05m(0.6) 3.99m(+0.0) 4.23m(1.8)	

Event 193 Men Long Jump 65-69

Name	Age	Team	Finals	Wind
1	3687	Searle, John	68 Sydney Pacif	4.32m -1.9
			4.24m(-1.5) 4.32m(-1.9) 4.26m(-1.6) PASS PASS PASS	
2	1292	Carey, Alan	65 Blacktown Ci	3.82m -2.0
			3.43m(-1.8) FOUL(-2.2) 3.25m(-3.0) 3.82m(-2.0) FOUL PASS	
3	8006	Dlugolecki, Miet	61 Nsw Masters	3.35m +0.0
			3.26m(-3.4) 3.35m(+0.0) 3.34m(0.6) 3.30m(-2.1) 3.28m(-0.6) PASS	
4	1629	Singh, Raminder	69 Girraween At	2.46m -1.4
			2.36m(-0.7) 2.42m(-1.2) 2.46m(-1.4) PASS PASS PASS	

Event 192 Men Long Jump 70-74

Name	Age	Team	Finals	Wind
1	2959	Ryan, Graham	65 Randwick Bot	3.30m -2.8
			2.76m(-2.5) 3.30m(-2.8) FOUL(-1.8) 3.26m(-3.0) PASS PASS	
2	2378	Stubbs, Kenneth	71 Mingara Athl	2.76m -1.8
			2.38m(0.2) 2.40m(-3.7) 2.43m(-1.3) 2.62m(-1.6) 2.76m(-1.8) 2.58m(-2.0)	

Event 191 Men Long Jump 75-79

Name	Age	Team	Finals	Wind
1	460	Bastas, Nick	71 U.T.S. North	3.97m -1.7
			3.84m(-0.9) 3.85m(+0.0) 3.87m(-2.5) 3.84m(-1.2) 3.90m(-1.6) 3.97m(-1.7)	
2	8004	Donohoe, Noel	75 Nsw Masters	2.45m -2.2
			FOUL(-1.7) 2.45m(-2.2) PASS PASS PASS PASS	
3	651	Carroll, David	69 Camden Athle	2.03m -1.6
			FOUL(-2.3) 2.03m(-1.6) 2.01m(-1.7) 2.00m(-2.0) FOUL(-0.6) FOUL(-2.3)	

Event 190 Men Long Jump 80+

Name	Age	Team	Finals	Wind
1 2420 Sharpe, Brian	85	Mingara Athl	2.11m	NWI
FOUL	2.11m(-1.0)	FOUL	FOUL	FOUL
			PASS	

Event 189 Men Hammer Throw 7.26kg 30-34

Name	Age	Team	Finals
1 282 Laws, Michael	33	Blue Mountai	30.11m
		25.47m 25.43m 28.68m 28.24m 28.21m 30.11m	
2 2769 Tesla, Isaac	33	Nsw Masters	17.93m
		17.93m PASS PASS PASS PASS PASS	

Event 188 Men Hammer Throw 7.26kg 35-39

Name	Age	Team	Finals
1 2105 Muscat, Jamie	39	Illawong and	44.90m
		FOUL 44.47m 44.62m FOUL 44.90m 42.93m	
2 321 Jones, Warren	35	U.T.S. North	35.33m
		34.43m 34.87m FOUL 35.15m 35.33m FOUL	
3 1021 Kirievsky, Anatoly	38	Asics Wests	33.46m
		31.13m 30.25m 28.77m 32.01m 33.46m FOUL	

Event 187 Men Hammer Throw 7.26kg 40-44

Name	Age	Team	Finals
1 4450 Watson, Rodney	42	Woolgoolga A	34.13m
		33.22m 34.13m 33.34m 32.81m 31.08m FOUL	
2 8010 Henry, Stephen	40	Nsw Masters	27.21m
		FOUL 25.79m 25.50m 25.99m 27.21m 25.89m	
3 5039 Wyman, Kern	43	Ryde Athleti	24.62m
		FOUL 24.62m FOUL 22.19m FOUL FOUL	

Event 186 Men Hammer Throw 7.26kg 45-49

Name	Age	Team	Finals
1 1030 Stenning, Matthew	49	Asics Wests	33.69m
		FOUL 3.14m 33.69m FOUL 31.97m FOUL	
2 2380 Sutton, Stuart	46	Mingara Athl	31.71m
		29.96m FOUL 27.47m FOUL 31.71m 30.27m	
3 3784 Davie, EJ	45	Sydney Strid	7.42m
		7.42m PASS PASS PASS PASS PASS	

Event 174 Men Hammer Throw 6kg 50-54

Name	Age	Team	Finals
1 1345 Fassolis, Jim	50	Campbelltown	48.07m
			42.80m 46.36m 46.50m 46.71m 48.07m 45.87m
2 4350 Frkovic, Philip	51	Athletics Wo	42.56m
			39.69m FOUL FOUL 42.56m 42.05m FOUL
3 1500 Clark, Robert	54	Cherrybrook	33.16m
			32.42m 33.16m FOUL 31.95m FOUL 32.22m
4 265 Liggins, Stephen	50	Blue Mountai	28.17m
			FOUL 23.91m FOUL 26.70m 28.17m FOUL

Event 173 Men Hammer Throw 6kg 55-59

Name	Age	Team	Finals
1 1956 Hanbury-Brown, Rob	60	Ryde Athleti	30.40m
			28.35m 30.40m PASS PASS PASS PASS
2 262 Devery, Todd	55	Blue Mountai	29.41m
			27.18m 29.15m 29.41m 29.10m 29.11m 29.16m
3 8007 Reed, Peter	56	Australian C	26.77m
			FOUL FOUL FOUL FOUL 26.77m FOUL

Event 166 Men Hammer Throw 5kg 60-64

Name	Age	Team	Finals
1 1955 Joni, Lajos	60	Ryde Athleti	43.72m
			40.32m 43.12m FOUL FOUL 41.04m 43.72m
2 2382 Crumpton, Geoff	61	Mingara Athl	32.76m
			30.32m 32.76m 29.50m 30.59m 29.55m 31.13m
3 833 Guthrie, Ian	61	Balmain Athl	29.28m
			FOUL 28.63m FOUL 27.58m 29.28m FOUL
4 1786 Denning, Steven	61	Hills Distri	25.66m
			22.62m 23.94m 22.44m 25.11m 25.66m 23.21m
5 3633 McEntyre, Robert	64	Sydney Pacif	22.39m
			FOUL 17.61m 22.25m 21.52m 22.39m 22.24m

Event 165 Men Hammer Throw 5kg 65-69

Name	Age	Team	Finals
1 5523 Ward, Richard	67	Blue Mountai	31.08m
			28.70m FOUL 31.08m FOUL FOUL 27.75m
2 4307 Ross, Dave	65	Athletics Wo	28.75m
			26.61m 25.17m 27.79m 28.75m 28.58m 27.39m
3 1629 Singh, Raminder	69	Girraween At	20.68m
			20.29m 20.57m 20.68m 19.18m 19.53m 19.61m
4 2795 West, John	65	Nsw Masters	17.56m
			17.51m 13.09m 17.14m 17.34m 17.24m 17.56m
5 322 Jones, Robert (Bob)	65	U.T.S. North	15.63m

14.51m 15.32m 14.47m 13.64m 15.03m 15.63m

Event 137 Men Hammer Throw 4kg 70-74

Name	Age	Team	Finals
1 2378 Stubbs, Kenneth	71	Mingara Athl	21.59m
	19.82m	21.41m	18.36m 18.89m 17.50m 21.59m
2 3611 Allomes, Graham	72	Sydney Pacif	21.25m
	19.12m	20.66m	20.60m 19.51m 20.08m 21.25m
3 2794 Rix, Brian	74	Nsw Masters	17.19m
	16.06m	13.89m	15.13m FOUL 17.19m 17.09m

Event 138 Men Hammer Throw 4kg 75-79

Name	Age	Team	Finals
1 261 Sowerby, Brett	76	Blue Mountai	28.62m
	24.51m	FOUL	24.91m 28.62m 26.44m FOUL
2 8004 Donohoe, Noel	75	Nsw Masters	19.86m
	PASS	PASS	PASS FOUL 19.86m 17.99m

Event 234 Men Weight Throw 15.880kg 30-34

Name	Age	Team	Finals
1 282 Laws, Michael	33	Blue Mountai	11.92m
	11.35m	11.92m	11.79m 10.87m 11.12m FOUL

Event 233 Men Weight Throw 15.880kg 35-39

Name	Age	Team	Finals
1 2105 Muscat, Jamie	39	Illawong and	13.26m
	6.41m	12.08m	FOUL FOUL 13.26m FOUL
2 321 Jones, Warren	35	U.T.S. North	10.17m
	7.82m	10.03m	10.17m 10.12m 9.92m 9.79m
3 1021 Kirievsky, Anatoly	38	Asics Wests	10.12m
	FOUL	8.77m	10.12m 9.75m 9.96m 8.94m

Event 232 Men Weight Throw 15.880kg 40-44

Name	Age	Team	Finals
1 4450 Watson, Rodney	42	Woolgoolga A	11.68m
	10.82m	11.31m	10.98m 11.12m 11.38m 11.68m
2 8010 Henry, Stephen	40	Nsw Masters	10.12m
	8.63m	FOUL	FOUL 10.12m 9.67m FOUL
3 5039 Wyman, Kern	43	Ryde Athleti	8.77m
	8.77m	8.50m	8.46m FOUL FOUL 8.04m

Event 231 Men Weight Throw 15.880kg 45-49

Name	Age	Team	Finals
1 1030 Stenning, Matthew	49	Asics Wests	10.19m
10.02m 10.19m 10.02m	9.35m 9.38m	FOUL	
2 2380 Sutton, Stuart	46	Mingara Athl	9.48m
9.36m 9.12m 8.46m	9.28m 8.62m 9.48m		
3 3784 Davie, EJ	45	Sydney Strid	4.67m
PASS 4.67m 4.35m 4.42m	4.40m 4.01m		

Event 215 Men Weight Throw 11.340kg 50-54

Name	Age	Team	Finals
1 1345 Fassolis, Jim	50	Campbelltown	15.08m
13.44m 14.48m FOUL	15.08m 13.97m 13.13m		
2 4350 Frkovic, Philip	51	Athletics Wo	15.05m
FOUL FOUL FOUL	15.05m 14.05m 14.57m		
3 1500 Clark, Robert	54	Cherrybrook	13.47m
FOUL 13.04m FOUL	12.98m 13.16m 13.47m		
4 265 Liggins, Stephen	50	Blue Mountai	11.48m
9.69m FOUL 11.48m	FOUL 10.88m 11.30m		
5 1060 Mason, Robert	50	Asics Wests	7.20m
6.54m 6.69m 7.20m	PASS PASS PASS		

Event 214 Men Weight Throw 11.340kg 55-59

Name	Age	Team	Finals
1 8007 Reed, Peter	56	Australian C	14.38m
12.44m FOUL 13.99m	14.38m 14.18m FOUL		
2 1956 Hanbury-Brown, Rob	60	Ryde Athleti	12.72m
12.72m 12.70m 12.37m	12.58m FOUL PASS		
3 260 O'Donnell, Anthony	57	Blue Mountai	9.63m
9.63m 7.99m FOUL	FOUL FOUL 6.70m		

Event 203 Men Weight Throw 9.080kg 60-64

Name	Age	Team	Finals
1 1955 Joni, Lajos	60	Ryde Athleti	15.66m
13.68m FOUL 14.20m	14.59m 15.66m 15.09m		
2 833 Guthrie, Ian	61	Balmain Athl	11.38m
FOUL FOUL 11.12m	11.38m FOUL FOUL		

Event 202 Men Weight Throw 9.080kg 65-69

Name	Age	Team	Finals
1 4307 Ross, Dave	65	Athletics Wo	11.90m

	11.35m	11.90m	11.64m	10.62m	11.02m	11.21m	
2	2795 West, John			65	Nsw Masters		8.86m
	7.78m	8.34m	8.19m	8.60m	7.72m	8.86m	
3	1629 Singh, Raminder			69	Girraween At		8.20m
	7.79m	7.87m	FOUL	8.20m	FOUL	7.36m	
4	322 Jones, Robert (Bob)			65	U.T.S. North		6.25m
	5.73m	5.77m	6.25m	6.15m	5.93m	5.46m	

Event 201 Men Weight Throw 7.260kg 70-74

Name	Age	Team	Finals
1 2378 Stubbs, Kenneth	71	Mingara Athl	10.06m
	9.16m	9.14m	9.60m
	10.06m	9.93m	9.80m
2 2794 Rix, Brian	74	Nsw Masters	7.90m
	7.90m	7.65m	FOUL
	FOUL	FOUL	7.01m
			6.93m

Event 200 Men Weight Throw 7.260kg 75-79

Name	Age	Team	Finals
1 261 Sowerby, Brett	76	Blue Mountai	10.15m
	FOUL	9.58m	FOUL
	FOUL	FOUL	10.15m
			9.73m
2 8004 Donohoe, Noel	75	Nsw Masters	9.87m
	9.20m	FOUL	8.21m
			9.10m
			9.87m
			9.80m

Event 380 Men Discus Throw 2kg 30-34

Name	Age	Team	Finals
1 282 Laws, Michael	33	Blue Mountai	33.56m
	27.67m	33.14m	31.65m
			33.56m
			FOUL
			30.94m

Event 350 Men Discus Throw 2kg 35-39

Name	Age	Team	Finals
1 2105 Muscat, Jamie	39	Illawong and	39.51m
	38.19m	FOUL	39.48m
			37.78m
			FOUL
			39.51m
2 1021 Kirievsky, Anatoly	38	Asics Wests	31.03m
	29.30m	29.51m	30.27m
			31.03m
			30.38m
			30.34m
3 2786 Richards, Clayton	38	Nsw Masters	30.67m
	26.40m	29.19m	28.36m
			30.27m
			30.67m
			FOUL
4 321 Jones, Warren	35	U.T.S. North	25.91m
	23.91m	25.91m	25.45m
			FOUL
			25.88m
			24.80m

Event 351 Men Discus Throw 2kg 40-44

Name	Age	Team	Finals
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1	4450 Watson, Rodney	42 Woolgoolga A	32.99m
	30.83m 32.99m 32.99m 31.64m 31.49m FOUL		
2	5039 Wyman, Kern	43 Ryde Athleti	28.74m
	28.74m FOUL 28.52m FOUL 25.80m 27.55m		
3	8010 Henry, Stephen	40 Nsw Masters	22.28m
	18.96m 22.28m 21.30m 20.10m 20.55m 21.84m		

Event 379 Men Discus Throw 2kg 45-49

Name	Age Team	Finals
1 2380 Sutton, Stuart	46 Mingara Athl	32.85m
	31.11m 31.59m 32.22m 32.85m FOUL 32.04m	
2 836 Watson, Andrew	46 Balmain Athl	32.72m
	FOUL 30.23m 32.65m 32.72m FOUL 31.92m	
3 3784 Davie, EJ	45 Sydney Strid	13.11m
	12.84m 11.94m 12.41m 13.11m 12.98m 12.97m	

Event 433 Men Discus Throw 1.5kg 50-54

Name	Age Team	Finals
1 265 Liggins, Stephen	50 Blue Mountai	42.16m
	33.52m 39.81m FOUL 40.33m 38.00m 42.16m	
2 862 Kohlrusch, Andrew	50 Balmain Athl	38.41m
	35.84m 37.09m 36.65m 37.45m 38.41m 35.93m	
3 4350 Frkovic, Philip	51 Athletics Wo	36.86m
	31.37m FOUL 35.93m 36.86m 36.39m 35.81m	
4 1345 Fassolis, Jim	50 Campbelltown	33.29m
	32.40m 33.29m 30.15m 33.06m FOUL FOUL	
5 423 McGrath, Tim	53 U.T.S. North	32.75m
	FOUL 32.75m 32.48m FOUL 32.45m 32.67m	
6 1500 Clark, Robert	54 Cherrybrook	26.69m
	FOUL 24.27m FOUL 26.69m 26.29m 25.71m	

Event 432 Men Discus Throw 1.5kg 55-59

Name	Age Team	Finals
1 8007 Reed, Peter	56 Australian C	34.32m
	29.47m FOUL 34.32m 33.50m 31.96m FOUL	
2 1956 Hanbury-Brown, Rob	60 Ryde Athleti	33.82m
	32.99m 33.66m 33.62m 33.37m 32.36m 33.82m	
3 3265 Murray, Peter	55 St. George D	29.74m
	27.01m 27.86m 28.55m 29.74m PASS PASS	
4 302 Novicic, Zoran	55 U.T.S. North	22.83m
	21.96m FOUL 22.83m 18.81m 19.74m 19.24m	

Event 417 Men Discus Throw 1kg 60-64

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Name	Age	Team	Finals
1 2382 Crumpton, Geoff	61	Mingara Athl	34.27m
		33.38m 33.97m 32.86m 34.27m 31.22m 33.57m	
2 1955 Joni, Lajos	60	Ryde Athleti	33.99m
		30.55m 33.06m 32.63m 29.62m FOUL 33.99m	
3 1786 Denning, Steven	61	Hills Distri	33.67m
		30.20m 30.83m 33.67m 30.95m 29.76m FOUL	
4 2767 Greenland, Peter	62	Nsw Masters	28.41m
		22.71m 28.41m 16.95m 27.18m 25.56m 25.90m	
5 3633 McEntyre, Robert	64	Sydney Pacif	23.80m
		18.35m 22.97m 23.24m 23.80m 22.18m 18.47m	

Event 416 Men Discus Throw 1kg 65-69

Name	Age	Team	Finals
1 8006 Dlugolecki, Miet	61	Nsw Masters	35.44m
		30.56m 31.03m 33.59m FOUL 35.44m FOUL	
2 8011 Gordon, John	68	Nsw Masters	31.66m
		FOUL FOUL FOUL 31.66m FOUL FOUL	
3 4307 Ross, Dave	65	Athletics Wo	31.44m
		30.84m 31.44m 28.97m 29.41m 30.08m 29.26m	
4 1629 Singh, Raminder	69	Girraween At	24.52m
		FOUL 19.87m 24.52m 21.67m FOUL FOUL	
5 2795 West, John	65	Nsw Masters	23.89m
		20.99m 18.13m 23.42m 19.09m 23.89m 22.44m	
6 322 Jones, Robert (Bob)	65	U.T.S. North	14.11m
		12.77m FOUL 13.33m 11.71m 12.66m 14.11m	

Event 400 Men Discus Throw 1kg 70-74

Name	Age	Team	Finals
1 159 Crombie, Peter	71	Sydney Pacif	24.44m
		24.44m 24.18m PASS PASS PASS 21.20m	
2 2378 Stubbs, Kenneth	71	Mingara Athl	23.04m
		23.04m 21.36m FOUL 23.02m 16.57m FOUL	
3 2794 Rix, Brian	74	Nsw Masters	20.53m
		20.06m 19.87m 20.10m 20.53m 20.28m 19.37m	

Event 399 Men Discus Throw 1kg 75-79

Name	Age	Team	Finals
1 261 Sowerby, Brett	76	Blue Mountai	31.02m
		28.17m 31.02m FOUL 29.54m FOUL 30.35m	
2 8004 Donohoe, Noel	75	Nsw Masters	20.37m
		19.65m PASS PASS PASS PASS 20.37m	
3 651 Carroll, David	69	Camden Athle	10.70m
		FOUL 10.70m PASS PASS FOUL 8.37m	

Event 398 Men Discus Throw 1kg 80+

Name	Age	Team	Finals				
1	353	Johnson, Michael	80 U.T.S. North	19.46m			
		FOUL	19.46m	FOUL	PASS	16.87m	19.11m

Event 427 Men Shot Put 7.26kg 30-34

Name	Age	Team	Finals				
1	282	Laws, Michael	33 Blue Mountai	7.91m			
		6.95m	7.76m	7.91m	7.36m	6.47m	7.87m

Event 426 Men Shot Put 7.26kg 35-39

Name	Age	Team	Finals				
1	2105	Muscat, Jamie	39 Illawong and	13.29m			
		12.76m	12.41m	12.82m	FOUL	13.16m	13.29m
2	321	Jones, Warren	35 U.T.S. North	9.42m			
		9.26m	8.80m	8.79m	8.64m	9.03m	9.42m
3	1021	Kirievsky, Anatoly	38 Asics Wests	8.79m			
		8.16m	8.62m	8.46m	8.79m	8.72m	8.71m
4	2786	Richards, Clayton	38 Nsw Masters	8.56m			
		8.38m	8.34m	8.56m	FOUL	8.09m	8.08m

Event 415 Men Shot Put 7.26kg 40-44

Name	Age	Team	Finals				
1	4450	Watson, Rodney	42 Woolgoolga A	12.38m			
		11.94m	12.38m	11.32m	11.50m	11.85m	11.62m
2	8010	Henry, Stephen	40 Nsw Masters	9.83m			
		9.83m	9.64m	9.57m	9.44m	9.30m	9.76m
3	1489	Murray, Caerl	40 Cherrybrook	8.28m			
		8.28m	8.27m	8.03m	7.91m	6.82m	7.69m

Event 414 Men Shot Put 7.26kg 45-49

Name	Age	Team	Finals				
1	836	Watson, Andrew	46 Balmain Athl	11.72m			
		11.72m	11.50m	11.62m	11.54m	11.01m	10.21m
2	2380	Sutton, Stuart	46 Mingara Athl	10.46m			
		9.58m	10.25m	10.46m	10.14m	10.02m	10.35m
3	1606	Kelly, John	49 Epping Distr	9.21m			
		8.93m	8.96m	9.01m	9.16m	9.21m	8.98m
4	3784	Davie, EJ	45 Sydney Strid	5.24m			

5.24m PASS PASS PASS PASS PASS

Event 406 Men Shot Put 6kg 50-54

Name	Age	Team	Finals
1 265 Liggins, Stephen	50	Blue Mountai	12.47m
11.65m 11.67m 11.63m 11.93m 12.47m 12.00m			
2 4350 Frkovic, Philip	51	Athletics Wo	12.09m
11.79m 11.72m 11.16m 11.97m 12.09m 11.80m			
3 862 Kohlrusch, Andrew	50	Balmain Athl	11.91m
11.91m 11.61m 11.73m 11.86m 11.66m 11.80m			
4 1345 Fassolis, Jim	50	Campbelltown	11.20m
10.73m 11.20m 10.97m 10.90m 10.41m 10.88m			
5 423 McGrath, Tim	53	U.T.S. North	11.17m
10.37m FOUL 11.17m PASS PASS 10.45m			
6 1289 Kirk, James	51	Blacktown Ci	10.17m
9.18m 8.96m 9.66m 10.17m 9.82m 9.17m			
7 1500 Clark, Robert	54	Cherrybrook	9.96m
9.01m 9.96m 9.13m 8.87m 9.34m 9.41m			

Event 405 Men Shot Put 6kg 55-59

Name	Age	Team	Finals
1 8007 Reed, Peter	56	Australian C	10.89m
10.79m 9.91m 10.08m 10.41m FOUL 10.89m			
2 3265 Murray, Peter	55	St. George D	10.82m
10.82m 10.18m 9.89m 10.35m 10.10m 9.65m			
3 1956 Hanbury-Brown, Rob	60	Ryde Athleti	10.39m
9.15m 9.90m 9.99m 10.27m 10.29m 10.39m			
4 302 Novicic, Zoran	55	U.T.S. North	7.57m
7.57m 7.39m 7.18m 6.81m 6.49m PASS			

Event 397 Men Shot Put 5kg 60-64

Name	Age	Team	Finals
1 1955 Joni, Lajos	60	Ryde Athleti	11.70m
11.04m 10.74m 11.70m 11.28m 11.25m 10.98m			
2 1786 Denning, Steven	61	Hills Distri	10.32m
9.01m 9.08m 8.75m 10.30m 9.85m 10.32m			
3 2382 Crumpton, Geoff	61	Mingara Athl	9.63m
8.92m 9.32m 9.63m 9.30m 9.32m 9.37m			
4 3633 McEntyre, Robert	64	Sydney Pacif	7.65m
6.83m 7.25m 7.39m 7.10m 7.65m 6.41m			

Event 396 Men Shot Put 5kg 65-69

Name	Age	Team	Finals
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1	8006 Dlugolecki, Miet	61	Nsw Masters	9.97m
	9.52m	9.32m	9.67m	9.97m 9.53m 9.27m
2	4307 Ross, Dave	65	Athletics Wo	8.16m
	6.85m	7.76m	8.16m	7.82m 7.83m 7.91m
3	1629 Singh, Raminder	69	Girraween At	7.44m
	7.33m	7.44m	7.30m	7.17m 7.21m 7.33m
4	2795 West, John	65	Nsw Masters	7.14m
	6.95m	6.89m	6.76m	6.73m 6.85m 7.14m
5	322 Jones, Robert (Bob)	65	U.T.S. North	5.19m
	4.68m	5.06m	5.05m	5.19m 4.83m 5.12m

Event 439 Men Shot Put 4kg 70-74

Name	Age	Team	Finals
1	159 Crombie, Peter	71 Sydney Pacif	9.78m
	9.46m	9.33m	9.67m 9.35m 8.88m 9.78m
2	2378 Stubbs, Kenneth	71 Mingara Athl	8.46m
	7.91m	7.72m	8.20m 8.45m 8.43m 8.46m
3	2794 Rix, Brian	74 Nsw Masters	6.46m
	5.36m	5.31m	5.45m 6.28m FOUL 6.46m

Event 438 Men Shot Put 4kg 75-79

Name	Age	Team	Finals
1	261 Sowerby, Brett	76 Blue Mountai	9.07m
	8.55m	FOUL	9.07m 8.90m 8.55m 8.60m
2	651 Carroll, David	69 Camden Athle	5.36m
	4.75m	5.36m	5.15m 5.11m 4.89m 5.31m

Event 437 Men Shot Put 3kg 80+

Name	Age	Team	Finals
1	2420 Sharpe, Brian	85 Mingara Athl	5.58m
	PASS	PASS	PASS PASS 5.58m 5.53m

Event 172 Men Javelin Throw 800g 30-34

Name	Age	Team	Finals
1	282 Laws, Michael	33 Blue Mountai	27.97m
	13.36m	23.66m	FOUL 27.97m PASS PASS
2	2769 Tesla, Isaac	33 Nsw Masters	22.40m
	22.40m	FOUL	FOUL FOUL PASS PASS

Event 164 Men Javelin Throw 800g 35-39

Name	Age	Team	Finals
1 668 King, Leif-Jason	37	Camden Athle	46.60m
		43.09m 39.68m 46.60m 42.20m 40.00m 40.58m	
2 2105 Muscat, Jamie	39	Illawong and	35.26m
		33.96m 34.07m 35.14m 34.07m 35.26m FOUL	
3 1021 Kirievsky, Anatoly	38	Asics Wests	32.46m
		31.83m 29.89m 32.46m 30.39m 31.96m 31.16m	
4 2786 Richards, Clayton	38	Nsw Masters	28.34m
		28.34m 25.71m 26.43m FOUL FOUL FOUL	
5 321 Jones, Warren	35	U.T.S. North	25.71m
		24.62m 25.71m 25.59m FOUL 23.66m PASS	

Event 171 Men Javelin Throw 800g 40-44

Name	Age	Team	Finals
1 4450 Watson, Rodney	42	Woolgoolga A	34.69m
		34.69m 34.39m PASS PASS PASS PASS	
2 5039 Wyman, Kern	43	Ryde Athleti	33.88m
		28.84m 33.88m 33.18m 31.52m FOUL 33.70m	

Event 163 Men Javelin Throw 800g 45-49

Name	Age	Team	Finals
1 836 Watson, Andrew	46	Balmain Athl	41.40m
		PASS 37.92m 37.38m 39.06m 40.40m 41.40m	
2 2799 Carr, Dominic	45	Nsw Masters	29.45m
		29.45m FOUL FOUL FOUL PASS PASS	
3 3784 Davie, EJ	45	Sydney Strid	11.74m
		11.74m 10.46m 9.10m PASS PASS PASS	

Event 185 Men Javelin Throw 700g 50-54

Name	Age	Team	Finals
1 862 Kohlrusch, Andrew	50	Balmain Athl	42.59m
		41.35m 41.49m 42.26m 42.35m 42.59m 42.23m	
2 265 Liggins, Stephen	50	Blue Mountai	41.31m
		37.77m 36.62m 40.10m 41.03m 41.16m 41.31m	
3 423 McGrath, Tim	53	U.T.S. North	36.27m
		32.86m 31.14m 30.88m 35.65m 34.23m 36.27m	
4 2778 Downing, Laurie	52	Nsw Masters	35.34m
		30.54m 33.19m 29.06m 33.03m 33.05m 35.34m	
5 1500 Clark, Robert	54	Cherrybrook	29.80m
		FOUL 25.90m 29.80m 29.42m FOUL 29.68m	
6 1289 Kirk, James	51	Blacktown Ci	25.95m

	25.95m	22.73m	25.60m	23.52m	24.26m	PASS	
7	1345	Fassolis, Jim		50	Campbelltown		25.58m
	25.53m	25.03m	25.58m	25.03m	24.01m	PASS	

Event 184 Men Javelin Throw 700g 55-59

Name	Age	Team	Finals
1	3265	Murray, Peter	55 St. George D
	31.82m	34.83m	34.40m
	32.23m	35.75m	38.13m
			38.13m
2	2828	Fisher, Kevin	57 Parramatta C
	35.48m	37.36m	36.37m
	35.35m	37.04m	36.89m
			36.89m
3	1957	Atkinson-Howatt, A	59 Ryde Athleti
	35.64m	36.96m	35.52m
	35.26m	36.75m	36.02m
			36.02m
4	1956	Hanbury-Brown, Rob	60 Ryde Athleti
	30.49m	29.62m	27.33m
	PASS	PASS	PASS
			PASS
5	8007	Reed, Peter	56 Australian C
	26.71m	27.38m	28.22m
	28.79m	27.39m	26.21m
			26.21m
6	2444	Carr, Paul	57 Mingara Athl
	28.65m	28.76m	PASS
			PASS
			PASS
			PASS

Event 230 Men Javelin Throw 600g 60-64

Name	Age	Team	Finals
1		Kennedy, David	63 Woolgoolga A
	30.72m	32.08m	30.51m
	29.99m	24.82m	29.26m
			29.26m
2	1786	Denning, Steven	61 Hills Distri
	28.98m	27.60m	30.85m
	31.46m	30.05m	27.08m
			27.08m
3	2767	Greenland, Peter	62 Nsw Masters
	23.10m	22.47m	25.78m
	24.11m	25.85m	24.05m
			24.05m

Event 229 Men Javelin Throw 600g 65-69

Name	Age	Team	Finals
1	2795	West, John	65 Nsw Masters
	23.74m	26.63m	27.00m
	26.08m	24.92m	23.62m
			23.62m
2	4307	Ross, Dave	65 Athletics Wo
	22.51m	FOUL	23.06m
	23.37m	24.48m	23.84m
			23.84m
3	8006	Dlugolecki, Miet	61 Nsw Masters
	22.97m	FOUL	22.44m
	FOUL	23.09m	FOUL
			FOUL
4	1629	Singh, Raminder	69 Girraween At
	17.63m	18.17m	19.35m
	FOUL	16.50m	FOUL
			FOUL

Event 209 Men Javelin Throw 500g 70-74

Name	Age	Team	Finals
1	159	Crombie, Peter	71 Sydney Pacif
	31.30m	32.60m	33.45m
	30.63m	FOUL	PASS
			PASS

2	3611 Allomes, Graham	72 Sydney Pacif	18.74m
	16.79m	18.74m	18.69m 18.48m 17.44m 18.70m
3	2378 Stubbs, Kenneth	71 Mingara Athl	18.21m
	PASS	PASS	PASS 18.02m 18.21m 16.33m
4	2794 Rix, Brian	74 Nsw Masters	16.62m
	PASS	PASS	PASS FOUL 16.62m FOUL

Event 208 Men Javelin Throw 500g 75-79

Name	Age	Team	Finals
1	460 Bastas, Nick	71 U.T.S. North	24.58m
	24.58m	20.47m	24.01m FOUL 24.23m FOUL
2	8004 Donohoe, Noel	75 Nsw Masters	18.01m
	PASS	PASS	PASS 14.10m 18.01m FOUL
3	651 Carroll, David	69 Camden Athle	13.77m
	FOUL	9.96m	12.66m 11.24m 10.98m 13.77m

Event 207 Men Javelin Throw 400g 80+

Name	Age	Team	Finals
1	2420 Sharpe, Brian	85 Mingara Athl	14.05m
	14.05m	11.86m	13.50m
2	446 Anthony, James	80 Athletics Nsw	9.63m
	6.08m	7.20m	5.61m 5.93m 7.64m 9.63m

